



# HIGHLIGHTS

To create the Beloved Community by inspiring and empowering all souls to live bold and compassionate lives.

Unitarian Universalist Church of Annapolis

## REV-Elations

The Blessings of the 8<sup>th</sup> Principle

By Rev. Kathleen Rolenz



The theme for the month of June is "Blessing," which may, at first, seem like a less-than-dynamic topic. Unitarian Universalists sometimes have to struggle hard to find their own interpretation of the word

"blessing" when not associated with its more traditional meaning; of being gifted something unmerited by a supernatural being. Instead, in preparation for our service on June 10<sup>th</sup>, the worship leaders and I have been exploring where and how to find a blessing in hard places.

UUCA's embrace of the 8<sup>th</sup> Principle was, in many ways, a blessing to this congregation. It means that we can no longer look at white dominated culture through rose-colored glasses. It means that we examine every assumption we have, every worship service, musical offering, business meeting, program we offer – through the lens of the 8<sup>th</sup> Principle. I had three different opportunities to do that on Mother's Day Sunday, May 13<sup>th</sup>.

The first one occurred after the service, when a member approached me about the Spanish verses of *De Colores*. He mentioned that they were "fragmented." I typed the words directly from the hymnbook, but I must confess, I didn't look at them closely enough to see if they mirrored what was in our hymnal. Nor, did I double check the translation with someone who speaks Spanish to make sure it actually made sense! It was a helpful catch, and a good reminder to pay more attention when typing those lyrics!

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## SHOW ME THE MONEY!

By Rev. John Crestwell Jr.



I was recently meeting with a member of our church when it dawned on me that our congregation has been very fortunate and given so much over the years, financially speaking. We are philanthropists but also recipients of enormous generosity! We are simultaneously receiving and granting great blessings (our theme this month).

Do you know that every year our **UUCA Endowment Program** gives thousands of dollars to local organizations seeking to do good in Anne Arundel County, Maryland? Yes we do! We give a percentage of our invested monies back to the communities we serve helping them to help themselves and others. Isn't that amazing? Curious? Check out their webpage: <http://www.uuannapolis.org/outreach/endowment>



Do you also know that we give half of the money collected from the **Sunday offering basket** to 12 different organizations throughout the year? Yes we do! Organizations like the NAACP and the Lighthouse Shelter, among many others, (email [me](mailto:me) for a complete list of recipients) are receiving financial help from UUCA thanks to your kindness each Sunday. I bet you

are now remembering that we actually vote on how our generosity will assist those in need throughout the year during the December Congregational Meeting. Cool right?

And...do you know that over **90% of the church's revenue is coming from your financial blessings, thus allowing us to take care of our building, grounds and people?** Yes it is! The cash you're putting in the offering basket, the checks you're putting in the mail, and the money you're giving online (set up electronically) makes it possible to keep our life-changing ministry going week after week. Because of your generosity our ministry is actively protecting progressive ideas while serving as the voice of

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# Sunday Services at UUCA @ 10:00 AM

## June 3, 2018

### A Coming of Age Service

Coming of Age youth will present their Credo statements (a sharing of the beliefs that guide their actions as members of our UUCA community) before the entire congregation. Come out to support our 8th graders and enjoy a worship service of their own creation. Learn their important perspectives and see the world differently through their eyes. As part of this service, our graduating high school seniors will also be honored.

## June 10, 2018

### Between a Rock and a Hard Place with UUCA Worship Leaders, The Ministry & Music Team, Lay Members

What do you do when you find yourself between a rock and a hard place? This Sunday's service will be like no other you've experienced! Using a multi-sensory and multi-media approach, the worship leaders, ministry and music team will create a service that explores the monthly theme of "Blessing."

## June 17, 2018

### Light the Flame with Rev. John T. Crestwell, Jr.

"It only takes a spark to get a fire going" the old hymn *Pass it On* says. On this very special Father's Day Sunday, come learn about the Central East Region's (CER) Chalice Lighter Program and how much it has fathered our and other vibrant ministries. And you're also in for a treat with powerful, uplifting music by Joshua Long and others.

