

HIGHLIGHTS

To create the Beloved Community by inspiring and empowering all souls to live bold and compassionate lives.

The Interim Journey

By Rev. Kathleen Rolenz



At my first service with you in January 2018, then President Ken Apfel presented me with a walking stick – the same walking stick given to me by the Fox Valley UU Fellowship in Appleton, WI. That service marked the beginning of my 30 month journey with you, knowing that our time had a beginning, a middle and an end in

June 2020. I have that walking stick in my office as a visual reminder of what it means to live and work and walk through this interim time.

The metaphor of journey runs deep throughout religious and spiritual traditions because all journeys have similar trials. First, there is the excitement in preparing for the trip and starting out on the journey. But then, the inevitable problems and tensions arise. You miss the bus or the train. You get lost – really lost. A part of you just wants to go back home to where things are familiar and in place. All this newness requires so much energy.

This interim time is very much like that journey. Although we're not yet in the middle of the interim time, the newness has worn off. The familiar rhythms that framed your church life up to December 2017 have changed. Intellectually we know that's okay; but emotionally – it still can be hard. We're at the point of this journey together where we may feel like we just want to return to what's familiar and safe. And yet, what's also true on any journey is that there is a lot to enjoy along the way. There are many good things happening here but sometimes while we're looking out windows of the speeding train, the beauty of the journey is missed.

My interim colleagues have asked me "how's it going in Annapolis?" and I reply "It's getting real." You are revealing who you are as a church – what's important to you – what you stand for and what you stand against. This is exactly how it should be, because when you begin to work on your ministerial packet, your next called minister will want to know who you really are. S/he or they will want to know you not for your previous reputation or for your current projects, but what you value in your church and in your ministers.

And as for me, I'm getting real too – revealing both my areas of strength and places where I am being challenged and stretched in new ways. That's what congregations who last a long time together do.

The Unknown Journey

By Rev. John T. Crestwell, Jr.



In August 2018 I had a biopsy to see if I had prostate cancer. I do. Stage 1. It was caught early enough to give me several treatment options. I feel fine. In June and July I will be receiving proton beam therapy in Baltimore for eight weeks, Monday through Friday. That's 40 trips back and forth to B-more and I bet it will be tedious.

However, I will be taking some days off during the treatments; I don't expect to miss any major time at church. That could change though—I really don't know at this point. I expect to have a full recovery but I know my life will change in this process. I will travel many miles, meet new people, and do something to my body that is invasive. And that's why I chose to tell you what's going on in my life.

Our lives are always changing. I like to say, "Master change and you master life." It's true. Saying, "I don't know what will happen now?" is a part of the *journey*—our theme this month.

Life can be random at times and that's scary for many because we want immediate answers. But as people of faith, we know that the unknown, the not knowing is what makes life worth living—for better and for worse, because it is the way we grow our souls. Some lessons in life are hard and unexplainable and others are easily embraced. But always, there's growth and new understandings that emerge.

I don't know why I got cancer. I had no control over that. My genetics and biology were susceptible—that's all I know. However, I can control my perception, acceptance and way of looking at this "dis-ease" in my body. Is there a message for me from this moment? How can I use this time as a way to embrace my/our mortality and life's fragility? Can I/we learn something from this moment (whatever that moment is for you).

40 days of treatment. The number 40 is significant in Jewish and Christian scriptures. It means "a time of testing or trial or probation" (biblestudy.org) which is so apropos. Our journey through life provides many tests. I look forward to sharing this next part of my journey with you. Maybe we can ride together and talk about stuff? Let me know.

Love, Rev. John

Continued on page 7

Sunday Services at UUCA - Two Services 9 AM & 11:15 AM

March 3 - *I've Seen the Promised Land!* with Rev. John T. Crestwell, Jr.

We talk of our journey to beloved community all the time. We aspire to create a place that is diverse and welcoming to ALL. What does that look like when it is realized? How will we know when we get there? In this service, Rev. John will share his vision for the UUCA congregation, in particular, and Unitarian Universalism, in general, with great hope, and determination. Music by Joshua Long.

