

To create the Beloved Community by inspiring and empowering all souls to live bold and compassionate lives.

Paying Attention

By Rev. Kathleen Rolenz, Interim Minister

ave you ever gone to a museum, looked at a painting and thought to yourself "I could do that!" I'm sure there's a name for that particular delusion, but earlier this fall I thought I'd put that to the test. I bought some colored pencils, acrylic paint and a blank sketch pad, plopped a peach down in front of me and began to draw. I was sure I could knock out a pretty good-looking sketch of a peach



in no time flat! I drew a circle and tried to shade it. I drew another circle and put some color in it. It didn't look anything like a peach. It looked like two circles with some color inside it!

Although I've never tried to draw or paint as a discipline, I have always loved and appreciated art. My interests range from the weirdly Byzantine depictions of early Christianity to contemporary artists like Anselm Kiefer, Damian Hirst, Kehinde Wiley, Dana Schutz or Mark Radford. What all art has in common is that an artist must pay intense attention – to not only what is seen (aka a peach) but that which is not seen, but heard, tasted, touched, felt and/or experienced. I learned over a couple of different attempts at drawing the peach that there was so much I didn't notice at first glance and what I "thought" it looked like did not match the reality of it. The more closely I looked, the more it revealed itself to me.

Isn't that the way life is as well? We read a text or email to quickly and respond hastily, before we've had a chance to absorb its meaning and nuance. We meet someone and immediately form an opinion about them based on our first impression. We scan through the news and feel that we've been properly informed to have an opinion. These are all things that I have done or do, and so I must counter that tendency by slowing down by really paying attention. Instead of quickly skimming, I want to read every word of a long Washington Post Article, think about it and then form my own opinion instead of swallowing what I read without reflection.

The theme for the month of November is "attention." As part of your month-long spiritual practice assignment, I encourage you to make it your intention to see what grabs your attention. As a yoga teacher once told me "notice what you notice." Maybe it was the cloud patterns you noticed while on a walk. Perhaps it was a moment in worship when you felt your heart stir, or your mind engaged. Notice something this month and then, do something with that. Perhaps you feel inspired to draw or paint. Maybe you'll journal or write a poem or compose a song. Perhaps one of our conversational questions at the November 24th mixer could be: *What did you notice this month? What has caught your attention? I look forward to hearing about what grabbed your attention in November.* Now...back to drawing that peach....

Faithfully yours, Rev. Kathleen

FUNdraising at UUCA By Patti Patterson

SAVE THE DATEIII



Silent and Live Auction Raffle Light Supper, Drinks, and Fun

Fall Fest Auction News

The Fall Fest FUNdraising Event is almost here! Here's what you need to know:

FREE-Light supper and drinks and childcare will be provided but please RSVP to <u>FUNdraising@uuannapolis.org</u>. Please indicate the age of the child. Key dates: **November 2** -- Auction items due at the church; **November 9** -- Party Time!!!!!

Contact Co-chairs: Diane Ratcliff <u>dratcliff940@gmail.com</u> | Patti Patterson <u>prpatter@comcast.net</u> For more detailed information please go to: <u>https://www.uuannapolis.org/fundraising/</u> <u>Click here to donate to UUCA via Amazon</u> <u>Smile</u> (also linked in our *In The Know* newsletter)

Sunday Services at UUCA (9:00 am & 11:15 am)



November 3 - Beyond Categorical Thinking: What a T-Rex named Penelope, Pittsburgh, and a theologian Can teach us about The Future of Religion and our commitment to Equity and Justice

Rev. Keith Kron, Guest Minister

Religion, including Unitarian Universalism is at a moment in time. Can it survive? And what must it do in order to survive? What must we do? We'll explore our place in today's world, and why it's metaphorical meteorites and not a comet that could wipe us out. UUCA Choir will sing.

November 10 - The Aquarian Gospel, Eschatology and The New Age

Rev. John Crestwell, Minister

For millennia, human beings have predicted that "the world would come to an end." Many pay attention to the "signs of the times" and make predictions about the bad things that will "come to pass" before we find peace. In this sermon, Rev. John looks at some of these prognostications to show that ends and beginnings are not quite what they have been portrayed to be. Music by Joshua Long.

November 17 - The Sum of All the Parts

Rev. Kathleen Rolenz, Interim Minister

While in between churches, I spent a year serving as a full-time Chaplain Resident at the University of Virginia Medical Center, covering the oncology, emergency room and psychiatric unit. It was there-- in the midst of life, death, chaos and healing I learned of the importance of paying attention, and had the experience of losing faith and finding hope. This sermon was born out of that chaplaincy and won the Richard C. Borden Sermon Prize of \$10,000. Come see if you think the sermon was worth it!

November 24 - Thanks, But No Thanks

Reverends John Crestwell & Kathleen Rolenz

Did you ever receive a gift which you didn't really want, but had to say "thank you" for anyway? This sermon will explore the many opportunities we're given to say "thanks" AND "no thanks" —sometimes—at the same time!

