

HIGHLIGHTS

To create the Beloved Community by inspiring and empowering all souls to live bold and compassionate lives.

How Can I Trust You?

By Rev. Kathleen Rolenz



I remember the exact moment when I broke my mother's trust. I was 14 years old and was at a sleepover with some friends who thought it would be fun to sneak out of the house at night and run around the neighborhood. One night, the group of us got caught. When I confessed this to my mother, she said: "You told me you were in the house playing games all night. You lied to me. How can I trust you? ...and...you're grounded..." It was a moment of both moral reckoning and clarity; that the trust I had built could be so easily betrayed. It was so painful, that I never lied to her again.

The Soul Matters Theme for February is "Trust" - yet another rich topic for worship services, small groups and conversation. What are the conditions upon which trust is built? For me, there are a couple essential things. First, trust is built by speaking the truth. Telling the truth about what you see, who you are, what you believe can be difficult; at the same time when done with respect it can build trust with another.

The second ingredient for building trust is to follow through; to do what you say you're going to, even if you don't want to. When promises are made and broken time after time, a person has no basis upon which to trust another. "Your word is your bond," Michelle Obama recently quoted. I try to answer every email I receive from you, regardless of how significant or small the request because it's not only what my mother taught me to do; it builds trust.

The third way that I build trust with others, and they with me, is to listen; to listen deeply to another's story. When I can hear another's pain or concerns or story, I find myself less likely to see or treat that person as "other."

The church as an institution must be built on trust. This entire year will be one steeped in the Search Process, new By-laws and Governance documents, possibly new Ends statement, new staff members, and deeper engagement with the 8th Principle and issues related to Religious Exploration. There will be many conversations, cottage meetings, zoom calls, and presentations. Speak your truth. Follow through. I suspect if you do all that, you'll also have some find deep meaning and satisfaction in the process. Blessings, Rev. Kathleen

Trust in Me

By Rev. John T. Crestwell, Jr.



A few years ago your ministerial team invested in *Soul Matters*, a theme-based ministry for UU congregations providing resources for small groups, worship, and religious education. The materials have been an immense help in providing in-depth spiritual ideas and questions that help grow UU souls. This month's theme is TRUST and I found an interesting question I'd like to

share and try to answer...

In honor of Black History Month, how does one trust in a society and systems that have repeatedly broken their promises of freedom and equality? How is trust repaired at a personal level when unacknowledged micro-aggressions happen over and over? How does one learn to be a trustworthy ally?

Large systems, like all things run by people, are flawed. As spiritual beings we must remember to walk gently and forgive people, places and things that fall short of their best stuff. This

forgiving means we stay in the game, mentally, by not losing hope. I'm reminded of the song "Come, come whoever you are." That part of the song that says, "Though you've broken your vow a thousand times—come" makes my point. We must not stop TRUSTING, hoping or expecting these institutions to keep their promises of freedom, justice and equality for all. As people of hope and faith we have a long haul mentality. While we do all we can—advising,

challenging, questioning, writing, marching, rallying, and the like—we also know that any big change in society takes time. When we see a person like Martin Luther King or Barack Obama arise it is because of many years of sweat by many unknown entities and a million little things that prepared the way for their emergence. So my answer to the question is to keep going one person at a time. Additionally, progress is never a straight line. We tend to think linearly but humans evolve and grow backwards and forwards. We often-times take one step backward before we take two steps forward. It is humanity's way of bringing everyone along (I'm a true Universalist!)

Additionally, relationships are everything in human existence; and each relationship requires time to cultivate. To expect individual or corporate (public) institutions to just know what we (or our group) needs has not been the norm of the way relationships work. Until a relationship is personal there is a lack of empathy. Expect that. However, we must also learn to ask for what we want from those we are in relationship with

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Sunday Services at UUCA - Two Services 9 AM & 11:15 AM

February 3 *White Fragility* with Rev. Kathleen C. Rolenz

Robin DiAngelo's latest book by the same title (*White Fragility*) identifies white fragility as a defensive mechanism characterized by emotions such as anger, fear, guilt and behaviors such as argumentation and silence. UUCA has identified racial justice as expressed in the 8th Principle as one of its core values. How might the white people of UUCA engage more deeply with this work so that UUCA can more fully "practice what we preach?"