March 10 - *A Great Bundle of Humanity* with Rev. Kathleen C. Rolenz

Frances Ellen Watkins Harper was an African-American abolitionist, suffragist, poet, teacher, public speaker, and writer. She was active in social reform and was a member of the Woman's Christian Temperance Union, which advocated the federal government taking a role in progressive reform. Her writings, poetry and theology all leaned towards Universalism. Within her powerful life story we may find lessons for our own to encourage, challenge and inspire us. Music by UUCA Choir.

March 17 - *Journey of Souls* with Rev. John T. Crestwell, Jr.

What happens after you die? Is there an afterlife? Using the research of Dr. Michael Newton, Rev. John explores the depths of hypnotherapy and "life between lives." Music by Sara Jones.

March 24 - *Five Things You Need for the Journey* with Rev. Kathleen C. Rolenz

As your interim minister, Rev. Rolenz has been on this journey of transition several times. There are certain experiences that are common to all churches in transition; others are unique to specific congregations. Rev. Rolenz will reflect on the journey of UUCA towards the next chapter of its life, with some help from the five spiritual touchstones which can frame our life's journey.

March 31 - *Pele and the Dragon* with Leika Lewis-Cornwell

In celebration of Women's History Month and the commitments we make together to justice, this sermon explores epic journeys in myth, history, and our own lives. Music by UUCA Ensembles and Worship Band.

We Are Sharing the Plate with UULM-MD this Month

The Unitarian Universalist Legislative Ministry of Maryland (UULM-MD) is a statewide advocacy network of Unitarian Universalists. We work to educate, mobilize, and coordinate UUs on specific issues before the Maryland General Assembly. Working in coalition with established state and national organizations, we as UUs model a reverence for the interdependent web of all existence which fosters justice, health and equity in society. We encourage you to join us on this journey as we engage Marylanders, expand freedom and nurture an inclusive, life affirming system of government. The issues being pursued this year are: climate change, gun violence, healthcare, immigration, death with dignity, restorative justice, and economic justice (fight for 15).

Administration Update

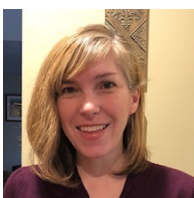
By Pam Ausiello, Business Administrator

I'm a list person. I don't know when I started having to see things written down in order to process them fully. But, lists, for whatever reason make me feel good. They make the ideas I want to happen take their first step toward progress. I read once that to be productive it's helpful write down what one's going to do the next day, the night before. Productive or sleep deprived? You be the judge.

Over these initial weeks in my role, my lists have been abundant: passwords, procedures, reminders, vendors, contacts, to dos. These were all necessary and continue to be for me to absorb everything I need to from Susan's brilliant mind!

However, the list that gets me the most excited is future planning. The combination we have here of meaningful worship, loyal parishioners, dedicated ministers and staff and wonderful RE programs among so many other gifts this congregation possesses, really excites me. These things provide every opportunity for a church to thrive and grow.

I've always thought growing churches was about building them one relationship at a time. I still do think this is extremely important. But, church now is also about meeting the community.



This is something I see this church already striving to do. We develop relationships with those who use our building, relationships with those we employ, work with great community groups, provide summer camp and the list goes on. In the book, "A Generous Community" by Andrew Doyle, the author challenges the church in a new missionary age to not just "love your neighbor" as is listed in the Christian Ten Commandments, but to be a neighbor. In all our choices of community interaction, the mission of the church is our guide and we are doing our best to be this good neighbor. We are realizing the gifts everyone brings to the table and working together. The church of the new age continually expands into the community.

So, here's a new list for you: technology upgrades, efficient money saving strategies, new communication tools, building expansion, facilities personnel. These are all means that will enable us to go and meet more neighbors. I hope you might consider giving thought to your own list addressing what you think are the future needs of the church and sharing it with me. I've appreciated those of you I've already had conversations with on this subject and I'd love to hear more visions for the future of UUCA.

Road Trip

By Leika Lewis-Cornwell, Intern Minister



When people find out I lived in Hawaii as a girl, they nearly always have one of two reactions—excitement or commiseration. Commiseration comes from the people who found, like I did, the island to be a beautiful place...that you could drive all the way around in a day, as long as you stopped a few times to sightsee! I loved the mountains, the natural beauty, and the friendly environment, but there was one really important thing I missed: road trips!