One Service For Most of December By Reverends Kathleen C. Rolenz & John T. Crestwell

Last year we noticed lower than average attendance after December' congregational meeting, held on **December 8th** at 10:30 am. So, this December, the ministry team wants to try something different. *We are going to ONE SERVICE on December 15, 22 & 29 at 10 AM.* See Order of Service and website for more details.

Coffee with the Revs

By Reverends Kathleen C. Rolenz & John T. Crestwell

We love talking with you about church, your lives, and anything and everything in between. If you're looking for a chance to bend our ear, to share a concern, to offer an idea - we're all ears! We meet at Panera on Riva Rd. every Wednesday from 1:00 pm - 2:00 pm. We thought having one-on-one time would be better than the chance of several people showing up at the same time. So do sign up and let's share a cup of java (or tea or lemonade) and find out what's on your mind and your heart.

Sign up with <u>Coffee with the Revs</u> on the church's website.

Life Coaching For Emotional Literacy By Rev. John Crestwell, Minister

November 4, 2019 — April 27, 2020: ZOOM call online weekly; in-person monthly

In cohorts of 5 - 7, groups will meet with their facilitator by video conferencing weekly; and inperson monthly with the entire group. Right-relationship, emotional literacy or emotional intelligence are buzz words that are at the cutting edge in corporations, non-profits and churches, alike. In this class you will spend 26 weeks learning what makes you tick. This is a class to develop your selfawareness and interpersonal skills. It will enhance every relationship you have.

Adult Faith Formation Offerings - Middle Hour Hour (10:10 am - 11:10 am)

Middle Hour is UUCA's time for Adult and Children's Faith Formation. It is designed so that every session can be a "drop in." The Inquirers' and the 8th Principle Practice Series are the only series which have multiple sessions. All others have a three session limit. There is no charge to attend. If you would like to offer a program for Middle Hour sometime, contact Rev. Kathleen Rolenz.

Middle Hour Classes

<u>November 3</u>

Inquirer's: Campus Tour - Library Parenting Faithfully Series - Young Room **November 10**

Inquirer's: Faith Formation - Library Congregational Conversations - FF Sanctuary Mistakes and Miracles - Young Room Young Adult Group - MacLean Room

<u>November 17</u>

Inquirer's: UU History - Library Mistakes and Miracles - Young Room

<u>November 24</u>

All Church Mixer - Sanctuary, FF Sanctuary, MacLean Inquirer's: Social Action & Justice - Library Mistakes and Miracles - Young Room

<u>8th Principle Practice Series</u>

<u>November 3</u>

Race & Ethnicity in Our Society - Sanctuary

<u>November 10</u>

What is Racism? - Sanctuary

<u>November 17</u>

Cycle of Oppression - Sanctuary

<u>November 24</u>

Not meeting due to All Church Mixer

Your Ministerial Search Committee has taken our assignment seriously and we all greatly appreciate your involvement. Thank you to all who have taken the Survey and participated in our Cottage Meetings. We are nearing the conclusion of gathering input from you - our fellow congregants. This is so important for all of us because we are selecting a minister who may be with us for a long time as Rev Fred was for over 30 years and Rev John has been now for 10 years!

We invite you to participate in one last opportunity, the Beyond Categorical Thinking Workshop. On **Saturday, November 2** at church we will gather for breakfast and fellowship at 8:30AM, catered by the Light House Bistro. Our workshop from 9AM to noon will be facilitated by Rev Keith Kron from the UUA. This program is designed and recommended by the UUA to ensure the best match for a minister with us without the distraction from preconceived biases. Participation by many congregants in this workshop demonstrates to candidates applying for our position that they will be treated fairly, and helps us discern who would be the best minister for our congregation. Registration is recommended but don't let that keep you from coming! However, childcare registration is required. Rev Kron will lead our worship services on Sunday, November 3. To register click <u>HERE</u> or type (<u>https://forms.gle/TUz4C93DeESEvtH9A</u>).

Ministerial Search Committee By Thornell Jones

Cottage Meetings are ongoing- Please come if you haven't already: **Sunday November 3** in the Young room at 8AM with coffee. The final Cottage Meetings will be at Middle Hour for the YRUU youth in the Emerson Room, and for adults in the Sanctuary and the Young room. This will conclude the final opportunity for congregants to provide input. Look for an email soon with the results from the Congregational Survey and a summary will be published on the website.

What's next? The MSC will be compiling all of the documents, completing an extensive questionnaire including what we have learned from you to submit to the UUA Transition Office. All ministerial positions are open to qualified candidates on December 1. Our MSC begins to review applications submitted to us after January 1, 2020. We will review all of them, and conduct interviews through March. The final candidate will visit us in Annapolis for **Candidating Week April 25 – May 3, 2020**. This will be 9 days when the congregation can meet and interact with the ministerial candidate selected by the Search Committee. Worship services on Sunday April 26 and Sunday May 3 will be led by the ministerial candidate. On Sunday May 3 after the service, the congregation will vote at a Congregational meeting to accept the candidate (or not) while the candidate and family are out for lunch.



