



# HIGHLIGHTS

Unitarian Universalist Church of Annapolis

Volume 58, Issue 5

May 2015

## What Are We Doing!?

—an excerpt from Rev. Christina's blog,  
April 21, 2015

Do you ever just wonder... What the heck is going on around here? I wonder that a lot in my own life - What am I doing? What's the purpose? Why am I here?

I don't mean that in a defeatist sort of way. I mean it literally; I'm trying to figure out what's going on and how I contribute to the world. Sometimes I wonder that about church, too. Why do we exist? What is our purpose? Why did I commit my life to this faith when I had other career options? What are we doing!?

I found this quote from A. Powell Davies today; a friend had posted it on her Facebook page. A. Powell Davies was a very influential Unitarian minister in DC in the mid-1900s. He helped found all the "Beltway" UU Churches, making DC a great place to be Unitarian (or now, Unitarian Universalist). This quote helped me remember what we're doing here.

*Let me tell you why I come to church. I come to church—and would whether I was a preacher or not—because I fall below my own standards and need to be constantly brought back to them. I am afraid of becoming selfish and indulgent, and my church—my church of the free spirit—brings me back to what I want to be. I could easily despair; doubt and dismay could overwhelm me. My church renews my courage and my hope. It is not enough that I should think about the world and its problems at the level of a newspaper report or magazine discussion. It could too soon become too low a level. I must have my conscience sharpened—sharpened until it goads me to the most thorough and responsible thinking of which I am capable. I must feel again the love I owe to others. I must not only hear about it but feel it. In church, I do. I am brought toward my best, in every way toward my best.*

(A. Powell Davies, 1902 - 1957)

A. Powell Davies doesn't say here, "I come to church because I like the sermons," or "I come to church because it's a great place to meet folks to fix the world." He comes to church because he, himself, personally, needs reminding about his own impulses and he needs to be brought back into line with the values he holds dear. He says he comes to be "sharpened until it goads me to the most thorough and responsible thinking of which I am capable." Being sharpened and goaded isn't that much fun. Church is fun... Yes! We sing, play, eat, and dance together. But it's not JUST fun. That's not its purpose. What are we doing here? We are becoming the Beloved Community that we

(con't)

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**Next Highlights Deadline:**  
**May 15**

**[highlights@uuannapolis.org](mailto:highlights@uuannapolis.org)**

believe the world can be. Because if we can't do it in this little microcosm we call church, we really can't do it anywhere. And it can't start "out there". It must first start with us, in our own hearts and minds, until it can spread out into the world.





**WHO WE ARE  
AND  
WHAT WE BELIEVE**

At the Unitarian Universalist Church of Annapolis, we are seekers of the truth.

We invite all persons of every faith, creed, culture and background to engage in a search for truth with us. We believe in the dignity and worth of every human being and in freedom of expression. We welcome and celebrate all people, be they straight, gay, lesbian, bisexual or transgender.

We are committed to this church as an institution, to social justice, to liberal religious exploration and education for all ages, to mutual caring and support, and to the value of diversity.

We strive to care about each other and the health of our community and the world. We are an environmentally sensitive, "green" community.

This church is a place of safety for each person's mind, body and spirit. Toward that end, we covenant to affirm and promote: Honesty and authenticity in our relationships; words that are supportive and caring, not belittling or demeaning; a welcoming and non-judgmental attitude; respect for each person's boundaries of mind, body and spirit; and listening to one another.

In order to serve the congregation and the greater community, we also strive to create an environment that challenges, inspires, encourages and supports the quest for religious fulfillment.

Please join us!

## Habitat House Renovation

—Al Pulsifer

UUCA will again be partnering with Habitat for Humanity of the Chesapeake and other faith partners to renovate a house at 123 Clay Street. The new owner will be Shirley Gordon. This will be the sixth time that UUCA has partnered with Habitat for Humanity to build homes with deserving families.

After surviving childhood abuse and a five year struggle with drugs, Shirley Gordon was able to recover and take the further step of using her own life experiences to reach still-suffering addicts, working as a certified Addiction Counselor and a Mental Health Technician at Washington Hospital Center in the Department of Psychiatry in Washington, DC. Her life of growing by giving back continued when Shirley went to work for United Planning Organization, initially assisting residents living in D.C. Public Housing and later working with mothers and children in in-patient drug treatment. Shirley and her three girls—Crystal, Christian, and Kavina—now live in Section 8 housing.