Ever since I was a tiny girl, my military family had spent part of every year on the road to visit family and friends in other places. There is always a certain amount of frustration involved in being stuck in a small space for hours on end, even with people you love. And yet, I have fond memories of those trips. There were no cell phones or tablets so you only had a certain number of options on the road to keep yourself entertained; usually we ended up doing a lot of reading, talking, singing, and playing travel games together on those long drives. I heard family stories about the people we would be visiting, learned more about the people I traveled with, and did a lot of laughing and even some crying as we traveled down the road together.

I particularly love the way the Soul Matters themes are set up this year, because the theme for March is journey and the theme for April is wholeness. This whole month, we'll be creating a microcosm of the work we do together as we move together through our Journey toward Wholeness. As we work together to build Beloved Community, it strikes me that it's a little like those road trips I love to remember. We'll have a certain amount of frustration being stuck in a small space even with people we love, there will be both laughter and tears, and yet what we build here together is sacred, moving together toward justice and healing for our world. I'm so glad you're traveling with us! ~ Leika

Thank You!

From Susan Eckert...

Dear UUCA friends & family,

My heart continues to overflow with gratitude and the realization that even though church work is challenging at times, it is also a blessing in countless ways. Thank you for the very generous monetary gif, wow! It will go toward a long-time planned trip to Italy this Fall. Fred and I have talked about this trip for more years than I care to admit, and now we can make it happen. I have been reading your kind words and good wishes for my retirement over the past several weeks. Taking time to read a few at intervals, has been necessary to absorb each message and to reflect on the ways I have come to know and appreciate each one of you. I now understand that this is not the end, but the beginning of a new and beautiful relationship with my faith community. Lovingly, Susan Eckert

From Laura Schrank.... Thank you to everyone who gave #ForWendi at The 2nd Wendi Winters Memorial Blood Drive! The drive was a HUGE success with 371 presenting donors and 327 units of blood collected! Endless appreciation to Diane Ratcliff, our volunteer coordinator, the 38 fabulous volunteers (including 14 youth!) who staffed the event, and everyone who spread the word and recruited donors! Working together made a pretty awesome team. Wendi would be so proud. See you at our next drive in September!

March 2019

Membership

By Joshua Long, Membership & Growth Coordinator



The theme for March is Journey. It is extremely appropriate for me because it is all the month of my birthday. My birthday happens to fall on Ash Wednesday. The beginning of Lent. I pose a question...What does it mean to give up something for the sake of yourself and others?

I am reminded of why I came to Unitarian Universalism. I am a Christian. I love Jesus. I will make no apologies about that. I love the Bible. The more I study it in my classes the more I grow to enjoy and learn from it. I do not separate my UU faith from my Christian faith. To me, they are one in the same. I believe all souls are already reconciled with the Divine and that all paths to God are the right path.

Yet, I still I reject the entire notion of a hell or eternal torment. I reject the idea that God only came to earth in the form of Jesus. Spirit is in everything and everywhere. The spark of the divine is in us as the transcendentalist would say. I come to this faith because I believe the message of Unitarian Universalism is what the world needs.

Membership is a journey, not a destination. We go on this journey and we help our newcomers find their way on their journey too. This month, let's reflect on why we are on the journey as Unitarian Universalists. Ask yourself how has MY story lead me here. What do I need to let go in order to continue on this spiritual journey? And how can I help others on their path?

Last month we sang a song I wrote called "Speak to Me." My hope, along with the ministers, is that we worship in body, mind, and spirit and we do this partly through music. I am grateful for the support of so many of you and I hope you will join me Sunday mornings to sing along. Huge thanks to those who are on the worship band team! It is an incredible opportunity to minister through music with you. We are grateful for your gifts.

Volunteer Opportunities

Care Team

The UUCA Care Team is looking for new members. Our team enjoys providing rides, meals and fellowship for members and friends of our beloved community. If you would like more information on the UUCA Care Team, please email Rev. John.

Social Media Team

Looking for members who are interested in helping with our church's social media presence. Includes photography, video, posting, following. If you love your smartphone and want to help the congregation please send an email to Josh Long.