February 10 - *The Great Mistake* with Leika Lewis Cornwell

Mutation. Abnormality. Mistake. All too often, we regard these as negatives to be avoided. And yet, it is only through aberration that our universe came to be. This service will examine the ways we make meaning within our galactic legacy of "great mistakes." Music by the UUCA Choir.

February 17 - *Trust, But Verify* with Rev. John Crestwell

Who do you trust? Why do you trust them? Have you lost trust in someone or something? How do you get trust back? In this interactive service, Rev. John will lead you through some of the Soul Matters materials to get to the heart of the matter: Trust but verify! Music by Worship Band & Singers

February 24 - *Thanks for Staying* with Rev. Kathleen C. Rolenz

Unitarian Universalists generally believe that we are autonomous, independent individuals who have the right to do with our lives what whatever we wish—including the right to end it. This sermon was inspired by the book *Stay* by Jennifer Michael Hecht who argues that suicide violates not a moral law but a human ethical imperative to stay alive with and for each other. Music by UUCA Choir.

We Are Sharing the Plate with **Black Lives UU** this Month by Rev. Kathleen Rolenz

Share the Plate for February will be given to BLUU - which stands for Black Lives UU Organizing. Black Lives UU's mission is to expand the power and capacity of Black UU's within our faith; provide support, information and resources for Black Unitarian Universalists and justice-making and liberation through our faith. The UUA has sponsored the Promise and Practice of Our Faith Campaign (<https://www.uua.org/giving/areas-support/funds/promise-and-practice>) which has asked three things of all congregations:

1. Schedule at least one Sunday to engage around the theme of the Promise and the Practice of our Faith; (February 3, 2019)
2. Make a financial commitment which will help fulfill a 1 million match opportunity
3. Make a long-term commitment to dismantle white supremacy, racism and oppression from within our denomination and beyond.

UUCA was specifically asked to contribute to the Promise and Practice Campaign, and we agreed to support this initiative by Sharing the Plate in February. Thank you in advance for your generous contribution to this important work.

Administration Update By Pam Ausiello, Business Administrator

I am thrilled to be your new Business Administrator and look forward to continuing the great work done by Susan Eckert. In my time already spent with Susan, she shared some projects that are on the horizon for 2019 and I'm excited to see them through. Most lend themselves to church efficiency which is something I'm passionate about from my previous church experience. We'll be hiring a facilities manager who will help maintain equipment, be on hand for opening and closing to allow us to hold more special events, and will act as an overall go to person for fixing. If you know of such a MacGyver type, I'd love for you to send them my way! We'll also be looking to increase church office efficiency by moving to Office 365, installing a new phone system and I will be undertaking the task of learning more ways we can utilize our ACS Church Management system to the church's advantage.

I have served in a church through the time of transition you are currently experiencing. I understand it's a time when the interim minister is looking to fine tune the workings of the church for the important transition ahead, We are lucky to be in the capable and kind hands of Reverend Kathleen Rolenz, one of two big reasons I signed on to do this monumental job, the other being Reverend John Crestwell. I intend to do everything I can to assist them with



the vision they have for a thriving future for UUCA, one that adheres to the 8 principles. In all my decisions, those principles will be at the forefront of my mind.

My mentor was an interim pastor with whom I worked closely – Pastor Wally Harman. In my years with him, he taught me a couple of important lessons that I'd like to share with you moving forward: 1) The reward for work well done is more work and 2) The most important prayer you can ever recite is "thank you, thank you, thank you" only to be proceeded by "help me, help me, help me." So, I'll begin with the help me prayer. Over the next months, I will listen intently, learn an abundance from you and work extremely hard for the church. Please help me by sharing all you can so I can gear my work toward the dreams and needs of this wonderful community.

The love and care you take of this church is something I respect greatly. I hope to come to be regarded as someone who will help procedures run smoothly while we usher in changes, all with the foremost question in mind: "What is needed for the good of the church?". In addition to my weekly schedule, I will be here on the occasional Sunday. I look forward to meeting you all!

My email at the church is pausiello@uannapolis.org and my phone line is 410-266-8044 x110.