## June 24, 2018

### Universalism...Our Saving Grace? with Joshua Long

In 1920, Olympia Brown gave her final sermon entitled "The Opening Doors" a few weeks after the passage of the 19th Amendment which gave women the right to vote in America. This victory sermon was a reminder to the Universalist in Racine, Wisconsin to remember their shared salvation and how they are called to be a blessing to others. A century later, this message may still ring true for us. Join me as I explore the Saving Grace of Universalism. Music by Betsy Kranning

## June Inquirers Classes

June 3	June 10	June 17	June 24
Inquirers 2 (required) Principles and Sources	Inquirers 3 Campus Tour & Orientation	Inquirers 4 Faith Development	Inquirers 5 UU History

## Gallery 333 Summer Show

By Debbie Boudra

Members and visitors to UUCA are invited to submit artwork for the Summer show opening July 6th. Gallery 333 is particularly interested in the themes **How do you identify?** and **What keeps you awake at night?** Images that might be social commentary, thought provoking, inclusive or celebrating diversity are some suggestions. Or perhaps portraits and self-portraits, studies of every day activities, celebrations of life and culture, focusing the lens on injustice. Other themes will also be accepted. All media are welcome - oils, acrylics, drawing media, watercolor, photography, pastels, collage and multimedia as well as 3D arts, assemblages or crafts. Let's fill the gallery with our deeply felt expressions. Deliver artwork to UUCA no later than July 3rd and email title, media and price (or NFS not for sale) to Debbie Boudra [4debsart@comcast.net](mailto:4debsart@comcast.net) for both framed and showcase work.

## Thank You! Thank You! Thank You!

By Dianne Moreau

Sincere expressions of gratitude to the following volunteers on Spring Clean Up Day:

**Lydia Shvydky, Darrel Nash, Craig Beyler, Patti Patterson, Kathy Higdon, Gale Erbe, Dan Moreau, Ken Apfel, Caroline Hadley, and Susan Eckert.**

We cleaned the kitchen, washed many windows, cleaned out the coat area, heat vents, and many other tasks. Thank you for your gift of time and energy to our church home.

AND...

Thank you to the outside crew who have put in many hours: **Joe Jehl, Win Decker, Ginny Klocko, Pat Fleearty, Lisa Fleearty, Judy Graham.**

Our beautiful grounds are receiving a lot of tender loving care!

On Sunday, May 6th, I met with approximately 24 parents, teachers and members of the Governance Team during Middle Hour to discuss what's happening in Religious Exploration. This brief article is to give those of you who couldn't attend the meeting an update of where we are and what you can expect.

1. The DRE Search Team is actively interviewing candidates for the Full-Time DRE position to be filled by August 1, 2018 or sooner, if possible. The DRE Search Team is Charlotte Wallace, Olga Pabon, Malcolm Woolf and Ginger Parsons. Rev. Kathleen Rolenz is the ministerial lead.
2. Rev. Kathleen will be meeting with Youth Coordinator Paul Berry to devise a plan for the 2018-2019 Youth Program. If you are currently, or will be a member of the youth group and are reading this and want to reach out to me to have a conversation, please text me at 440-653-3476. If you are a member of the Youth Group and have ideas and suggestions that I

can bring into my meetings with Paul, then please send them to me via (the now antiquated) email: [krolenz@uuannapolis.org](mailto:krolenz@uuannapolis.org). Both Paul and I want a re-invigorated Youth Program this fall.

3. I asked parents to reflect on the RE program. I asked them to discuss three questions in small groups: What should we KEEP doing in RE? What should we STOP doing in RE? What should we START doing in RE? The answers to these questions varied, but there were some main themes that emerged: Parents really hoped to keep Camp Beagle and felt it was a valuable way for children/youth to get to know each other; Parents wanted more opportunities for their kids to get to know each other and for parents to connect; parents would like a summary of what their children are learning each week so as to enforce those messages; and parents want to keep the strong programming that currently exists in OWL and Coming of Age.