Building Community

I remember sitting in the Faith Formation (RE) Visioning Session last winter when I heard a mother share that she hadn't been coming to church because no one missed her, her church friends don't call her when she doesn't show up. That what she wanted from church was to be known and to know others.

I hear the same sentiment from our high school youth and their parents, just last week a parent said, "Our children go where their friends are." Our high school students text each other before each youth event to see who else will be there, if their friends aren't going, they don't want to go. My own daughter, in second grade, doesn't want to come to church unless it's to see friends so l've tried to schedule a few play dates with "church" friends so they feel like they are more than just "church friends."

I came to this church when my first child was just a few months old because I was seeking community. It is a basic human need to want to be in relationship with others and our current neighborhoods and society structures don't support this. We now have to intentionally find and build community.

I know that families and church members have other options on Sunday mornings, I know that church competes with school sports, or a slow and cozy morning at home, or necessary rest or down time, or getting caught up on house cleaning or cooking or bills or any number of things that our families must maintain on a daily basis. But what kept me coming was intentional community building. It wasn't a surprise to me this summer that the UUCA / ACT All Church Mixers were a hit - that's what people want, people want to be known and to know others.

There is research saying that youth feel a sense of belonging in church when five adults know their name. I would think this applies to all of us. We want to be able to recognize one another and check-in about something personal, to feel like that person actually knows us. The All Church Mixers will continue and what I value in our Faith Formation Program is community, for our kids and our volunteers to feel like people know them and that they are missed when they are not here.

Joyfully,

Julie Burman, Director of Faith Formation, UUCA

jburman@uuannapolis.org| (410) 266-8044 x104

Building Beloved Community (BBC) Testimonial By Candi Wanhatalo



Most of you who have had a discussion with me have heard me bring up the social work researcher, Dr. Brene Brown's teachings, particularly around issues of vulnerability and belonging.

Dr. Brown says, "Belonging. We're wired for love. We're wired for belonging. It's in our DNA...The opposite of belonging is fitting in....fitting in is assessing and acclimating. Here's what I shouldn't say, or shouldn't be. Here's what I should avoid talking about. Here's what I should dress like, look like. That's fitting in. Belonging is belonging to yourself first. Speaking your truth, telling your story, and never betraying yourself for other people. True belonging doesn't require you to change who

you are. It requires you to be who you are and that's vulnerable."

As a POC navigating a white supremacist world, I have to do the fitting in thing to survive and it has been exhausting. As long as white supremacy exists, I will never feel true belonging. So being a part of actively learning and teaching antiracism here at UUCA has allowed me a sanctuary to understand and speak my truth. It's also allowing myself to embrace vulnerability although it is often uncomfortable. At times I have been attacked, misjudged, and misunderstood by members of this church. But vulnerability is the foundation of love, belonging, and empathy too so it is an essential component of dismantling white supremacy. And it has allowed me to have deeper, more trusting relationships with several individuals who are willing to dive into the depths of this messy, but deeply spiritual work so that one day we will be able to assure the feeling of belonging to many more people who walk through the doors of our church.

Music Matters

Membership By Joshua Long



Welcome, Rob Redei!

We are pleased to welcome our new choir director, Rob Redei. Rob is a composer, arranger, and choral director. He has written and arranged for a variety of ensembles and styles from

modern orchestral works to children's musicals to contemporary a cappella arrangements. As a choral director, he has built top tier high school programs in both the classical choral world as well as in contemporary a cappella. His works and arrangements have been heard around the world and performed and recorded by the Kiev Philharmonic, the Chicago Symphony Orchestra String Quartet, Ensemble Pi and many others. Rob Redei received his BA in music and English from the University of Pennsylvania, and Master's of Music Composition degree at the University of South Florida. His music spans a broad range of styles and genres, and has been performed and recorded in the U.S., Europe and Japan.

He currently teaches as the choral director and the visual and performing arts chair at Severn School in Severna Park, Maryland.



Meet our new accompanist, Ron Giddings!

Ron is a well known actor, accompanist and musician in the greater Annapolis Area. For the last six years, Ron worked as the accompanist and then later as the music director at Col-

lege Parkway Baptist Church. In addition to his work with the church, he has also played for musical theater auditions for the last 20 years in the area at Annapolis Summer Garden, Colonial Players, Bay Theater, Compass Rose, as well as in New York City for the New York Stage and Film Festival. When not playing music or acting, Ron can be found at Severn School in Severna Park, serving as an English and Theater Teacher. Welcome Ron!

Jazz it Up with Sara Jones

The personal concert by Sara Jones won in last year's auction by Diane Ratcliff and Eric Machinist has been donated to the Annapolis Justice Network to use to raise funds for their Legal Assistance Fund. How cool is that?! So, on **Sunday, November 24th, from 4:00 to 6:00 pm**, Sarah will be performing in a private home for supporters of AIJN as they enjoy wine and appetizers. The tickets are \$50 and by invitation. If you are interested in attending, contact Diane Ratcliff at <u>dratcliff940@gmail.com</u> to receive your personal invitation. Don't wait as only seventy-five tickets will be sold.