Membership Team

From Joshua Long: I am looking for a few people to help in the membership area of the church. This includes contacting our visitors, following up with people who have just joined and helping to get members connected within the community. If you would like to help out please email me at jlong@uuannapolis.org

What is the relationship between a Called Minister and the congregation?

Called Ministers are called by a congregational vote. Similarly, a congregational vote is required to remove a Called Minister. Called Ministers can of course voluntarily resign or retire. Called Ministers are the spiritual leaders of the congregation, and are responsible for worship and pastoral care. You will notice the absence of the ministerial titles of senior and associate. They are simply our Ministers, without rank or hierarchy.

What is the relationship between Called Ministers and the Board of Trustees? In their special role as spiritual leaders of the church, Called Ministers are nonvoting members of the Board of Trustees. They advise the Board in their work of developing policies for the church and monitoring the Executive to assure that policies are being followed.

What is the relationship between Called Ministers and the Executive? The Executive function is assigned by the Board of Trustees to create accountability for all Church operations, achievement of the Church's ENDS statements, and adherence to Board policies. The



function can be assigned to an individual Called Minister, to two Called Ministers jointly, to a lay person or combination of Minister/lay leaders. The Executive is responsible to the Board and serves as Executive at the pleasure of the Board. If a Called Minister is assigned as Executive, the Board can terminate the Called Minister's Executive function, but cannot terminate the Called Minister.

All Called Ministers are members of the Executive team, which is the operational leadership of the Church. The team also includes the Executive, the DRE, and the Business Administrator. This team, led by the Executive (one or more Called Ministers, and/or lay person), reports to the Board of Trustees. The Executive team creates operational policies and manages all the aspects of Church operations. All staff and church teams report to one of the members of the Executive team. If a Minister or Ministers are assigned as the Executive, this does not confer a title beyond Called Minister.

How is a Called Minister evaluated? The bylaws do not specify how the Minister is evaluated. This is left to be set by Board policies and the letter of agreement with each called Minister.

Religious Exploration

By Dayna Edwards, RE Consultant



This year the RE staff is looking closely at the ways we can support families in their faith formation. The truth of the matter is, the church community gets to do religious education for children and youth one hour per week, but parents and other adults in a child's life get to participate in

their faith formation on an ongoing basis. We are asking, "what would happen if we viewed parents as the primary religious educators of their children?" Our Parenting Faithfully Series is one way we are supporting parents in their faith journey and, by association, supporting children and youth in their faith journey. I invite you to joint us for our Parenting Faithfully series sessions:

- **Sunday, March 3 @ 4 PM – Parenting Faithfully in the Age of #metoo (dinner and childcare provided)**
- **Sunday, March 10 during Middle Hour – Parenting Faithfully in the Age of Black Lives Matter**

Another way to for adults to grow in their own faith is to accompany children and youth on their faith journey. I personally can say that my faith has been formed by my participation in Camp Beagle and I am sure there are many more Beaglers who would agree. We are so lucky to have a strong and vibrant camp ministry with TWO(!) summer camps, Camp Beagle and MAD Camp. Both camps rely on volunteers to run and I can assure you, if you choose to volunteer, you will grow as much as the kids. You will feel inspired, fulfilled, and energized.

If you have questions or ideas about how we can support families in their faith formation, or you want to have a voice in how the church does religious education and faith formation next year and into the future, I invite you to come to one of our two "Goal Setting" session during Middle Hour. These sessions will be a continuation of the discussion started at the RE Visioning Session that took place at the beginning of February. The Goal Setting Sessions are Sunday, March 17 and Sunday March 31 in the RE Sanctuary. See you there!

UU Humanists

By Cliff Andrew

The UU Humanists will be meeting in March and April to discuss *Homo Deus - A Brief History of Tomorrow* by Yuval Noah Harari author of *Sapiens a Brief History of Humankind*.

Join us on March 5, 19 and April 2 at 6:00 PM for our Potluck Dinner followed by a book discussion at 6:30 PM.

Come whether or not you have read this book. Our meetings are open to all and we welcome newcomers!