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## Membership Matters

Joshua Long, Membership & Growth Coordinator

The Church has subscribed to the Soul Matters Sharing Circle curriculum for its monthly themes this past year. In this month's Small Group Ministry packet, there are two questions we are called to ask. "Do you notice the blessings surrounding you?" and "How are the blessings in your life leading you to bless others?" When we are experiencing change or transition, it can be difficult for us to stop and ask these questions about blessings, myself included. I finished my first year at Wesley Theological Seminary, moved from a 1 bedroom apartment to a townhouse, and got married all in the same month. Each and every one of these things is a huge blessing but in midst of boxes, final exams, and wedding decorations, I had trouble at times seeing my blessings in the midst of my busyness. During these times of transition, there will be confusion, people coming and going, mistakes made that we regretfully can't take back and other bumps in the road. All of this makes it hard to see the many blessings of having a church community, and how we can extend this community to others. As Unitarian Universalists committed to a living tradition, let us be reminded of the many blessings we have each received that compelled us to become a part of this sacred community. The Blessing of sacred and beloved community is not the illusion of perfection, but it is the reality of walking together with both our joys, sorrows, agreements, and debates. May we take part in creating the



beloved community here and now through maintaining right relationship with others, listening to one another, and welcoming those with open arms who also have been moved enough to join our church community. In this, we acknowledge our blessings and pass them on to others.

**New Members:** Tanya Grace, Mary Stetina, Fran Stetina

**Announcements:** Linda White will be stepping down as

the Greeters Coordinator. We are so grateful for her service to the church. Our Greeters help us create an environment that is welcoming and truly models radical hospitality. For the Summer months, I will be coordinating the Greeters Schedule but we are in search of someone to fill this service position in September. If you are interested in Greeting or feel you could serve as a greeter coordinator please email me. [jlong@uuannapolis.org](mailto:jlong@uuannapolis.org)

Small Groups are continually forming and expanding. Groups need to have 5 people in order to meet. Please send me an email if you are interested in joining.

- ✦ **New Groups Requiring 2-3 Members:** Eastern Shore, Broadneck/Cape St. Claire, Severna Park
- ✦ **Open & Active Groups Seeking New Members:** North County, South County, Arnold, Annapolis, Annapolis 2, Bowie/Crofton
- ✦ **Young Adult Group** is meeting June 3, 2 pm, place TBD. If you are over 18 but under 35 you qualify as a Young adult! Please contact me for more information.



## UUCA Board of Trustees

By Stan Haavik, Trustee At Large

The first meeting of your new Board of Trustees was held on May 11-12 at an idyllic spot on the Magothy River, complete with views of Osprey diving for fish and Egrets and Heron slowly moving through the marsh. It was an ideal venue for bringing minds to focus on issues facing our Church and for each of us to get to know others on the Board. This lovely venue was generously provided by Meg O'Regan and Thornell Jones.

Our activities were facilitated by Linda Rhoads, a recently "retired" veteran of over five years of Board service and someone with a wealth of experience as a facilitator. One of Linda's useful "tools" was to have each Board member declare preferred personal styles by standing near placards describing different "styles". As it turned out the members split, aligning with distinctly opposite styles and, surprisingly, along gender lines. We revealed some personality diversity--a good thing we think !

The discussion then turned to a review of UUCA's Governing Documents and Policies that provide a "manual" for the Board's operations. Having surveyed these documents we are better equipped to understand: "What does/should the Board do?" And the answer is: With the guidance of the Congregation, the Board proposes, discusses and prepares policies to establish and meet what the church is trying to achieve, our "Ends." Staff which includes volunteers, directed by the Senior Minister, implements these "Ends." The Senior Minister reports to the Board that has oversight responsibility to ensure that programs and actions reflect what the church is trying to achieve, reflecting our "Ends."

In another getting-to-know-you session, we presented some of our experiences and talents that can help in our leadership role in meeting the Ends of the church. One especially helpful exercise involved Linda presenting various scenarios and asking: "What is

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## What is a Chalice Lighter?