One of the quotes from the November soul Matters small group "Attention" packet is from Deepak Chopra, "what you see you become." Simple words but so full of wisdom and truth. I have much gratitude for the folks who come

and see our faith, our tradition, and this church and decide to be a part of it. Here are some things happening in the world of membership this month.

We welcomed 11 new members on September 29th to our congregation, 4 of which were youth members thanks to the changes in our bylaws that lowers the membership age to 14 and up. This is a new way to help all of our age groups become involved and help to shape the future of our congregations. Youth members are able to vote, hold positions, make a pledge, and participate in all aspects of our faith community.

Our Small Group Ministry is continuing to expand both in quality and quantity. I am amazed at how these groups are a significant part of our faith journeys. We can explore our lives through the lens of Unitarian Universalism and continue to build relationships with those here at the church. The newest group is the Bowie/Crofton group also coined Route 301 group. Another area of expansion is that any of our covenant groups can access soul matters materials if they choose to participate. We have several different affinity groups that utilize the soul matters curriculum and we encourage everyone to engage with the monthly themes.

The Inquirers Class continues every Sunday in November. Classes are geared toward the newcomer but are also a great way to refresh or know what is happening around a certain topic currently. Because of the holidays, our next New Member's Sunday will be January 5th.

The Volunteer Fair was a great success however we are always looking for more volunteers. We are in need of 1 or 2 volunteers who are available to help out in the office once a week during office hours. The Inquirers series is also a way to help welcome newcomers. Greeters, Ushers, and Social Hour Goodies are also a wonderful way to serve in our community.

Inquirers Class Dates:

11/3/19 Campus tour 11/10 /19Faith Formation 11/17 /19 UU History 11/24/19 Social Justice Next Membership 101: Dec 15, 2019 Next New Members Sunday: Jan 5, 2020

Update On Our Intern By Revs John & Kathleen, Supervising Ministers



Dear members and friends of UUCA,

Our intern minister, Leika Lewis Cornwell has asked her ministers and the intern committee for a medical leave of absence effectively immediately. As her intern supervisors, we have recommended that she take the remainder of this fall off, refraining from all commitments and responsibilities to be able to attend to her health and to her family. She, Terrell and Kate will remain in the Fahs House apartment, but will be largely absent from church life for a while. We will meet with Leika again in December, to mutually discern our next steps together.

This was a difficult decision for Leika, but we feel confident that it is the right one for her at this time. We look forward to welcoming her back to complete year two of her internship from January - August 2020.

AIJN Update on Legal Fund By Suzanne Martin, President of AIJN

It is truly amazing and incredible how individuals, businesses and faith organizations throughout Anne Arundel County have stepped up to help our most vulnerable neighbors. Since May 2018, we have allocated \$ 87,000 for 60 of our immigrant neighbors to receive legal representation - 50% are children. We have helped reunite 11 families, 1 family has recently been granted asylum, 2 children have been granted Special Immigrant Juvenile Status in the courts and 12 people have received U.S. Legal Work Authorization permits while they await their hearings. It is through generous donations, grants and fundraisers that we keep this train moving forward for our immigrant neighbors! If you can, we accept donations online through our website--- www.aijnetwork.org *OR* you can mail us a check to:

Attn: AIJN Treasurer Annapolis Immigration Justice Network 8 Carvel Circle Edgewater, MD 21037

We are now our own 501(c)3 organization, so your donations are tax deductible. Thank you!

Suzanne Martin, President Annapolis Immigration Justice Network <u>aijn21401@gmail.com</u> | 717-584-4860 DONATE: <u>https://www.aijnetwork.org/checkout/donate?donatePageId=5d8d53659c13042c9cde6dd8</u>

Scarves Serve a Good Cause By Stephanie Anderson

It's time to think of holiday gift buying, and members and friends of the UUCA Fiber Arts Fellowship have the ideal way to help with your shopping while also serving an important cause. On **December 8 and 15** we will offer a large selection of scarves and other knit and crochet items for sale in the church lobby following the Sunday services. All proceeds will go to the Annapolis Immigration Justice Network (AIJN) Legal Assistance Fund.

There will be hats, scarves, hat and scarf sets, cowls, headbands, and a few shawls, and specialty items, some of washable acrylic yarns and some of fine wool. There are items for children as well as adults. Everything is handmade and labeled with fiber content and washing instructions. Prices start at \$15. Checks, and credit cards will be accepted.

This has become a popular annual sale and an important fundraiser to benefit AIJN, which is an all-volunteer organization supporting immigrant neighbors in the greater Annapolis area by connecting them to legal assistance, building relationships with them as they navigate our federal immigration system.