All Church Retreat

By Mike Wanhatalo

Would you like to get to know your fellow UU families better? Do you enjoy nature? Join us for the annual All-Church Retreat at Hashawha Environmental Center in Westminster, Maryland on May 3-5. This is an opportunity to relax in nature, make new friends, and deepen your connection in a community by living and playing together with mutual support, caring, and respect for one another. We will enjoy nature walks, games, fishing, meditation, a campfire, a reptiles and amphibian show, a night hike, and many other activities.

Registration will be open March 3rd – April 7th with forms available in the Narthex after services, in the church office, and online. There are only 70 spots so register early.

Questions? Please contact us via email - [Mike Wanhatalo](#)

Fun(d) Raising Auction POSTPONED!

Our previously advertised auction (scheduled for May 18, 2019) has been postponed. We realize that we need more time to launch such an ambitious undertaking. As a first step, we plan to hold an expanded silent auction this fall as we do need to raise funds for the church. At some later date, we hope to hold an evening event with a live auction. Please contact [Patti Patterson](#) or [Diane Ratcliff](#) if you have any questions or suggestions, and thanks for your support!

An ACT Door-Knocking Campaign for Safe and Affordable Housing

By Darrel Nash



How can we move our world to a better place? There are many possibilities we may wish existed. One of these is by supporting a strong organization - Anne Arundel Connecting Together, known as ACT.

ACT is a county-wide organization whose members include more than 20 houses of worship and community groups. A primary basis of ACT is to find out from people who are affected by discrimination and lack of power, what their lives are like now and to build collective power around the solutions that will create change.

On March 30, we will be training and conducting a Door-Knocking Campaign. This campaign will be done in Annapolis and County communities that lack safe and affordable housing. We learn how to hear the issues of concern directly from people rather than assuming we know what they are. I attended the first door-knocking training at UUCA on January 12. It was a real eye-opener for me to listen to persons living in such communities and learn how to approach residents and what to say and not say.

I have volunteered at Woodside Gardens for some fifteen years and am well-acquainted with some of the families. I admire the close connections and care residents have with each other and also have witnessed the severe stresses that come from a lack of power to correct issues of adequate housing among many issues. As UUs, we should not accept that this treatment exists in Annapolis or the County.

Please join us for this training and the actual door-knocking. Choose either location at St. Philip's Episcopal Church, or Ark and Dove Presbyterian Church, 8424 Piney Orchard Pkwy, Odenton Training, Breakfast, Lunch and Childcare Provided
RSVP required - esp. for childcare at ltmundy@yahoo.com

BBC 8th Principle Practice Sessions—Middle Hour Series

The BBC Committee is offering a series of Middle Hour sessions this spring to provide opportunities for members of our congregation to practice and live UUCA's resolution for the 8th Principle:

We covenant to affirm and promote: journeying toward spiritual wholeness to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Please mark your calendar and join us:

- March 3: Session 3 - White Privilege & Unconscious Bias
- March 10: Session 4 - Race & Ethnicity in our Society
- March 17: Session 5 - Racism as a System
- March 24: Session 6 - Cycle of Oppression
- March 31: Session 7 - Micro-aggressions
- April 14: Session 8 - Tools for Being a White Ally: Exploring Ways to Fight and Heal from Racism
- The BBC will be offering these classes again. Our goal is for every member of our congregation to complete this series. Contact: [Olga Pabon](#) & [Don Patterson](#).

Mindfulness Practice Group (MPG) Brevity: In Poetry & Life

By Phyllis Culham

The Mindfulness Practice Group is offering a 3-part event using haiku & journaling to encourage self-examination, awareness of the potential in each moment, and concentration in observation with Sensei Robert Ertman with haiku & Sue Warren on journaling. Each part of the 3 - part event will begin with meditation & discussion of writing & refinement of observation, from 8:30 to 9:30 AM, in the Emerson Room of the Fahs House. Each session will be followed by a practice of haiku writing, sharing, and discussion during UUCA's Middle Hour. The meditative sessions in the Emerson Room and the writing & sharing sessions during Middle Hour can be attended separately from each other. Bob will suggest that attendees keep a notebook of daily events which invite contemplation, revisit their notes, & bring haiku distilling any insights to the Middle Hour sessions.

Sunday, March 3: **Haiku as a spiritual practice.** Attendees will be invited to keep notes on observations & to bring these and any resulting haiku to the sessions in Middle Hour.