By Darrel Nash

*Hint. It does not refer to the Worship Leaders who assist with the Sunday morning celebrations.*

A Chalice Lighter is a member of a Unitarian Universalist congregation who wants to assist with growth and vitality in our UU congregations. A person does this by committing a small amount to a "Chalice Lighter" fund. All these individual contributions are used to fund projects in individual UU churches and Cluster Groups in the Central East region of the US who have committed to specific growth initiatives and help each realize their dreams. The grants can be used for: hiring or increasing hours paid to church staff, acquiring land or buildings, organizing a new congregation, and innovative growth.

Chalice Lighter funding has been one of the primary supports for new and imaginative programs in the region over the decades. Our congregation has benefitted from a number of these "Chalice Lighter" grants—the most recent being money to help hire Joshua Long our Membership and Growth Coordinator and our Director of Religious Exploration in 2013.

The grant is typically paid out over a three-year period in declining amounts each year. The idea is that this "seed money" picks up some of the cost of a new program. As the program grows the congregation takes on more of the financial cost and by the end of the third year, the congregation is totally funding the program.

On June 17, we are having "Chalice Lighter Sunday." This will be your opportunity to pledge a suggested \$20 three times a year to fund future growth and innovation programs in our region. Be ready to make your commitment to this most important program and become a Chalice Lighter.

Contacts: [Darrel Nash nash.darrelnash@gmail.com](mailto:nash.darrelnash@gmail.com) and [Rev. John Crestwell jcrestwell@uuanapolis.org](mailto:jcrestwell@uuanapolis.org)

## Administrative Update

by Susan Eckert, Church Administrator

By the time you receive this issue of *Highlights*, the church will be transitioning to the summer schedule, with one Sunday service at 10:00 AM. It's the time of year when many of us look forward to breaks from work or school and for opportunities for family time and hard-earned relaxation. Summer also provides opportunities to give time and money in a philanthropic way. And because donations to churches, non-profits and charities slump during the summer months, it is also important to consider other ways that we can give back and support those communities we care about. This year, before you go away on vacation, make it a priority to set up an online giving option for your operating pledge and then set it to reoccur automatically while you are away. The church's system, called *Access*, allows you to tie automatic giving to a credit or debit card, or to a checking or savings account. You can

also use *Access* to look up contact information for church members. Contact me to set this up.

As many of you already know, my scheduled office hours this summer will be modified; working more Fridays and fewer Sundays. I will continue to have office hours on 2<sup>nd</sup> and 4<sup>th</sup> Sundays. For the Sundays I'm away, there will be a FAQ sheet posted at the receptionist desk on where to find things, how to use the photocopier, make an art gallery purchase, etc. There may be some frustration, and you will learn how things get done without having to rely on a staff person. Please refrain from asking the ministers or R.E. Staff to handle your admin needs. This is not their role on Sundays. Additionally, for the first time in over 2 years, I will be taking a full week away (June 2-9). As always, Maurita, is in Monday – Friday to assist with calls and questions.

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[www.uuanapolis.org](http://www.uuanapolis.org); 410/266-8044

## Stronger Together with the Industrial Areas Foundation (IAF)

By Erin B. Snell

On May 3<sup>rd</sup>-5<sup>th</sup>, Rev. John Crestwell and I attended the Industrial Areas Foundation (IAF) 3-dy leadership training in Baltimore, as representatives of the UUCA congregation. We were joined there by individuals from the 16 faith/community-based institutions that represent the Anne Arundel County IAF Sponsoring Committee, as well as over a hundred other individuals from metro Maryland, Washington, DC, Northern Virginia, New York City, and New Jersey. IAF, established in 1940, is the largest and longest-standing community organizing network in the United States. It partners with existing civic organizations and religious congregations to further develop citizen leadership, build trust across communities, and act on locally identified issues. I was invited to attend because I have been working in our county to build coalitions with local leaders to advocate for more funding and equity in our public schools.