Since Shirley is legally blind, she is unable to work on the construction site to perform her sweat equity hours. Instead, Shirley has contributed more than 300 hours to "Teen Mom's Fresh Start," a community-based nonprofit that assists teen mothers as they build a life for themselves.

UUCA and our interfaith partners will provide \$144,700 to cover the cost of the home and will work together in all aspects of the project from groundbreaking to dedication of the home. UUCA has pledged to raise \$15,000 of the total needed for the house. Habitat for Humanity is the Share-the-Plate recipient for the month of May; funds collected will be put toward this project.

If you are interested in contributing or working on this project, please contact Pat Fleearty ([pfleearty@hotmail.com](mailto:pfleearty@hotmail.com)).



123 Clay Street, Annapolis

FROM THE BOARD  
OF TRUSTEES...



Questions or comments for the Board?  
Contact Heather Millar, Board Secretary  
at [board@uuannapolis.org](mailto:board@uuannapolis.org).

We would like to introduce the new UUCA Board of Trustees, Nominating Committee, Endowment Board, and Moderator:

**Board of Trustees**

Ken Apfel	<b>President</b>
Linda Rhoads	<b>Vice President</b>
Heather Millar	<b>Secretary</b>
Maury Marks	<b>Finance Officer</b>
Gina Williams	<b>Trustee At-Large</b>
Alethea Shiplett	<b>Trustee At-Large</b>
Larry Werner	<b>Trustee At-Large</b>

**Nominating Committee**

Marlene Browne, Dianne Moreau, Kari Bichell, Tony Hipszer, Tiffany Hipszer, Rob Malone, Jason Hitchcock, Shauntee Daniels, and Jan Bird

**Endowment Board**

Jan Lucie, Irene Jordan, Jackie Heimbuch, Dick Roop, Robert Ertman, Phyllis Marsh, Caroline Hadley, and Don Patterson

**Moderator**

Marsha Schachtel

On Sunday, **May 10**, please join some members of the new Board in the sanctuary during Middle Hour for a meet-and-greet session, and to allow members and friends of UUCA to share their hopes and dreams for our church in the years ahead.

As a reminder, there are several important church documents that can be viewed on the church website, [www.uuannapolis.org](http://www.uuannapolis.org). From the homepage, choose the “Leadership” tab, and then select “Meet Our Board”. Toward the bottom of the page, you will find links to the UUCA Constitution, By-Laws, Board of Trustees Governing Policies, Conflict of Interest Policy and other documents. Due to their nature, UUCA Board of Trustees meeting minutes, financial documents and the Triennial Ministry Review Report with all the questions of the survey are accessible to UUCA members with a password only. See directions in the box always available on this newsletter page to view password protected documents.

—Larry Werner, UUCA Board Member



**To Access Board Documents Online:**

Visit [www.uuannapolis.org/board-meeting-minutes](http://www.uuannapolis.org/board-meeting-minutes), which is protected by a password. Contact the Church Office for the password; [mreese@uuannapolis.org](mailto:mreese@uuannapolis.org).



**Sunday, May 3:**

**“Differences That Make  
a Difference”**

**Rev. Fred Muir &  
the Ministry Team**

The Ministry Team leads this service on differences that make a difference. Special guest Phyllis Braxton joins us during Middle Hour.

Music by the UUCA Choir.

**Sunday, May 10:**

**“Samsara—Round & Round  
We Go”**

**Rev. John Crestwell**

My journey to Unitarian Universalism has led me in a complete theological circle. Where has your spiritual journey led you? Come hear more.

Music by Sara Jones.

**Sunday, May 17:**

**Music Ministry Sunday:  
Musicians Building the  
Beloved Community**

A special service to honor and recognize how music and our musicians are a thread throughout the life of the church...connecting us, helping us grow, helping us heal, and building the Beloved Community. This music-filled service will include our string quartet, a special Wonder Box presentation by the Spirit Singers, “Children’s Leave-Taking” song led by the children, and the UUCA Choir will offer a musical tribute to Betsy Jo Angebrandt,

UU composer, musician, and former UUCA Choir Director.