Art of Worship Class Beginning February 17th

By Leika Lewis-Cornwell, Intern Minister



A wise woman once said “In every job that must be done, there is an element of fun. You find the fun and...snap! The job’s a game!” With all apologies to both Mary Poppins and more recently, expert *du jour* Marie Kondo, I’ve never quite managed to find the game in cleaning, although I will absolutely admit to geeking out in organization stores! They’re right, though—there is fun and joy in even the most mundane things, when you really look closely. I saw a video recently that has gone viral, of a UCLA gymnast performing a floor routine. It’s technically amazing, and she certainly deserved the perfect score she received. However, what really stands out in that video is the joy that is leaking out all over. As one of my co-workers said, “You can tell that she absolutely loves what she does, and she’s just having fun out there!”

I will never forget my first worship planning workshop with Rev. Kathleen and the UUCA Worship Leaders team. The same delight that bubbled out of that amazing athlete, the same magic that those children found in a not-quite-routine tidy up, was present around the table as we talked and brainstormed about planning worship that embodies the Beloved Community we work together to build. I felt the same energy around the table when I met with a group of UUCA congregants to plan my first service as your intern. Now, I look forward to sharing that experience with more members of the UUCA family. Beginning February 17th, I will be offering a three-session seminar on the Art of Worship. The first two sessions will explore the how-tos of planning worship services and the third session will offer an opportunity to apply what you’ve learned with an interactive planning workshop. If you’ve ever wondered what goes into crafting UU worship services, come join us during middle hour on February 17th, March 10th, and March 31st in the Young Room. See you there! Joyfully, Leika

Membership Matters

By Joshua Long, Membership & Growth Coordinator



How do we trust the process? How do we trust that things will work out knowing that sometimes things do not work out? That is the problem with trust. It means that we must become vulnerable. But trust is a test of faith. As Unitarian Universalists that seek to create the beloved community, we have to be willing to trust the goodness in everyone. That means every visitor, newcomer, wanderer, traveler that comes through our doors is to be met with our love, respect, and trust. We must also learn to trust that the church will survive its transitions. While we may experience discomfort, faith calls us to trust that everything will be alright.

One change that must be noted is the *Inquirers* series will take a 2-week break after every 9 week session. This is to give more opportunities for adult religious exploration. Upcoming dates include:

Feb 3: New Members Ceremony

Feb 10 - 17: No Inquirers

Feb 24: Inquirers session 1: *Minister Q&A*

Small groups are continuing to grow, if you are interested in our neighborhood groups, please [send me an email](#). Membership is looking for assistance in several areas: volunteers, greeters, and social media. If interested, [send me an email](#).

RE Visioning Session—February 2

The entire congregation is invited to attend a Religious Exploration (RE) Visioning Session on Saturday, February 2. We will have an opportunity to come together and discuss the vision and mission of our Faith Formation Programs at UUCA for children, youth and adults. Please come and share. (Youth are encouraged to attend!) Please RSVP by clicking [HERE](#). If you’re unable to attend the entire session, please come for as much as you can.

Religious Exploration—Camp Beagle

By Dayna Edwards, RE Consultant

Camp Beagle is named after the HMS Beagle, which is the ship that carried Charles Darwin from England to the Galapagos Islands. It is a camp that embraces the wonder and awe of nature. It also nurtures sustained multi-generational relationships since campers get to spend a whole week with their “shipmates” and their adult “ship captains.”

The idea for the camp started in a new member class when Rev. Fred Muir said he always wanted to start Naturalist summer camp that celebrated evolution and Darwin. He even suggested calling it “Camp Beagle” for the H.M.S. Beagle, upon which Darwin sailed. Thus, the idea was born to have a church camp dedicated to the scientific method and evolution. The new members and Rev. Christina Leone-Tracy (our then intern minister) took the idea and started a small, half-day camp the first summer that served 40 kids. Camp Beagle is lovingly referred to as “Vacation Darwin School”.

As Camp Beagle’s very own Kathryn Para recently said, “Beagle is different every year and every year is an opportunity to ex-



ploration. What is that we sing,? Every Beagle has its own adventure...” So this year is another opportunity to explore what it means to be a camp in the “double-digits,” – the Tenth Camp Beagle (Next year it will be ten years old, but this year is the tenth camp! What are the traditions that make Camp Beagle special? Where can we streamline our administrative processes? How can we make volunteer recruitment and retention easier? Your input and contributions are needed. One tradition, is having amazing volunteers bring out the best in Beagle while Beagle brings out the best in them!