The IAF training covered topics such as power, self-interest, culture of broad-based organizing, public and private relationships, individual meetings, and how to build a core team for action. We learned how to seek out other community leaders to partner with us to act in order to make the world more “as it should be.” According to IAF, building relationships and understanding what motivates people is critical for creating a lasting and enduring organization, so we practiced doing so with our fellow training participants. I had the pleasure of spending time getting to know people from diverse ethnic, religious, and economic backgrounds. I especially enjoyed spending time with a grandmother from DC who lives and raised her three grandchildren in public housing and who advocates for affordable housing in DC and a mentor for youth exiting the justice system who works to foster parent engagement to build high quality schools in New Jersey. Having time to have real conversations and build these connections was good for the soul.

We learned some practical skills and strategies and each left with clear next steps, but by far the biggest take-away for me was a feeling of connection and hopefulness. Amidst these times of division in our country, it was comforting to meet people from all walks of life who are courageously working to make a difference where they can. They are bravely advocating for themselves and others, building strong connections in their communities, holding leaders accountable, and using their power for good. Through the experiences at the training, I felt seen and heard and experienced a sense of beloved community. By watching others be brave and vulnerable and share what at their core motivates them, a task that at times feels overwhelming and impossible began to feel in my grasp. The only way we are really going to make a difference is if we do it together. As our own congregation works for the greater good and finds places to give back, may we be courageously vulnerable with each other so that we can build relationships that will sustain us through the long haul.

**Mark your calendars!** July 12<sup>th</sup>, 7 pm. AACo IAF Sponsoring Committee member ACTION: Listening campaign results and next steps! Location TBD.

## Music Notes

By Betsy Kraning

Thanks to all UUCA Musicians for your music throughout this past year. To all the instrumentalists, the UUCA Choir, the Spirit Singers, the children....thank you! Imagine a church service without music. I've visited UU churches around the country, while vacationing, and have even volunteered to play hymns on the piano for churches with no piano player. At UUCA we are blessed, to not just have music, but excellent music provided by people who care, work hard, and understand that music is an important part of worship. Music, for me, helps to move ideas from the head to the heart. Our musicians have modeled a beautiful, beloved community over the past year....working together and making music together. Our music staff is diverse and offers great leadership so that UUCA experiences diverse music. How blessed I feel to have been a musician all my life and how happy to be with so many wonderful musicians at UUCA. Thank you!

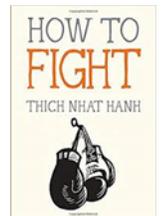
Arts in the Woods Concert for Sunday, June 4th, 2018 has been cancelled. Next concert is July 1st at 3:00pm.

M.A.D. Camp - please contact [Len Langrick](#) for information

## June Mindfulness from Thich Nhat Hanh's How to Fight

You do not need to own the book. Many topics are paired with practices from the book & which are done within the sessions.

- ◆ Thurs. May 31: Non-violence toward our own Anger-Awareness of sorrow
- ◆ Sun. June 3: “Enemies” –practice of belly breathing
- ◆ Thurs. June 7: Not feeding suffering—practice of Deep Listening
- ◆ Sun. June 10: Skillful Means—practice of mantras
- ◆ Thurs. June 14: Making Peace—practice of Beginning Anew (Practice Book)
- ◆ Sun. June 17: FATHERS' DAY—practice of seeing someone as a child



## RE News

(continued from page 3)

Keely Longo will continue to be the steady hand that ensures childcare happens over the summer. Nancy Kuhls will be our Admiral for Camp Beagle to keep the ship upright and afloat! Although I will not physically be in town during Camp Beagle, I'll be thinking of you and hoping for a great week of weather and a full week of fun and extraordinary learnings.

Thanks for your continued support of the Religious Exploration program at UUCA, particularly during this time of transition.

Rev. Kathleen

## REV-Elations (continued from page 1)

By Rev. Kathleen Rolenz

The second event happened while greeting a visitor to UUCA. I've been embarrassed in the past to meet someone for the first time, asking them "Are you new here?" only to discover that they have not only attended in the past, but that I actually spoke with them the previous week! So, I tend to lead with a presumption of familiarity; i.e., "You were here last week, weren't you?" More often than not, that has proved to be true. However, this visitor, who was a person of color, looked at me quizzically and asked "why would you think I was here last week?" Her question made me wonder if she thought I believed all people of color looked alike. Ah yes. She heard that question differently than I did. I was a bit embarrassed and didn't know what to say, but welcomed her and said I was glad she came that morning.