**\*Sunday, May 24:**

**“Support & Defend—  
A Memorial Day  
Remembrance”  
Patricia Owen,  
Intern Minister**

“The young dead soldiers do not speak. Nevertheless, they are heard in the still houses: who has not heard them?”  
*(Archibald MacLeish)*

Music by Al & Ginger Adams.

**\*BEGIN SUMMER WORSHIP  
SCHEDULE- ONE SERVICE  
AT 10:00 AM ONLY**

**Sunday, May 30:**

**Coming of Age Service**

This special service is presented by our Coming of Age youth, which includes a reading of their own personal credos and a ‘bridging ceremony’, in which the teens graduate from COA to the YRUU High School youth group.

*Podcasts of weekly sermons  
are available online at  
[www.uucamd.libsyn.com](http://www.uucamd.libsyn.com).*

**May AWAKE Services**

**May 3: Wedding Day - AWAKE Style!** Join us as we sing popular love songs and celebrate the love and wedding of Matt Grey & Jessica Packer--AWAKE Style!

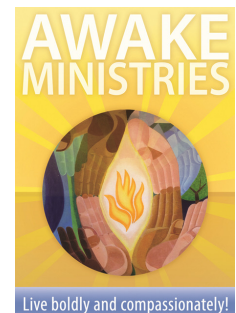
**May 10: You’re A Witch!** We’ve heard the words “pagan” “witch” and “tree hugger” used negatively. Today you will learn what it means to be a naturalist, animist, and nature lover!

**May 17: Buddha & Justice** Phyllis Culham of the Mindfulness Practice Group will be leading us in our understanding of Buddhism, suffering and justice.

**May 24: Humanist Manifesto** The Humanist Manifest I, II, & III were all created in the spirit of community, freedom, equality, and honesty. Come learn more about Humanism.

**May 31: Bruce Lee & Taoism** Bruce Lee was a Kung Fu master as well as a Taoist philosopher. His martial arts was heavily influenced by his philosophical understanding of Yin and Yang.

**Potluck - 4:00 PM  
Worship - 4:30-6:00 PM**





## MIDDLE HOUR AT UUCA

*Rev. Christina Leone Tracy,  
Faith Development Minister*

### MIDDLE HOUR FOR ADULTS --MAY

#### MAY 3:

**Sanctuary - Special Guest Speaker Phyllis Braxton** A culmination of the weekend's workshop, as well as an extension of the morning's worship theme.

**Young Room - Spring New Member Reunion** [*Patrick Lee, Newcomer Support Team*] If you joined the church in March as a new member, this is for you!

#### MAY 10:

**Sanctuary - Meet the New Board** [*Ken Apfel*] Last month you elected a new Board of Trustees. Come meet them, and voice your joys and concerns about UUCA as they prepare for a year of leadership.

**Library - Going Deeper Discussion** [*Lay Minister*] Come discuss the themes of the worship service.

**Young Room - UU Theism** [*Rev. Christina*] Come discuss what it means to be a UU theist—a Unitarian Universalist who believes in a God. This might be the beginning of a new group. Come if you're interested in expanding the inspirational perspectives at UUCA.

**RE Sanctuary - UU Humanism: Session 7** [*Cliff Andrew*] Ongoing exploration of UU Humanist values continues today with "compassion".

#### MAY 17:

**Sanctuary - Taize Singing** [*Betsy Kraning & Ginger Parsons*] Repetitive short melodies sung to induce a meditative and prayerful state; very relaxing and fun!

**Library - Going Deeper Discussion** [*Lay Minister*] Come discuss the themes of the worship service.

**Young Room - UU Theism** [*Rev. Christina*] See description above.

**RE Sanctuary - UU Humanism: Session 8** [*Cliff Andrew*] Ongoing discussion of UU Humanist values concludes today with "community".

**MAY 24 & 31 - SUMMER WORSHIP SCHEDULE BEGINS - ONE SERVICE ONLY AT 10:00 AM.  
NO MIDDLE HOUR THROUGHOUT SUMMER MONTHS.**



#### UUCA HISTORY-

##### *Did you know...*

...the first UUCA book swap was organized by the Simplicity Circle Covenant group in February 2004. This April's book swap was our 21st!