Here are some dates and details to keep in your calendar:

- Registration Opens: Sunday, February 10
- Camp Runs: Monday, July 15 – Friday, July 19 from 9:00 AM to 3:00 PM (with limited before and aftercare available)

Who: Children ages 4-9 (Sailors); Youth ages 10-12 (Lighthouse) and 13 (Beacons). Volunteer “First Mate” opportunities are available for Teens ages 14-17.

Where: On seven acres of land surrounding UUCA

Cost: Camp is \$150 per child.

Board of Trustees - Pay Attention! Be Informed! Get Involved!

by Heather Millar, President Board of Trustees

Selection of the Search Committee

The seven members who eventually serve on the Search Committee to recommend our next called minister have a huge responsibility. But first, we all have the obligation to be sure that our Search Committee consists of a diverse group of dedicated members who have the vision and interest of UUCA in their minds and hearts. Members have the opportunity to make nominations and then vote for who will serve on the Search Committee.

Between January 30 and March 3 the Board and Nominating Committee will attempt to contact each member of UUCA to seek names of members trusted to serve on the Search Committee. The most frequently mentioned names will be contacted to determine if they are willing and able to devote the considerable time required to be on the Search Committee. Those who say yes become candidates and complete a Candidate Form to inform the congregation of the assets they bring to the Search Committee. During our April Annual Congregational Meeting, members will vote for 4 members of the Search Committee. The Board will then select 3 additional members for the Committee paying particular attention to diversity of age, race, theological perspective and skills.

Details about this process are posted on the UUCA website at uuanapolis.org and can be viewed by clicking on the "Search" slider at the top of the Homepage. Look around and notice the



contributions of others to help us form a Search Committee that is representative, trusted, in touch, and responsible to the entire congregation.

Introduce Changes to the Proposed New Bylaws

The Governance Team first met in October 2016 and since then has devoted much time and effort into studying governance, understanding our current documents, rewriting our Bylaws and Articles of Incorporation and deleting our Constitution. They not only studied and deliberated but also negotiated decisions about the finer points of Policy Based Governance. They have produced an impressive and informative Report to the Board of Trustees. We, the members of UUCA, have an obligation to be involved with the information the Governance Team has provided. They are now available for conversations about their work and recommendations and have several meetings scheduled for members to ask questions and make suggestions about how we govern ourselves.

For copies of their Recommendations and Report to the Board and the process to follow to propose amendments to their version of our new Bylaws, go to the UUCA website at uuanapolis.org and click on the "Governance" slider at the top of the Homepage. The Board and various teams and committees are engaged in important work. For these efforts to have meaningful results, we need members to pay attention, be informed and get involved.

2nd Annual Wendi Winters Memorial Blood Drive

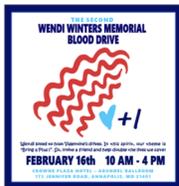
By Laura Thacker

REGISTER NOW

February 16, 2019 from 10 AM to 4 PM

The Crowne Plaza Hotel* - *Arundel Ballroom*

Go to <https://www.redcrossblood.org/> and enter the Sponsor Code: **ForWendi**.



Wendi loved to host her blood drives around Valentine's Day. In that spirit of love and community, the theme of this drive will be Bring a Plus 1! We are hoping to increase the size of the drive. So grab a friend, dress in your Valentine's Day best, and come donate for a good cause. We look forward to seeing you there! *Please note the new location of the drive. This site was chosen to better accommodate the size of the drive.

Thank YOU! From the Sanctuary Committee

By Stephanie Andreson

The Sanctuary Committee would like to thank the Fiber Arts Fellowship and the congregation for your support of our Scarf and Hat fundraiser for the Annapolis Immigration Justice Network. We raised a little over \$2,800 and the Sanctuary Committee donated another \$200 to add a total of \$3000 to AIJN's Legal Assistance Fund. Together we can make a difference!

If you would like to get involved in the work of AIJN, contact Stephanie Anderson, UUCA's AIJN liaison at sjacape@gmail.com.