As the holidays and the chill of winter approach, please visit the scarf sale in December for the people on your gift list, to add to your own wardrobe, or to purchase an item to donate to the Lighthouse other local clothes closet. For more information, or to participate, contact Stephanie Anderson, project coordinator, at <u>sjacape@gmail.com</u>.

Gallery 333 Presents By Deb Boudra

What: Meet the Artist, Nancy Cann Shimer, Gallery 333 When: Sunday, November 10th, 12:15 PM - 1:30 PM

Gallery 333 presents, "Impressions of the Sea", Gyotaku and other works of Nancy Cann Shimer. Gyotaku: What is it? It *IS* Fine Art. It *IS* NOT a painting or a photograph. It is an impression (or rubbing) made from an actual fish using ink and silk or mulberry paper. Nancy Cann Shimer and her husband Craig fish both locally and in many exotic places to find interesting fish to print (and then eat!) Many varieties of fish will be on display including the newest species to the Bay: Snakehead. This unusual art form is not just for the avid angler. Nancy's work is regularly accepted into fine art juried art shows. Also on display will be watercolor, pen and ink and collages, many reflecting Nancy's love of the region. See <u>www.CoastalImpressionsStudio.com</u> for more about her work.

A Meet the Artist reception on November 10th from 12:15 PM - 1:30 PM welcomes the public.

The public is welcome. Gallery 333 is located inside the UU Church of Annapolis, 333 Dubois Rd, Annapolis, MD 21401. For more information call 410-266-8044.

Gallery hours: 10:00 am-3:00 pm Monday—Thursday | 10:00 am-2:00 pm Friday.

Arts in the Woods Presents

Classical and Jazz Meet on November 3rd at 3:00 pm

Classical and jazz genres meet in surprising ways on Sunday, November 3, at 3 pm, when The Clazzical Project (TCP) presents "Clazzical Plus," previewing selections from the trio's upcoming CD of the same name. The Clazzical Project is comprised of accomplished musicians who play classical music in jazz arrangements and offer humorous anecdotes along the way. Featured are Don Stapleson (flute), Peter Fields (guitar), Fred Lieder (cello), and guest oboist Dr. Mark Runkles.

The program will feature innovative jazz interpretations of selections by Mozart, Bach, Beethoven, and Chopin, performed in the group's style they call "outside the 'Bachs.'" They will take you on a journey of mind-bending "What ifs," combining famous classical works with improvisational jazz. Through stories both fictional and funny, commentaries on each piece include an almost believable fantasy allowing you to imagine the possibility of unusual musical classical composer and jazz artist meet-ups surprising the listener again and again.

This delightful "crossover" concert is the 2019 season finale for the UUCA Arts in the Woods music series. Tickets are \$15 at the door; youth 16 and under, free. The 2020 season will open on January 5, with a solo performance by classical pianist Brian Ganz, who is artistic director for the series, now completing its sixth season. Visit www.uuannapolis.org for news of future programming.

AIJN Steps Out! By Stephanie Anderson

Since the inception of the Annapolis Immigration Justice Network in 2016, it has operated under the auspices of the United Church of Christ in Edgewater. As such it was a program that was entitled to non-profit treatment. Last year AIJN applied for, and this year was granted, independent 501(c)3 status. This is a big step for the rapidly growing organization. Congratulations!!

While the work of connecting our immigrant neighbors to legal services and walking with them to navigate the federal immigration system remains the primary focus of AIJN, the organization is striving to create an underlying infrastructure that can support its efforts long-term. To this end a Legal Advisory Board has been created, volunteers are being trained, and a Development Committee is addressing fundraising and grants to bolster the Legal Assistance Fund as the need for assistance is rapidly growing.

Perhaps you can help. As always, contributions can be made via aijnetwork.org. and volunteers are always needed for driving and accompanying immigrants to legal appointments. Help is also needed with grant applications and graphic design work. Contact Stephanie Anderson at <u>sjacape@gmail.com</u> if interested.

It Takes Time and Money By The Board of Trustees

his is the time of the year when staff, Finance Committee, and Board are examining income and expenses to develop the 2020 budget, our congregation's plan for what we will actually do during the coming year. We each have a responsibility to consider our commitment of time and money to keep UUCA alive, to be a place where we and others can flourish.

Our Sunday morning worship services provide glimpses of our better selves, of what we say we want to be when we follow our Principles and Sources. We gather in small groups to fulfill our needs and provide enrichment for others. This list includes only a few of these opportunities: Small Group Ministries, Fiber Arts Fellowship, Outdoor Club, Children's Choir, Drum Circle, UU Theists, Mindfulness Practice Group, Faith Formation, and Young Adult Group. We also connect with others in Annapolis, Anne Arundel County, and Maryland to accomplish more than we can on our own. A few of these organizations are Annapolis Immigration Justice Network (AIJN), Anne Arundel Connecting Together (ACT) and Unitarian Universalist Legislative Ministry (UULM). The Sunday *Order of Service*, the weekly *In The Know*, and the monthly *Highlights* contain information about these and many more avenues for us to be involved with our church community.