...the first Outdoor Club outing was a warm and sunny February 28, 1998 hike on the Billy Goat Trail. After approximately 10 monthly outings a year, we celebrated our 18th anniversary on February 28, 2015 on the icy, snowy trails of Downs Park where we could look at the frozen-over Chesapeake Bay.

—*Eloise Hoyt*

## **Middle Hour in May Children & Youth**

**Beginner RE:** a wrap-up of the concepts we've learned this year, and a celebration of the new friends we've made!

**Spirit Play I & II:** review of the 7 Promises (Principles) and celebrating the year before we end for the summer. **Water Day on May 24!** Wear a swimsuit and bring a towel!

**URUU:** learning about important UU women; planning and serving dinner at the Light House on May 9.

**Neighboring Faiths:** closing celebration and orientation to OWL.

**OWL:** topics include sexual harassment, consent; closing celebration and orientation to COA.

**COA:** planning COA service on May 31.

**YRUU:** discussion; plan bridging ceremony.

## **Childcare in May**

### ***During services for children ages 4-10 years***

**May 3:** Joy of the Arts  
(with Ray Watkins)

**May 10:** TBA  
(with Kristine Steinkoenig)

**May 17:** "Journeys"  
(with Debi Jasen)

**May 24 & 31:** Summer Worship schedule begins; one service only at 10:00 AM. No Childcare - RE only.

## **The Building Expansion Exploratory Committee (BEEC) Focuses on Capital Improvements**

—Dianne Moreau

BEEC has been meeting biweekly since October 2014 with the mission to explore the space needs of the UUCA and options for the Fahs House and main church building with a focus on sustainability, energy efficiency, and ADA compliance.

The results of the Congregational Survey support making substantive changes to the current building and not proceeding with 2011 new Sanctuary Design. So the immediate priorities for BEEC have been focused on improving our present buildings and in particular the lower level of the main church building.

An in-depth space analysis found a need for increased/repurposed RE space. In order to repurpose already existing space, we propose adding a new administrator office to the first floor in the existing office area. This will free Susan Eckert's (administrator) current office downstairs to be used as a classroom. In our visits to three other UU churches, we observed almost all classrooms to have new stacking chairs for BOTH adults and children. New furniture configurations could increase the use of the downstairs for adults and children.

After investigating new flooring for the downstairs, the committee recommends sustainable carpet squares for the church. The money spent on monthly care of the vinyl tiles can be offset by the use of the carpet squares that only need vacuuming and occasional shampooing. Other churches are very pleased with their decision to install carpet squares. And as in any home, repainting the entire downstairs and replacing major portions of the aged ceiling will make a fresh, clean area for all children and adults participating in RE activities.

The downstairs restrooms need updated toilets, new flooring and ADA compliant stalls. And as we focus on ADA compliance, an elevator is needed between the two floors. Our investigation into the needs for an elevator led us to recommend a smaller elevator option that can easily transport a person using a wheelchair with an accompanying person.

Needed exterior repairs are obvious. Outdoor steps, the rear walkway, and windows in the RE space all require replacement or refurbishment.

The cost estimate for the above improvements is \$185,000-\$200,000. These funds are available in the current Capital Campaign funds. We hope to have a special Congregational Meeting in the next couple of months to approve the use of these funds for these needed Capital Improvements and begin working on them this summer.

We want your feedback. We plan additional meetings and you can reach us at [beec@uucannapolis.org](mailto:beec@uucannapolis.org).

## WELCOME NEW MEMBERS!

The following individuals signed the Membership Book this spring:

Shonna Franks	Rebecca Mastroanni
Ann White	Shepherd White
Tom Moore	Gwen Moore
James White	Linda White
Giovanni Brancato	Rachel Waterman Brown



Congratulations to these new UUCA members!

## UUCA PICTORIAL DIRECTORY

UUCA, along with Lifetouch Photography, will be producing a new photo directory for our members and friends. Photo sessions are scheduled for early June (see dates below).



### How do I schedule a photo session?

1. Visit [www.tinyurl.com/UUCADirectory2015](http://www.tinyurl.com/UUCADirectory2015) to schedule your session online.
- OR 2. Call the church office 410-266-8044 for help scheduling.
- OR 3. Visit the photo directory table in the narthex, where someone will help you schedule online.