Finally, after the Mother's Day Sunday's service the staff received an email from two members who know sign language. They wondered about our decision to use a modified/adapted version of sign language to illustrate a particular song. The music for *The Song of Peace* also offered suggestions for ways to sign the song, and we included that as part of the presentation. The song was lovely, and the multigenerational choir sang it really well. Yet their email made us realize that a person who relied on sign language, to understand the words of the song, would have been confused. The reason they wouldn't have been able to understand the song was because it wasn't an actual interpretation of the text but rather signs used for artistic purposes and not for communication.

All of three of these incidents point to how the adoption of the 8<sup>th</sup> Principle helps us to challenge "business as usual." We – your staff and your ministers – try hard to put the 8<sup>th</sup> principle into practice in all we do – and yet at times we miss the mark. I can't tell you how personally grateful I am for all of these incidents, and for church members and visitors to name them. It's how I grow. It's how we change; one conversation at a time. It's a blessing to be called out and called in at the same time, done with such grace and sensitivity. I think it's Unitarian Universalism at its best. It's my hope that these lessons will embolden all of us to practice the principles we preach – every day. No exceptions – not even on Mother's Day!

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## June's Share the Plate Recipient

The June 2018 Share the Plate recipient is the Islamic Society of Annapolis. Visit [isamd.org](http://isamd.org) for more information.

## Administrative Update (continued from page 4)

By Susan Eckert

Many thanks to the January – April stewardship groups who have returned their pledge forms. Overall pledge levels at the end of April were at \$543k; slightly higher than our 2018 target goal of \$540k. In April, expenses exceed revenues by \$2.8k. Fortunately, the church is in good financial shape due to a strong first quarter. This is positive news, *and* no time to relax our giving. Revenues typically decline during the summer months (the aforementioned "summer slump"), but expenses (facilities and equipment maintenance, utilities, staff salaries) still need to be paid. Have a terrific summer, and please keep those pledge forms and payments coming!

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## SHOW ME THE MONEY! (continued from page 1)

By Rev. John Crestwell Jr.

religious liberalism in Anne Arundel County. Giving to your church is not only an important act of faith, it's a bold act of faith. Can I get an AMEN? We have much to be thankful for, in many ways.

Do you know that over the last twenty-five years, we have received financial contributions totaling (combined) over \$180,000 from the following groups: the Chalice Lighters, the UU Funding Panel and other UUA grant programs? Yes we have! Eighty Thousand dollars alone came from one source, the **Chalice Lighter Program**. (Please read Darrel Nash's article *What is a Chalice Lighter* on page 4 in this issue.) Information about the Chalice Lighter Program may be found in church publications and on display in the Narthex. Over the years, much has been invested in UUCA. "To whom much is given much is required." Knowledge is power, indeed, but so too is effectively using our financial blessings, (our money). Together let us continue show generosity to each other and to the communities we serve.

Love, Rev. John

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## UUCA Board of Trustees (continued from page 4)

By Stan Haavik

the Board's role in this scenario?" To have various actions presented in this way helped in clarifying the role of the Board.

Throughout our day and a half of interaction and deliberation our Interim Senior Minister and member of the Board of Trustees, Rev. Kathleen Rolenz, provided useful insights from her personal ministerial experiences and many interactions with our fellow UU churches. These observations informed much of what we discussed while not providing a prescription for what UUCA should be doing. She also presented a view of significant events that will occur over the next year including the forthcoming arrival of our new Intern Minister, a Church retreat planned for the fall, and initial work with a ministerial transitions specialist early in 2019.

In summary your new Board spent a marvelous day and a half learning a great deal about our partners on the Board and the responsibilities that we have now assumed.

# Other Events & Activities

## Events & Happenings at UUCA

**African Diaspora Identity Group:** A relational group of adults that meet monthly to share experiences, perspectives, and challenges particular to individuals of African descent. Newcomers welcome. Contact: LE Gomez; [le\\_for3@yahoo.com](mailto:le_for3@yahoo.com).