BEEC2 Activities by Paul Jorgensen

1. Estimated space needs for Sanctuary, Narthex, RE, Adult Meetings, and Parking.
 2. Visiting other Churches to get ideas: River Road, Columbia, and Rockville
 3. Analyzing permit requirements for space, water, and sewage
- Tentative Conclusions:

- No need for a new sanctuary; seating can be expanded to seat 250; RE needs more space for older children;
- Fahs house should be replaced with a 2 story bldg. with 2000 sq. ft per floor; Provide a stipend for housing for future intern Ministers
- parking can be expanded by about 30 spaces
- Expand Narthex by about 2000sq ft. & expand kitchen
- Information Session for Church Congregation: March 24 and Congregational Meeting on April 7

Thank YOU! From Your Ministers and Staff!

We are deeply grateful to the 68 household that contributed to the 2018 Year-End Appeal. Through their generosity we exceed our budget goal of \$15,000 for this fundraiser. We thank them for the support and commitment so that this faith community may be a supportive, inspiring and joyful place where we can rest, deepen, trust and live our values.

BBC 8th Principle Film Series

By Linda Mundy



"13th"

A film by Ava DuVernay, Director of "Selma"

When: **Friday, February 1, 7:00 PM**

Where: **Sanctuary**

What: In this thought-provoking documentary, scholars, activists and politicians analyze the criminalization of African Americans and the U.S. prison boom. An in-depth look at the prison system in the United States and how it reveals the nation's history of racial inequality.

Babysitting is available. This event is open to the public!

The 8th Principle Film Series is presented by UUCA BUILDING THE BELOVED COMMUNITY (BBC) and on the first Friday of every other month.

BBC 8th Principle Practice Sessions Middle Hour Series

The BBC Committee is offering a series of Middle Hour sessions this spring to provide opportunities for members of our congregation to practice and live UUCA's resolution for the 8th Principle:

We covenant to affirm and promote: journeying toward spiritual wholeness to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Please mark your calendar and join us:

- February 17: Session 1 - Color Blindness and the Good/Bad Binary
- February 24: Session 2 - Historical Foundations of White Supremacy
- March 3: Session 3 - White Privilege & Unconscious Bias
- March 10: Session 4 - Race & Ethnicity in our Society
- March 17: Session 5 - Racism as a System
- March 24: Session 6 - Cycle of Oppression
- March 31: Session 7 - Micro-aggressions
- April 14: Session 8 - Tools for Being a White Ally: Exploring Ways to Fight and Heal from Racism

The BBC will be offering these classes again in the winter - our goal is for every member of our congregation to complete this series. Contact: [Olga Pabon](#) & [Don Patterson](#).

UU Humanists Activities February 2019

By Cliff Andrew

You are Invited to Our 9th Annual "Tip a Pint to Charlie"

When: Tuesday, February 12, 2019 6:00 PM

Where: Historic Middleton Tavern, 2 Market Pl, Annapolis

What: Join the UU Humanists for dinner at our 9th Annual Celebration of Charles Darwin's Birthday, 210th Anniversary of his birth and 160th Anniversary of the publication of his *On the Origin of Species by Means of Natural Selection*

R.S.V.P.: [Cliff Andrew](#) 410-404-7170

Join UU Humanists in February: Potluck Dinner and Book Discussion of John Gray's "Seven Types of Atheism"

When: 1st & 3rd Tuesdays, February 5 and 19, 2019 6:00 PM

Where: UU Church of Annapolis, Narthex

What: Bring light potluck item to share and then join us for book discussion

(You are welcome to come whether or not you have read any of this book, now available for purchase in the UUCA bookstore) **Questions or Further Information:** [Cliff Andrew](#)

Mindfulness Practice Group (MPG)

By Phyllis Culham

For Black History Month the Mindfulness Practice Group continues its series from *Dharma, Color, and Culture*, a collection in which "...practitioners of color across the entire spectrum of Buddhist traditions share their perspectives on suffering...reveal[ing] the connections between spiritual practice and the liberation of all human beings."

All sessions begin with meditation, guided on Sundays in the Emerson Room 8:30-9:30 AM; silent on Thursdays 7:00-8:30 PM in the sanctuary. All sessions can be separately understood and followed without the book.

The MPG meets every Sunday & Thursday year round.