### PHOTO SESSION DATES & TIMES:

- June 4 2:00-9:00 PM
- June 5 2:00-9:00 PM
- June 6 10:00 AM-5:00 PM
- June 9 2:00-9:00 PM
- June 10 2:00-9:00 PM
- June 11 2:00-9:00 PM

### Special Offers from Lifetouch:

- complimentary 8x10 and directory with photo session
  - 20% off portrait purchases (coupon given when appointment is made)
  - \$5 off portrait purchases with donation of food item for the Light House on day of sitting.
  - \$10 off coupon offered in your appointment reminder email
- [All coupons must be presented at the time of photography session.]

**VOLUNTEERS NEEDED** to help schedule online appointments on Sunday mornings, and on photo days. Contact Rev. John ([jcrestwell@uuannapolis.org](mailto:jcrestwell@uuannapolis.org)) if you can help.



## UPCOMING EVENTS

Visit our [online calendar](#) for more events and scheduling information.

***“Embracing Our Multicultural Present & Future” with Phyllis Braxton;*** Friday, **May 1**, 7:00 to 9:00 PM and Saturday, **May 2**, 9:30 AM to 4:00 PM. Gain a greater awareness of how culture impacts cognitive and behavioral responses to conflict and how to apply this awareness to our congregation and your personal and professional interactions. Registration \$60; **Register:**

[tinyurl.com/Braxtonworkshop](http://tinyurl.com/Braxtonworkshop)

***UU Humanists*** will meet Monday, **May 4 & 18**, at 6:00 PM for a potluck in the narthex and then view interesting and enlightening shorts from YouTube, TED Talks, and various internet clips.

**Contact:** Cliff Andrew;

[neurol@verizon.net](mailto:neurol@verizon.net)  
[tinyurl.com/UUCAseder2015](http://tinyurl.com/UUCAseder2015)

***Outdoor Club*** - Saturday, **May 16**, we'll meet at the Park & Ride (I-97 & Benfield Rd) at 9:00 AM to carpool to Monocacy National Battlefield.

**Contact:** Eloise Hoyt,  
[eloisehoyt@verizon.net](mailto:eloisehoyt@verizon.net).

***Meet the Artist Reception*** - Sunday, **May 17**, 12:30 PM. Meet the Gallery 333 artist for the May/June show.

**Contact:** Deb Boudra;  
[dancindebart@comcast.net](mailto:dancindebart@comcast.net).

The ***Book Club*** meets Tuesday, **May 19**, at 7:00 PM when we will be discussing *Orphan Train* by Christina Baker Kline. All are welcome even if you haven't finished the book.

**Contact:** Jean Gruber;  
[grubers@netzero.com](mailto:grubers@netzero.com).

***“Fourth Fridays” Concert Series*** – Friday, **May 22** at 8:00 PM, come to hear local favorite, the ***Unified Jazz Ensemble***. The group offers an innovative program of jazz standards and original pieces. Mike Noonan leads the ensemble, is a composer and multi-instrumentalist often playing vibraphone or marimba. He is joined by Dominic Smith on drums, John Pineda on bass and Tim Stanley on trumpet. Since they began in 1992, the group has recorded 8 original CDs. Tickets \$15 (at the door only) or purchase a \$60 series ticket good for five performances.

***Water Day*** - celebrate the end of the RE year with some water fun! ***For children ages 4-10;*** Sunday, **May 24** during the 10:00 AM service. Wear your swimsuit and bring a towel! Weather permitting, of course.

**Contact:** Elise Berrocal;  
[eberrocal@uuannapolis.org](mailto:eberrocal@uuannapolis.org)

### **Save the Date:**

**Pictorial Directory Photo Sessions:** UUCA will be publishing a new photo directory in conjunction with LifeTouch photography. Be sure to sign your family up for a photo session! Dates are **June 4-6 & 9-11**. Sign up online at [www.tinyurl.com/UUCADirectory2015](http://www.tinyurl.com/UUCADirectory2015)

***“Building A New Way”*** is the theme for the UUA's ***General Assembly*** to be held in Portland, OR, **June 24-28**. Visit [www.uua.org/ga](http://www.uua.org/ga) for more information.