In addition to our time, we must provide the money to fund all we aspire to experience and accomplish. As we continue this time of transition, there is a tendency to take an attitude of "wait and see" but this will not get us to where we want to be. Now is the time to assess how important UUCA is to us. How often do we spend money without really assessing what is important? Examine the proposed UUCA Budget. Ask: How important is UUCA to me?

Congregational Conversations have been scheduled to provide information about the proposed budget and to hear input from congregants. Active and informed participation is vital to any democratic organization and our Fifth Principle states: The right of conscience and the use of the democratic process within our congregations and in society at large.

Plan to attend at least one Conversation: November 10th during Middle Hour (in the F.F. Sanctuary - formerly the R.E. Sanctuary) or After Hour (in the Sanctuary), November 20th, 7:30 pm - 8:30 pm (in the Library and via Zoom), November 23rd, 1:00 pm - 2:00 pm (in the Young Room and via Zoom), November 24th After Hour (in the Sanctuary), and December 1st After Hour (in the Sanctuary). *UUCA is what we make it. Be informed; be involved; participate!*

UUCA Leadership Training Program By Rev. Kathleen Rolenz, Interim Minister

We are all leaders in *something*, whether at work or at home; we have gifts, experience, instincts and insight to share. UUCA has had a rich tradition of leadership, but no formal orientation and training program to nurture and support leaders. Beginning in 2020, the ministry team is hosting a UUCA Leadership Training Program. Because we take your (and our) time seriously, we ask that you apply to participate in this program and that you check your calendar in advance to determine if you an attend all or at least most of the courses. We ask that you sign up by **December 1st** so that we can assemble the team. Once you've "graduated" from the course, your name will be given to the Nominating Committee for consideration of future leadership positions.

The dates for the UUCA Leadership University are:

Opening Retreat Saturday, January 4, 9:00 am – 2:30 pm **Closing Retreat** Saturday, February 9, 9:00 am – 12:00 pm

Thursday, January 9, 7:00 pm – 9:00 pm Thursday, January 16, 7:00 pm – 9:00 pm Thursday, January 23, 7:00 pm – 9:00 pm Thursday, January 30, 7:00 pm – 9:00 pm Thursday, February 6, 7:00 pm – 9:00 pm

You can apply on-line by going to https://tinyurl.com/UUCA-Leadership-Training-2019.

If you have questions about this program, please contact Rev. Kathleen Rolenz at krolenz@uuannapolis.org

Mindful Growth in the 8th Principle By Phyllis Culham

The Mindfulness Practice Group has long aspired to ground more of its practices in the UU 8th Principle, "journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community...." Our efforts included "Middle Hour" offerings on Alice Walker's meditative practices, documentary & drama (most recently an episode of *Tour of* Duty on complexities of race for black GIs in Vietnam,) and growing Beloved Community by connecting our members to speakers on white supremacy, films, and workshops at UUCA itself. Earlier this year, we offered a series from *Dharma, Color, & Culture*, collected voices of Buddhists of color.

We were excited when the 2019 Convocation of the UU Buddhist Fellowship in Garrison, NY, featured Dr. (& Lama) Jan Willis, offering "A Multi-media Exploration of Race and Racism in the U.S. through a Buddhist Lens" in April, 2019. Bob Ertman, Phyllis Culham, & Jim Chance attended & got to review James Baldwin & the 2016 biographical doc *I Am Not Your Negro*. Bob used it for movie night at One Heart (Soto Zen) Sangha's spring retreat. Their other Sensei, Martine Palmiter led them on a film field trip to *Emanuel* on the Charleston shooting. That inspired them to plan a weekend session on *Emanuel* & inviting the MPG. We are revising our chant sheet of the past two 4ths of July from one page excerpting Washington's Farewell, the Constitution, etc. to a two-sided sheet excerpting Frederick Douglass' *What to a Slave Is Your 4th of July?* & Baldwin. It'll debut on Sun. Nov. 3 at 8:30 AM in the Emerson Rm., but growing Beloved Community won't end there.

Workshop: Decolonize Your Finances This Holiday Season!



Tuesday, Nov 5th, 6:30pm - 8:30pm

Are your finances unwittingly serving as a tool to separate and cause hurt in our communities? Join us as we workshop to decolonize our finances together, channeling our banking, investing, borrowing,

and spending as tools of healing, love, and belonging. Just in time to inform your holiday giving with what we discover! This is 8th Principle work! Light refreshments and childcare provided.

REGISTER HERE: https://forms.gle/pjZcjpYdvHLvzQtP9

Workshop is FREE. Childcare will be provided but RSVP needed. Cash donation to cover childcare services; surplus will go to accountability partners * Workshop guided by SURJ3A (Showing Up for Racial Justice Annapolis & AACo) surjannapolis@gmail.com.