Sunday, February 3: *Dharma, Color, & Culture* : "Living With Our Stories"

Thursday, February 7: *Dharma, Color, & Culture: Maitri* [Loving Kindness]

Sunday, February 10: *Dharma, Color, & Culture: Unassimilated Pain & Healing*"

Thursday, February 14: On Valentine's Day, Lee Weimer leads a *metta*-style meditation from Jack Kornfeld for forgiveness & healing.

Sunday, February 17: *Dharma, Color, & Culture: "What Has Been Left Out?"* [from the essay by Dr. Lama Jan Willis who will lead the Unitarian Universalist Buddhist retreat in Garrison NY, Apr. 25-28!]

Thursday, February 21: *Dharma, Color, & Culture: Sensei Bob Ertman discusses his most recent pilgrimage with two tribes of the Lakota to their sacred sites & essays by the Durans*

The Caribbean is Coming to UUCA!

By Len Langrick, Choir Director

As part of our Arts in the Woods series the Catonsville High School Steel Drum Band is coming to UUCA. On February 10, 2019, at 3:00 PM the sanctuary will be filled with sounds of the islands, bringing warmth and cheer to our winter!

The Catonsville High School Steel Drum Band, directed by Jim Wharton, was founded in 1991, and for seven years was the only school steel drum program in the state of Maryland. Formed as a means for students to study and perform music from a culture other than their own, the band shares the music of Trinidad and Tobago with audiences throughout the Maryland region.

This will be a family-friendly, ya'll come event! We are planning a pre-event that includes food/beverages, steel drum music playing in the background, maybe games and crafts? What better place to come on dreary mid-winter afternoon than to bring the entire family for the Catonsville High School Steel Drum Band! You won't want to miss this incredible performance, and the chance to get a little summer light and warmth in you in the dead of winter.

Tickets are on sale NOW! Click [HERE](#) to purchase. Individual tickets are \$15/ Family \$25. Contact [Len Langrick](#) or the [UUCA office](#) to volunteer or for additional information.

Full Circle Happenings for 2019

By Brenda Holley

Happy New Year from UUCA's earth-based spirituality practice group, Full Circle! The Weavers, our planning group, have just completed our visioning for 2019 and have some exciting things to share. First, we'd like to celebrate some of the solar holidays by taking some local, family-friendly hikes through the year-- dates and locations still to be determined. Additional details will be published on the Full Circle Facebook page. We've also decided on a theme of "sticks and stones" for our women's full moon circles this year. Full moon circles are normally scheduled for the Friday evening closest to the full moon and are open to those 13 and up who identify as female. Minors must have parental/guardian permission and attend with a responsible adult who identifies as female.

We're also excited to announce that we're offering a Spinners series this year. Spinners provides an opportunity for a closed group of adults to learn about creating ritual, running public rituals, and the history of Full Circle. It's also the prerequisite for joining Weavers. The first 3 sessions will be on the afternoons of March 2, April 6, and May 4. For those Spinners who wish to join Weavers, there will also be an event on the evening of June 3 and an overnight on June 21. For more information contact Keely at kelongo705346@gmail.com or visit the Full Circle Facebook page.

Meet the Artists @ Gallery 333

TJ Jones-Rouse & Frank Stetina by Deb Boudra

Gallery 333 presents the photography of local artist Fran Stetina and the pottery of TJ Jones-Rouse January 6 - February 24, 2019.

TJ offers clay pendants, bowls and other clever items for your gift giving or take home treasures. TJ's style embodies the Japanese philosophy of 'wabi-sabi,' the embracing of imperfection and the finding of beauty in all things, things made whole by their unique drips, cracks, and signs of use. TJ is excited to announce the opening of Wabi-Sabi Seven Studio, which offers custom high-fire stoneware, dishes, jewelry, studio hours, and private introductory lessons to wheel-throwing, hand-building, and slip-casting ceramics. Gallery 333 provides a glimpse into what Wabi-Sabi Seven has to offer.

Abstract in nature, 34 images depicting Book 1 of Dante's *Inferno* comprise the body of work Fran Stetina shares. Fran has studied photography internationally and at the Corcoran School of Art. He enjoys the interplay of word and image and has created three other projects combining words and images over the years.

Fran has won numerous awards in Maryland and sold work to the prestigious Merrill Chase Galleries in Chicago.