### **ATTENTION LIBRARY BORROWERS - RECALLING ALL BOOKS ASAP!**

A small group of enthusiastic volunteers has assembled to renovate/update the **Dale Stayton Memorial Library**. Currently, there are **142 titles** listed as **“checked out”**.

Before we acquire new books, we'd like to assess our inventory. To do so, we need as many of these books returned as possible. Please check your shelves at home; if you find one of our books, you may return it to a box that will be kept in the coat area for just this purpose. This is a period of “amnesty”; no fines will be assessed for even those books that have been out for a long period of time.

We are not accepting donations at this time. There will be a call by title in the future.

**THANK YOU!**



**Sunday, May 10**



# May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
8:30 AM Intro to Mindfulness 9:00 AM Worship/CC 10:10 AM Middle Hour 11:15 AM Worship/CC 4:00 PM AWAKE Worship <b>3</b>	6:00 PM UU Humanists <b>4</b>	12:00 PM Lunch & Video Discussion Group <b>5</b>	7:00 PM Choir Rehearsal <b>6</b>	7:00 PM Mindfulness Practice Group <b>7</b>	7:00 PM Phyllis Braxton workshop <b>1</b>	9:00 AM Phyllis Braxton workshop <b>2</b>
8:30 AM Intro to Mindfulness 9:00 AM Worship/CC 10:10 AM Middle Hour 11:15 AM Worship/CC 4:00 PM AWAKE Worship <b>10</b>	<b>11</b>	12:00 PM Lunch & Video Discussion Group <b>12</b>	7:00 PM Choir Rehearsal <b>13</b>	7:00 PM Mindfulness Practice Group <b>14</b>	7:30 PM Bridge Club <b>15</b>	9:00 AM Outdoor Club <b>16</b>
8:30 AM Intro to Mindfulness 9:00 AM Worship/CC 10:10 AM Middle Hour 11:15 AM Worship/CC 12:30 PM Meet the Artist 4:00 PM AWAKE Worship <b>17</b>	6:00 PM UU Humanists <b>18</b>	12:00 PM Lunch & Video Discussion Group 7:00 PM Book Club <b>19</b>	<b>20</b>	7:00 PM Mindfulness Practice Group <b>21</b>	8:00 PM 'Fourth Friday' Concert <b>22</b>	<b>23</b>
8:30 AM Intro to Mindfulness 10:00 AM Worship 10:30 AM Water Day 4:00 PM AWAKE Worship <b>24</b>	Office Closed – Memorial Day Observance <b>25</b>	<b>26</b>	<b>27</b>	7:00 PM Mindfulness Practice Group <b>28</b>	<b>29</b>	<b>30</b>
8:30 AM Intro to Mindfulness 10:00 AM Worship/RE 4:00 PM AWAKE Worship <b>31</b>						

## A Non-Violent Snowball Fight in March? Yes, In Mindfulness...

—Phyllis Culham

Forty people from four states came for Barbra Esher and Rhonda Eldridge's workshop in Non-Violent Communication combined with aspects of a Day of Mindfulness: The Path of Working with Anger: Panning for Gold. The "panning for gold" meant examining anger as it arises, never denying its existence or trying to stuff it back down. The "gold" was the lessons anger presents about what we really want and the pain we really feel. Rhonda and Barbra made a great team. Rhonda (an engineer when not a NVC trainer) was the hyper-organized timekeeper who guided with goals and instructions. Barbra, ordained in Thich Nhat Hanh's Zen Order of Interbeing, offered her one, ambitious goal for the day: that the next time we felt angry, we'd say "Yippee! A high energy state I can learn from fast!" instead of just looking to escape the discomfort.

From the first small groups on participants kept talking about "instant friendship" and "surprising instant sharing." Many said that they'd expected it to be hard to get NVC people to slow down and be largely silent or to teach steps of NVC to mindfulness practitioners who had not done reading assignments. Both sets of practitioners were intermixed in all three small group exercises and throughout the tables at lunch. This instant community, on which many commented with surprise, only broke down after lunch when some NVCers persisted in, well, talking, while mindfulness people heeded Barbra's call to Deep Relaxation in what silence was available.