**Amnesty International:** The Annapolis Chapter of Amnesty International meets on the second Sunday of each month at 1:00 PM in the Reeb Room of the Fahs House. All are invited, especially members of the UUCA congregation who believe that one person can make a difference. Come check us out.

**Coming to the Table:** meets on the third Monday of the month at 7:00 PM in the sanctuary. Dissolving racism with understanding through conversation. Contact: Jane Carrigan; [jane-carrigan54@gmail.com](mailto:jane-carrigan54@gmail.com).

**Fiber Arts Fellowship:** needle crafters who meet on the second Thursday and fourth Sunday in the Young room. [Summer sessions vary] Contact: Ginger Parsons; [ginparsons@aol.com](mailto:ginparsons@aol.com)

**Full Circle:** meets monthly at 7:30 PM on the Friday night closest to the full moon. An experiential earth-based celebration open to all women over age 18. Contact **Keely Longo**; [kelongo705346@gmail.com](mailto:kelongo705346@gmail.com).

**Gallery at 333:** The Gallery at 333 is open Mon.-Thurs. from 10:00 AM to 3:00 PM and Sundays from 10:00 AM to 12:00 PM. Contact Debbie Boudra; [dancindebart@comcast.net](mailto:dancindebart@comcast.net).

**Introduction to Mindfulness and Meditation:** Beginner-friendly session every Sunday at 8:30 AM in the Emerson Room. For those who want to learn the basics of meditation and those who just want another opportunity to practice with a group. Contact Phyllis Culham at [mpg@uuannapolis.org](mailto:mpg@uuannapolis.org).

**"Inquirers" Series - Classes for Newcomers:** A program to educate and integrate newcomers and to serve as a refresher for long-timers. The series is eight (8) one-hour classes led by ministers, staff and church members during Middle Hour or after church service in the summer months. Contact: Josh Long; [jlong@uuannapolis.org](mailto:jlong@uuannapolis.org)

**Light House Shelter Meals:** UUCA members and friends prepare and serve dinner to shelter residents on the second Saturday of the month. If you are interested in helping with meals for the Shelter, contact Rob Malone; [rmalone68@gmail.com](mailto:rmalone68@gmail.com).

**Mindfulness Practice Group:** meets every Thursday in the sanctuary at 7:00 PM for meditation and dharma discussion. Contact Phyllis Culham at [mpg@uuannapolis.org](mailto:mpg@uuannapolis.org).

**Nifty Fifties +:** A social group for seniors, that meets periodically for dinners, game nights, and other outings. Potluck held the first Saturday of each month at 6:00 PM. Contact Claire Morgen at [cfriday@aol.com](mailto:cfriday@aol.com).

**Outdoor Club:** Holds monthly outdoor activities and outings for nature observation, companionship, spiritual sharing, and exercise. Activities as announced. Contact: Eloise Hoyt; [eloisehoyt@verizon.net](mailto:eloisehoyt@verizon.net)

**Rainbow Co-op:** a cooperative, Montessori-based program for young children that teaches the 7 "Rainbow Principles" of the UU faith. Meets Monday, Tuesday & Thursday mornings, 9:30-Noon. Mid September—Mid May. Contact: Alethea Shiplett; [fey-meadowsfarm@gmail.com](mailto:fey-meadowsfarm@gmail.com).

**Spirit Singers** Open to all musicians! Led by co-directors Betsy Kraning and Josh Long, this group provides diverse, intergenerational, multicultural, contemporary music once a month for worship services. Contact Betsy Kraning, Music Director at [bkraning@uuannapolis.org](mailto:bkraning@uuannapolis.org).

**The Tuesday Noon Lunch Bunch:** Meets weekly mid-September through May in the narthex. Bring your lunch to eat during the half-hour social time, watch episodes of *CBS Religion & Culture News* as well as local & UU material suggested by the lunchers. Discussion follows. Contact: Bob Ertman; [robertertman@msn.com](mailto:robertertman@msn.com).