A *Meet the Artist* reception is taking place on Sunday, February 10 from 12:30 to 1:30 PM in Gallery 333.

Trust in Me

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By Rev. John T. Crestwell, Jr.

and that is where the tension(s) will emerge and be managed. Getting past this difficult space (like where our country is) requires emotional literacy/intelligence (ELI)—learning to articulate our underlying feelings and needs in ways that lift up our and others worth and dignity without 'othering'. Compassion and understanding come to the fore when this process is mastered and a relationship can flourish. ELI competency allows both sides to SEE and HEAR each other and consensus can be accomplished. However, this is more difficult if one side is not willing to go deeper which may require a "time-out" period for each side to cool off. When consensus isn't possible then the hope is that compromise can be had. If you are an ally the rules are the same. Your work is one person at a time, one meeting at a time, and one social engagement at a time. In summary, my answer to this good question is forgive (always), keep going (never give up!), never lose hope (we are people of faith), trust is built, slowly, one person at a time (go deeper), and it takes time—it may not happen in your lifetime (patience is a virtue). See you around. Love, Rev. John

Inclement Weather Policy

On Sundays...visit uannapolis.org to view a popup message with weather-related cancellations & delays [or call 410-266-8044 for a recorded announcement.

On weekdays...office closings will be announced as above; however, for other meetings & events it is best to contact the individual in charge as those cancellations are often made on a case-by-case basis.

Events & Happenings at UUCA

African Diaspora Identity Group: A relational group of adults that meet monthly to share experiences, perspectives, and challenges particular to individuals of African descent. Newcomers welcome. Contact: LE Gomez; le_for3@yahoo.com.

Amnesty International: The Annapolis Chapter of Amnesty International meets on the 2nd Sunday of each month at 1PM in the Reeb Room of the Fahs House. All are invited, especially members of the UUCA congregation who believe that one person can make a difference. Come check us out.

Beacon Program: Designed for new members to be partnered with a current UUCA member (Beacon). A Beacon will follow up with new members for the first year, offering support, and notifying of events.

Contact : Ellen Gaston; ekgaston@sbcglobal.net

Coming to the Table: meets on the 3rd Monday of the month at 7:00 PM in the sanctuary. Dissolving racism with understanding through conversation. Contact: Jane Carrigan; janecarrigan54@gmail.com.

Drum Circle: A spiritual and meditative practice group open to all levels, no experience necessary. Bring a drum if you have one or use one of the group's drums. Meets on 2nd Mondays and 4th Tuesdays from 7:30—9 PM. Contact: Kate Holmes; k3holmes@gmail.com

Fiber Arts Fellowship: needle crafters who meet on the second Thursday and fourth Sunday in the Young room. [Summer sessions vary] Contact: Ginger Parsons; ginparsons@aol.com

Full Circle: meets monthly at 7:30 PM on the Friday night closest to the full moon. An experiential earth-based celebration open to all women over age 18. Contact Keely Longo; klongo@uuannapolis.org

Gallery at 333: The Gallery at 333 is open Mon.-Thurs. from 10:00 AM to 3:00 PM and Sundays from 10:00 AM to 12:00 PM. Contact Debbie Boudra; dancindebart@comcast.net.

Introduction to Mindfulness and Meditation: Beginner-friendly session every Sunday at 8:30 AM in the Emerson Room. For those who want to learn the basics of meditation and those who just want another opportunity to practice with a group.

Contact Phyllis Culham; mpg@uuannapolis.org.

"Inquirers" Series - Classes for Newcomers: A program to educate and integrate newcomers and to serve as a refresher for long-timers. The series is 8 one-hour classes led by ministers, staff and church members during Middle Hour or after church service in the summer months. Contact: Josh Long; jlong@uuannapolis.org

Light House Shelter Meals: UUCA members and friends prepare and serve dinner to shelter residents on the second Saturday of the month. If

you are interested in helping with meals for the Shelter, contact Rob Malone; rmalone68@gmail.com.

Mindfulness Practice Group: meets every Thursday in the sanctuary at 7:00 PM for meditation and dharma discussion.

Contact: Phyllis Culham; mpg@uuannapolis.org.