ACT Save the Dates By Linda Mundy

PLEASE RSVP to all events to a member of the ACT UUCA Core Team or Linda Mundy <u>ltmundy@yahoo.com (</u>UUCA commitment of # of participants are in parentheses)

ACT ANNUAL MEETING AND GENERAL ASSEMBLY (RSVP 15 spots)

Elect new officers; approve upcoming actions; commit to keep building leaders and changing our community! Thursday, November 14th, 7:00 p.m.- 8:30 p.m. CHILDCARE by request - <u>St. Philip's Episcopal Church</u> <u>RSVP: YES! I want to attend the ACT ANNUAL Meeting!</u>

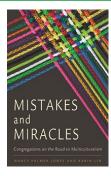
UPCOMING ACT RESEARCH ACTION TEAM (RAT) MEETINGS

Education RAT, Tuesday, October 29th from 7:00 p.m. – 8:30 p.m. <u>St. Philip's Episcopal Church</u> Gun Violence Reduction & Safety RAT, Tuesday, November 19th from 7:00 p.m. - 8:30 p.m. - <u>Asbury Broadneck UMC</u>

COUNTY-WIDE HEALTH & ENVIRONMENT DOOR KNOCKING CAMPAIGN (RSVP 10 spots)

Saturday, December 7th, 10 a.m.- 2 p.m. - LUNCH with RSVP, CHILDCARE by request, Location(s) TBD

What UU's are Reading This Month



Book Discussion Class – Young Room

Mistakes and Miracles: Congregations on the Road to Multiculturalism Reverend Kathleen C. Rolenz & Rev. John T. Crestwell, Jr. November 10, 17 & 24 10:10—11:10 am.

This book looks at how five diverse congregations encounter frustrations, disappointments and wonder as they commit to the journey to create multicultural, anti-racist Beloved Community. The UU Church of Annapolis is one of those five congregations.

Unconscious Bias Book Club By Thornell Jones



The Unconscious Bias Book Club meets on the 2nd Thursday of every month from 7:00 pm - 9:00 pm. For answers to any questions, contact Thornell Jones at <u>thornell.jones.16@gmail.com</u>

The book to be discussed on November 14th is "A Perspective on How Our Government Was Built and Some Needed Changes" by our own Darrel Nash. If you have not read the Federalist Papers and wonder why they have been in the news so much lately, read these 142 pages and discover how these papers were a marketing tool to sell the Constitution after it was written. The arguments will definitely interest you. It is to our advantage to understand the Papers because the Tea Party swears by them. The book is available from Amazon.

PUURL Programs for Winter 2020 By Rev. Kathleen Rolenz, Interim Minister

PUURL Programs for Winter 2020

(Practicing a Unitarian Universalist Religious Life- Faith Formation for Adults)

Are you interested in teaching a class, sharing some wisdom, facilitating a small group conversation during Middle Hour, After Hour or during the evening? If so, please send Rev. Kathleen Rolenz an email about your idea. Just as a reminder, Middle Hour was created as the premiere time for Adult Faith Formation. We are looking for classes that may stimulate the mind (book or article or podcast discussion), the body (i.e, tai chi, yoga, etc.); the spirit (spiritual practices which include prayer, meditation, journaling, etc.) and the heart (art practice, social justice, or caring for one another) **Our deadline for the next PUURL is December 1st**. We hope to have a variety of offerings both from our ministerial team/staff as well as tapping the wisdom from our own church community. Not sure if you have something to offer? Talk to Rev. Kathleen at krolenz@uuannapolis.org. I can't wait to hear from you!

Share the Plate: November 2019

The Anne Arundel Conflict Resolution Center (AACRC) began in 1993 when a group of local citizens met to discuss violence and create a community-based solution. Today, the AACRC offers mediation, facilitation, and community conferencing services to individuals and groups in conflict. These services are free of charge to the residents of Anne Arundel County. We also offer training and workshops in mediation, anger management, and other conflict resolution processes.

UUCA Outdoor Club By Eloise Hoyt

Saturday, November 16, 2019 9:00 am - 3:00 pm

Walk at Greenmount Cemetery, Baltimore. Lunch at a local restaurant. Meet at the Park & Ride at I-97 & Benfield Blvd (by Severna Park Racquetball and Fitness Club) at 9:00am to carpool.

For more information or to sign up, please contact Eloise Hoyt 410-768-4932 or <u>eloisehoyt@verizon.net</u>

Events & Happenings at UUCA

<u>Coming to the Table</u>: meets on the 3rd Monday of the month at 7:00 pm in the sanctuary. Dissolving racism with understanding through conversation.

Contact: Jane Carrigan; janecarrigan54@gmail.com

Community Drum Circle: A spiritual and meditative practice group open to all levels, no experience necessary. Bring a drum if you have one or use one of the group's drums. Meets on 2nd Mondays and 4th Tuesdays from 7:30—9:00 pm.

Contact: Kate Holmes; k3holmes@gmail.com

<u>Fiber Arts Fellowship:</u> Needle crafters who meet on the second Thursday and fourth Sunday in the Young room.