**UUCA Choir:** with director Len Langrick; rehearses September-May every Wednesday at 7:00 PM. Provides relevant music twice a month for Sunday services. New members always welcome. Contact: Len Langrick; [llangrick@uuannapolis.org](mailto:llangrick@uuannapolis.org)

**UUCA Community Drum Circle:** Looking to connect with others in a spiritual yet visceral way? Try the Drum Circle! No musical experience necessary. Meets on the second Monday and fourth Tuesday in the sanctuary at 7:30 PM. Contact Chris Larragoite; [molson2002@verizon.net](mailto:molson2002@verizon.net)

**UU Legislative Ministry of MD (UULM-MD):** UULM-MD is a statewide advocacy network comprised of individual members and affiliated UU congregations. UULM-MD provides a voice in legislative action for UU values, principles and traditions. UUCA provides leadership, resources and support to UULM-MD. Email [info@uulmmd.org](mailto:info@uulmmd.org) or call 410-266-8044, ext. 111.

**UU Humanists:** Naturalism-Science-Reason-Wonder-Compassion-Community-Respect. Book discussions and film viewings as announced. Meets the first and third Tuesday of the month; 6:00 PM potluck and 7:00 PM discussion; in the narthex and the second and fourth Sunday at 11:15 AM in the Emerson room. Contact Cliff Andrew at 410-404-7170 or [neurol@jhmi.edu](mailto:neurol@jhmi.edu).

**UU Theists:** A group of people interested in a UU perspective of theism. Meets the second Sunday of the month before the first service. Contact: John Fischer; [jwlfischer@gmail.com](mailto:jwlfischer@gmail.com).

## Waking Up White with Debby Irving

Sunday, September 23, 2:00 PM to 5:00 PM

Debby Irving is a racial justice educator, author, and public speaker. A community organizer and classroom teacher for 25 years, Debby Irving grappled with racial injustice without understanding racism as a systemic issue or her own whiteness as an obstacle to it. A graduate of the Winsor School in Boston, she holds a BA from Kenyon College and an MBA from Simmons College. Her first book, *Waking Up White*, tells the story of how she went from well-meaning to well-doing. Registration information coming soon.



# HIGHLIGHTS

Unitarian Universalist Church of Annapolis  
333 Dubois Rd. Annapolis MD 21401-2123

*Return Service Requested*

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**Monday -Thursday 9:00 AM to 3:00 PM; Friday 10:00 AM to 2:00 PM**  
**Closed Saturday and Sunday**

**Phone: 410-266-8044 [www.uuannapolis.org](http://www.uuannapolis.org)**

<u>Name</u>	<u>Position</u>	<u>Email Address</u>
Rev. Kathleen Rolenz	Interim Senior Minister	<a href="mailto:krolenz@uuannapolis.org">krolenz@uuannapolis.org</a>
Rev. John T. Crestwell, Jr.	Associate Minister	<a href="mailto:jcrestwell@uuannapolis.org">jcrestwell@uuannapolis.org</a>
Susan Eckert	Administrator	<a href="mailto:seckert@uuannapolis.org">seckert@uuannapolis.org</a>
Maurita Williams	Administrative Assistant	<a href="mailto:mwilliams@uuannapolis.org">mwilliams@uuannapolis.org</a>
Joshua Long	Director of Contemporary Music/ & Membership Coordinator	<a href="mailto:jlong@uuannapolis.org">jlong@uuannapolis.org</a> <a href="mailto:membership@uuannapolis.org">membership@uuannapolis.org</a>
Keely Longo	DRE Assistant	<a href="mailto:klongo@uuannapolis.org">klongo@uuannapolis.org</a>
Paul Berry	Youth Coordinator	<a href="mailto:pberry@uuannapolis.org">pberry@uuannapolis.org</a>
Elizabeth Kraning	Music Director	<a href="mailto:bkraning@uuannapolis.org">bkraning@uuannapolis.org</a>
Len Langrick	Choir Director	<a href="mailto:llangrick@uuannapolis.org">llangrick@uuannapolis.org</a>
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