Sunday, March 17: **Insights into haiku,** from the 2019 Haiku Workshop at Upaya Zen Center. Attendees, including any new people, are invited to keep daily notes on observations & to bring these and any resulting haiku to the sessions in Middle Hour.

Sunday, March 31: **Sue Warren will discuss her experience with the power of journaling** in UUCA's Prison Ministry as another gateway to examining self & environment. People are invited to bring any haiku they have written to the final haiku session in middle hour.

Death Café XVI: "A Tangled Web We Weave" In Denial of Death
Sunday, March 10: **From 8:30-9:30 AM,** Sensei Robert Ertman

leads initial meditation guided by Buddhism's 5 Remembrances of death & loss, his own daily practice. Discussion follows.

Middle Hour, from 10:15 - 11:05 AM, in the RE Sanctuary, moderated conversation about our reactions to, fears of, desires to remember, or awe at death. "Oh what a tangled web we weave when first we practice to deceive." Death Cafes create safe spaces to break through modern, especially American, denial of death & insistence that people "move on" or look on some "bright side," brushing aside the tangled web of deceptive culture telling us that death is too sad a topic for conversation, that death is always to be fought, or that those who succumb were failures at self-preservation. We look squarely at death so that we do not spend the rest of our finite lives in fear of it. Both the Death Cafe & the Preliminary Meditative Practice can be attended separately without the other.

Arts in the Wood Opens Women's History Month with "Flutes Fatale!"

By Paula Degen



Flutist Karen Johnson may not have thought about March as Women's History Month when she put together the program for UUCA's next Art in the Woods concert, but "Flutes Fatale!" is an ideal way to kick off a month that traditionally recognizes the contributions of women. On Saturday, March 2, at 8:00 p.m., Karen leads an ensemble of six flutists and a pianist in a program highlighting women's contributions to music and featuring various combinations of piccolo, C flute, alto flute, and base flute.

The performers—all professional musicians and educators—are

coming from California, Massachusetts, and the D.C area specifically for this program. While Karen Johnson has performed at UUCA as a soloist or in duet in the early years of the concert series, this will be the first time the ensemble has appeared together. The selections—all by women composers—vary from African influences to Gaelic-inspired dances and ballads to Japanese to jazz.

Regular Arts in the Woods attendees should note that the March 2 performance is a Saturday evening, starting at 8:00 p.m., which is a departure from the usual Sunday matinee schedule for this concert only. Tickets are \$15 at the door; youth 16 & under, free. This concert would be an ideal way to introduce young aspiring musicians to this versatile instrument as well as some of the women who wrote for it. For information, www.uuannapolis.org

Monthly Unconscious Bias Book Club

By Thornell Jones

Please think about joining the monthly book club where we are trying to build a basis for understanding our own unconscious bias. We meet from 7-9 PM on the 2nd Thursday of every month to discuss one book.

MARCH

If you have not read the UU World Winter 2018 article "Why are we talking about white supremacy?", now is the time to do so. It is a good introduction into the book we are reading for March, to be discussed on Thursday, March 14 at 7-9 PM.

Crystal Fleming wrote "How To Be Less Stupid About Race," our book for the month. The article is adapted from the book and will give you an idea about why you will want to read the whole book. These books are helping us to gain vocabulary and strength to handle the discomfort everybody experiences when entering into a new venture. Let's grow into this together, now rather than later.

MAY

On May 9 we will discuss James Loewen's Lies My Teacher Told Me. Loewen has a new edition out in 2018 which you do not have to buy if you already have the 2nd edition. Look up the book on Amazon, Look Inside, and read the Preface. The rest of the book is the same as the second edition from 2007, which you do need to read for the discussion.

April

Having started the longer book for May, you will probably drop it to read Douglas Blackmon's Slavery by Another Name, which we will discuss on April 11.

I hope you are learning as much from these books as I am. Our lenses are being adjusted, which helps us to frame our questions about life from a much broader perspective. Our conversations have more substantive meaning. Our interactions tend to be based on reality rather than false perceptions of life. We become more authentic with one another. This is really building a beloved community, a spiritual activity of the highest potential. Contact: Thornell Jones



Unitarian Universalist Church of Annapolis
BUILDING THE BELOVED COMMUNITY (BBC)
presents:

THE 8TH PRINCIPLE FILM SERIES

TRACES OF THE TRADE

A STORY FROM THE DEEP NORTH



Friday, April 5, 2019
7:00 p.m.