Contact: Ginger Parsons; ginparsons@aol.com

Full Circle: meets monthly at 7:30 pm on the Friday night closest to the full moon. An experiential earth-based celebration open to all women over age 18.

Contact Keely Longo; kelongo705346@gmail.com

Gallery at 333: The Gallery at 333 is open Mon.-Thurs. from 10:00 am to 3:00 pm, Friday from 10:00 am to 2:00 pm and Sundays from 10:00 am to 12:00 pm.

Contact Deb Boudra; dancindebart@comcast.net

Introduction to Mindfulness and Meditation: Beginnerfriendly session every Sunday at 8:30 am in the Emerson Room. For those who want to learn the basics of meditation and those who just want another opportunity to practice with a group.

Contact Phyllis Culham; mpg@uuannapolis.org

<u>"Inquirers" Series - Classes for Newcomers</u>: A program to educate and integrate newcomers and to serve as a refresher for long-timers. The series is 8 one-hour classes led by ministers, staff and church members during Middle Hour or after church service in the summer months.

Contact: Josh Long; jlong@uuannapolis.org

Light House Shelter Meals: UUCA members and friends prepare and serve dinner to shelter residents on the second Saturday of the month. If you are interested in helping with meals for the Shelter,

Contact Rob Malone; rmalone68@gmail.com

LGBTQ+ Small Group Ministry: We are a group that gives shared spiritual support, community building and outreach to the LGBTQ+ community.

Contact: Amanda Cardone; amandacardone@gmail.com

<u>Mindfulness Practice Group</u>: Meets every Thursday in the sanctuary at 7:00 PM for meditation and dharma discussion.

Contact: Phyllis Culham; mpg@uuannapolis.org

Monday Women Covenant Group: We meet once a month to pursue spiritual, intellectual, and emotional growth through discussion, offer and receive friendship and create an atmosphere of trust and support. Meetings are the 4th Monday, 7:00 PM - 9:00 PM in the Library.

Contact: Evie Robbins ; evierobbins44@outlook.com

<u>UU Legislative Ministry of MD (UULM-MD)</u>: UULM-MD is a statewide advocacy network comprised of individual members and affiliated UU congregations. UULM-MD provides a voice in legislative action for UU values, principles and traditions. UUCA provides leadership, resources and support to UULM-MD.

Contact: Margery Knight; margeryknight@gmail.com

<u>UUCA Men's Group:</u> : A covenant group of men meeting on the second and fourth Wednesdays of the month from 7:00 - 9:00 pm to share and experience one another's journey through life. Please contact the facilitator in advance of attending the meeting.

Contact: Ken Apfel kennethapfel@aol.com

<u>UUCA Outdoor Club</u>: Holds monthly outdoor activities and outings for nature observation, companionship, spiritual sharing, and exercise.

Contact: Eloise Hoyt; eloisehoyt@verizon.net

<u>UUCA Theists Group</u>: A group of people interested in a UU perspective of theism. Usually meets the second Sunday of the month before the first service.

Contact: John Fischer; jwlfischer@gmail.com

Women in Transition: A covenant group of women meeting to support each other with change and its adjustments. Please contact the facilitator in advance of attending the meeting.

Contact: Sara Moulton; <a>saramoulton33@gmail.com

<u>Young Adult Group</u>: Ministry that is focused on the spiritual formation and well-being of people ranging from ages 18-35. This group meets once a month at the church and does particular social events and social justice works throughout the year.

Contact: Devan Costello-Mays; dcostellomays@gmail.com

W HIGHLIGHTS

Unitarian Universalist Church of Annapolis 333 Dubois Rd. Annapolis MD 21401-2123

Return Service Requested

Dated Material; Please deliver by 11/1/2019

Next Issue Deadline: 11/15/2019

PROFESSIONAL, PROGRAM, AND CHURCH STAFF

<u>Church Office Hours:</u> Monday –Thursday 9:00 AM to 3:00 PM; Friday 10:00 AM to 2:00 PM Closed Saturday and Sunday

Phone: 410-266-8044 www.uuannapolis.org

<u>Name</u>

Rev. Kathleen Rolenz Rev. John T. Crestwell, Jr. Leika Lewis-Cornwell Joshua Long Pam Ausiello Jannina Ortiz Julie Burman Betsy Owen Rob Redei Ron Giddings Susan Eckert

Heather Millar Jane Carrigan Carrie Kotcho Kari Alperovitz-Bichell Stan Haavik Dianne Moreau Peter Morse Rob Malone Rev. Kathleen Rolenz Rev. John T. Crestwell, Jr.

Position

Interim Minister Minister Intern Minister Membership Coordinator/Music Business Administrator Administrative Assistant Director of Faith Formation Faith Formation Assistant Choir Director Accompanist Bookkeeper

Board of Trustees

President Vice President Secretary Finance Officer Trustee Trustee Trustee Nominating Committee Chair Interim Minister Minister

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