Outdoor Club: Holds monthly outdoor activities and outings for nature observation, companionship, spiritual sharing, and exercise.

Contact: Eloise Hoyt; eloisehoyt@verizon.net

The Tuesday Noon Lunch Bunch: Meets weekly mid-September -May in the narthex. Bring your lunch to eat during the half-hour social time, watch episodes of *CBS Religion & Culture News* as well as local & UU material suggested by the lunchers. Discussion follows. Contact: Bob Ertman; robertertman@msn.com.

UUCA Choir: with director Len Langrick; rehearses September-May every Wednesday at 7:00 PM. Provides relevant music twice a month for Sunday services. New members always welcome.

Contact: Len Langrick; llangrick@uuannapolis.org

UU Legislative Ministry of MD (UULM-MD): UULM-MD is a statewide advocacy network comprised of individual members and affiliated UU congregations. UULM-MD provides a voice in legislative action for UU values, principles and traditions. UUCA provides leadership, resources and support to UULM-MD. Contact: Margery Knight; margeryknight@gmail.com or call 410-266-8044, ext. 111.

UU Humanists: Naturalism-Science-Reason-Wonder-Compassion-Community-Respect. Book discussions and film viewings. Meets the 1st & 3rd Tuesday of the month; 6:00 PM potluck and 7:00 PM discussion; in the narthex.

Contact Cliff Andrew at 410-404-7170 or neurol@jhmi.edu.

UU Theists: A group of people interested in a UU perspective of theism. Meets the second Sunday of the month before the first service. Contact: John Fischer; jwlfischer@gmail.com.

Women in Transition: A covenant group of women meeting to support each other with change and its adjustments. Please contact the facilitator in advance of attending the meeting.

Contact: Sara Moulton; saramoulton33@gmail.com

Young Adult Group: Ministry that is focused on the spiritual formation and well-being of people ranging from ages 18-35. This group meets once a month at the church and does particular social events and social justice works throughout the year. Contact: Devan Costello-Mays ; dcostellomays@gmail.com

How to Suggest Changes to the Proposed New Bylaws by Heather Millar

The Governance Team engaged in extensive study, deliberations and compromise to develop their Report to the Board of Trustees delivered at the end of October 2018 in which they propose new bylaws for UUCA. These have been available in print and on the UUCA website since November. Members can suggest amendments to these Proposed Bylaws in writing with a justification. The deadline for amendment (s) is February 18th.

Detailed information and the "Bylaws Amendment Proposal Form" are available on the UUCA website by clicking the Governance slider at the top of the Homepage and hard copies are available in the church office. Suggested amendments will be fully considered by the Board and written dispositions of the proposed amendment (s) will be prepared. Because of the complexity of the bylaws and the amendment process, this is the only procedure for suggesting amendments to the Proposed New Bylaws. No motions for new amendments from the floor can be entertained at the congregational meeting on April 7th when we will vote to adopt the new bylaws.

Summary of How to Suggest Amendments to the Proposed Bylaws:

1. Attend at least one information meeting conducted by the Governance Team and Board;
2. Read the Summary of the Governance Team's Recommendations;
3. Read the entire Governance Committee Report, especially the Proposed Bylaws on pages 18-31;
4. Discuss your proposed amendment with a Board or Governance Team member;
5. Review the Bylaws Amendment Process to understand how your proposed amendment will be considered and processed;
6. Prepare a written proposed amendment with justification using the "Bylaws Amendment Proposal Form" and submit, DEADLINE: February 18

All documents referenced above are available on the UUCA website by clicking the "Governance" slider at the top of the UUCA Homepage. Hard copies are available in the UUCA office.



HIGHLIGHTS

Unitarian Universalist Church of Annapolis
333 Dubois Rd. Annapolis MD 21401-2123

Return Service Requested

Dated Material; Please deliver by
2/1/2019

Next Issue Deadline: 2/15/2019

PROFESSIONAL, PROGRAM, AND CHURCH STAFF

Church Office Hours:

Monday –Thursday 9:00 AM to 3:00 PM; Friday 10:00 AM to 2:00 PM
Closed Saturday and Sunday

Phone: 410-266-8044 www.uuannapolis.org

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<u>Board of Trustees</u>		
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Rev. Kathleen Rolenz	Interim Senior Minister, Ex Officio	