In the feature documentary *Traces of the Trade: A Story from the Deep North*, filmmaker Katrina Browne discovers that her New England ancestors were the largest slave-trading family in U.S. history. She and nine cousins retrace the Triangle Trade and gain powerful new perspectives on the black/white divide.

EXTRA! EXTRA! Coming to the Table post-movie discussion
using circle facilitation and a supportive environment for all who wish to acknowledge and heal wounds from racism that is rooted in the United States' history of slavery.

Bring your family! Babysitting is available.
Suggested admission donation \$5.
This event is open to the public!

Unitarian Universalist Church of Annapolis
333 Dubois Street, Annapolis, MD




African Diaspora Identity Group: A relational group of adults that meet monthly to share experiences, perspectives, and challenges particular to individuals of African descent. Newcomers welcome. Contact: LE Gomez; le_for3@yahoo.com.

Amnesty International: The Annapolis Chapter of Amnesty International meets on the 2nd Sunday of each month at 1PM in the Reeb Room of the Fahs House. All are invited, especially members of the UUCA congregation who believe that one person can make a difference. Come check us out.

Beacon Program: Designed for new members to be partnered with a current UUCA member (Beacon). A Beacon will follow up with new members for the first year, offering support, and notifying of events.

Contact: Ellen Gaston; ekgaston@sbcglobal.net

Coming to the Table: meets on the 3rd Monday of the month at 7:00 PM in the sanctuary. Dissolving racism with understanding through conversation. Contact: Jane Carrigan; janecarrigan54@gmail.com.

Drum Circle: A spiritual and meditative practice group open to all levels, no experience necessary. Bring a drum if you have one or use one of the group's drums. Meets on 2nd Mondays and 4th Tuesdays from 7:30—9 PM. Contact: Kate Holmes; k3holmes@gmail.com

Fiber Arts Fellowship: needle crafters who meet on the second Thursday and fourth Sunday in the Young room. [Summer sessions vary] Contact: Ginger Parsons; ginparsons@aol.com

Full Circle: meets monthly at 7:30 PM on the Friday night closest to the full moon. An experiential earth-based celebration open to all women over age 18. Contact Keely Longo; klongo@uuannapolis.org

Gallery at 333: The Gallery at 333 is open Mon.-Thurs. from 10:00 AM to 3:00 PM and Sundays from 10:00 AM to 12:00 PM. Contact Deb Boudra; dancindebart@comcast.net.

Introduction to Mindfulness and Meditation: Beginner-friendly session every Sunday at 8:30 AM in the Emerson Room. For those who want to learn the basics of meditation and those who just want another opportunity to practice with a group.

Contact Phyllis Culham; mpg@uuannapolis.org.

"Inquirers" Series - Classes for Newcomers: A program to educate and integrate newcomers and to serve as a refresher for long-timers. The series is 8 one-hour classes led by ministers, staff and church members during Middle Hour or after church service in the summer months. Contact: Josh Long; jlong@uuannapolis.org

Light House Shelter Meals: UUCA members and friends prepare and serve dinner to shelter residents on the second Saturday of the month. If

you are interested in helping with meals for the Shelter, contact Rob Malone; rmalone68@gmail.com.

Mindfulness Practice Group: meets every Thursday in the sanctuary at 7:00 PM for meditation and dharma discussion.

Contact: Phyllis Culham; mpg@uuannapolis.org.

Outdoor Club: Holds monthly outdoor activities and outings for nature observation, companionship, spiritual sharing, and exercise.

Contact: Eloise Hoyt; eloisehoyt@verizon.net

The Tuesday Noon Lunch Bunch: Meets weekly mid-September -May in the narthex. Bring your lunch to eat during the half-hour social time, watch episodes of *CBS Religion & Culture News* as well as local & UU material suggested by the lunchers. Discussion follows. Contact: Bob Ertman; robertertman@msn.com.

UUCA Choir: with director Len Langrick; rehearses September-May every Wednesday at 7:00 PM. Provides relevant music twice a month for Sunday services. New members always welcome.

Contact: Len Langrick; llangrick@uuannapolis.org

UU Legislative Ministry of MD (UULM-MD): UULM-MD is a statewide advocacy network comprised of individual members and affiliated UU congregations. UULM-MD provides a voice in legislative action for UU values, principles and traditions. UUCA provides leadership, resources and support to UULM-MD. Contact: Margery Knight; margeryknight@gmail.com or call 410-266-8044, ext. 111.

UU Humanists: Naturalism-Science-Reason-Wonder-Compassion-Community-Respect. Book discussions and film viewings. Meets the 1st & 3rd Tuesday of the month; 6:00 PM potluck and 7:00 PM discussion; in the narthex.

Contact Cliff Andrew at 410-404-7170 or neurol@jhmi.edu.

UU Theists: A group of people interested in a UU perspective of theism. Meets the second Sunday of the month before the first service. Contact: John Fischer; jwlfischer@gmail.com.

Women in Transition: A covenant group of women meeting to support each other with change and its adjustments. Please contact the facilitator in advance of attending the meeting.

Contact: Sara Moulton; saramoulton33@gmail.com

Young Adult Group: Ministry that is focused on the spiritual formation and well-being of people ranging from ages 18-35. This group meets once a month at the church and does particular social events and social justice works throughout the year. Contact: Devan Costello-Mays; dcostellomays@gmail.com

Indoor Spring Clean Up!

By Dianne Moreau

It's that time again to do our Indoor Spring Clean Up! Mark your calendars for Saturday, April 13, from 9 AM to 1 PM.

We will clean windows, scrub table tops, wipe down window sills and clean out the kitchen. This is a great opportunity to build community and get to know more people in your church.

Contact: Dianne Moreau

Outdoor Club

By Eloise Hoyt

Join us on March 16, (at Benjamin Banneker Historical Park & Museum) to walk, look for spring frogs and lunch at a local restaurant! We'll be meeting to carpool at the Park & Ride at I-97 & Benfield Blvd (by Severna Park Racquetball and Fitness Club) at 9:15 AM. Contact Eloise Hoyt 410-768-4932.

The Interim Journey

continued from page 1

By Rev. Kathleen Rolenz

They get real with each other, speak the truth in love, and in the end, say "I'm so glad we were on this path—together."

I continue to be grateful for having been asked to walk with you through this time of your congregation's life. In five years or less, you'll look back on this time and remember only parts of it – but I suspect you'll look at each other and say "I'm so glad we did this – together."

Blessings on the journey and with gratitude and thanks,
Rev. Kathleen



HIGHLIGHTS

Unitarian Universalist Church of Annapolis
333 Dubois Rd. Annapolis MD 21401-2123

Return Service Requested

Dated Material; Please deliver by
3/1/2019

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PROFESSIONAL, PROGRAM, AND CHURCH STAFF

Church Office Hours:

Monday –Thursday 9:00 AM to 3:00 PM; Friday 10:00 AM to 2:00 PM
Closed Saturday and Sunday

Phone: 410-266-8044 www.uuannapolis.org

<u>Name</u>	<u>Position</u>	<u>Email Address</u>
Rev. Kathleen Rolenz	Interim Minister	krolenz@uuannapolis.org
Rev. John T. Crestwell, Jr.	Parish Minister	jcrestwell@uuannapolis.org
Leika Lewis-Cornwell	Intern Minister	llewiscornwell@uuannapolis.org
Joshua Long	Membership Coordinator/Music	jlong@uuannapolis.org
Pam Ausiello	Business Administrator	pausiello@uuannapolis.org
Maurita Williams	Administrative Assistant	mwilliams@uuannapolis.org
Dayna Edwards	RE Consultant	dedwards@uuannapolis.org
Keely Longo	DRE - Children	klongo@uuannapolis.org
Julie Burman	DRE - Youth	jburman@uuannapolis.org
Laura Schrank	Youth Coordinator	lschrank@uuannapolis.org
Len Langrick	Choir Director	llangrick@uuannapolis.org
Sara Jones	Accompanist	
Susan Eckert	Bookkeeper	treasurer@uuannapolis.org

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