'snowball' fight

Everyone came back together for an energizing "snowball fight" before the last small group exercise. We identified feelings we'd like to hurl away from us and wrote them on sheets of paper to crumple. We then made physical the practice of throwing feelings at others, lashing out rather than examining them or articulating them. We watched the feelings spread around the room, and we got hit in exchanges which hadn't even involved us. We could only retaliate by picking up the feelings of others which were hurled around. That kept it going. That left us in the just the right, pensive mood for the final small group exercise combining Mindfulness and NVC: listening to others' experiences of anger without reacting during their tales, evaluating them, or advising, using card responses to see if we were understanding their feelings. We'd had a nearly perfect rhythm of challenging engagement within groups alternating with guided meditations to watch our own bodies and feelings and to contemplate what we had learned.

## SHARE-THE-PLATE COLLECTION

The **March** Share-the-Plate raised a total of \$1,675.14 to benefit **Arundel House of Hope**. The **April** collection, for **the Light House**, will be reported in the next issue.



The Share-the-Plate recipient for **May** will be **Habitat for Humanity**. UUCA is currently partnering with Habitat on a home build located in Annapolis at 123 Clay Street. You can read more about the project in a separate article on page 2 of this *Highlights* issue. For information about the build itself, or to volunteer, contact Pat Fleearty; [pfleearty@hotmail.com](mailto:pfleearty@hotmail.com).

Every Sunday, the plate collection will be divided evenly between the chosen recipient and UUCA's operating budget. Therefore, **if you place a check in the offering plate, you must indicate pledge or outreach on the memo line**. If a check is without notation, it will automatically be applied to the plate share. Once the funds have been transferred to the charity, your contribution cannot be reallocated to your pledge. Thank you for your generosity. If you have any questions about Share-the-Plate charities, contact Diane Goforth; [dsgoforth@aol.com](mailto:dsgoforth@aol.com); for questions about Share-the-Plate policies, contact the Church Office; [mreese@uuannapolis.org](mailto:mreese@uuannapolis.org).



## ONGOING EVENTS

**Amnesty International:** The Annapolis Chapter of Amnesty International meets on the second Sunday of each month at 1:00 PM in the Emerson Room of the Fahs House. All are invited, especially members of the UUCA congregation who believe that one person can make a difference. Come check us out.

**Book Club:** meets on the third Tuesday of each month at 7:00 PM in the church library. Contact Jean Gruber 410-216-9575 .

**Bridge Club:** meets the third Friday each month at 7:30 PM in the Emerson Room of the Fahs House. Contact Anne Hays for information; [annehays1933@gmail.com](mailto:annehays1933@gmail.com).

**Full Circle:** meets monthly at 7:00 PM on the Friday night closest to the full moon. An experiential earth-based celebration open to all women over age 18. Contact Jodi Delaney; [jodimonkey@verizon.net](mailto:jodimonkey@verizon.net).

**Gallery at 333:** The Gallery at 333 is open Mon.-Thurs. from 10:00 AM to 3:00 PM and Sundays from 10:00 AM to 12:00 PM. Contact Debbie Boudra; [dancindebart@comcast.net](mailto:dancindebart@comcast.net).

**GLBTQ Group:** If you identify as gay, lesbian, bisexual, transgender, queer, or questioning join us for fun, fellowship, and advocacy. Contact Marie; [balanceseeker@comcast.net](mailto:balanceseeker@comcast.net).

**Introduction to Mindfulness and Meditation:** Beginner-friendly session every Sunday at 8:30 AM in the Emerson Room. For those who want to learn the basics of meditation and those who just want another opportunity to practice with a group. Contact Phyllis Culham at [mpg@uuannapolis.org](mailto:mpg@uuannapolis.org).

**Light House Shelter Meals:** If you are interested in helping with meals for the Shelter, contact Carrie Kotcho; 410-451-1844; [ckotcho@verizon.net](mailto:ckotcho@verizon.net).

**Mindfulness Practice Group:** meets every Thursday in the sanctuary at 7:00 PM for meditation and dharma discussion. Contact Phyllis Culham at [mpg@uuannapolis.org](mailto:mpg@uuannapolis.org).

**Nifty Fifties +:** A social group for seniors, that meets periodically for dinners, game nights, and other outings. Contact Claire Morgen at [cfriday@aol.com](mailto:cfriday@aol.com).

**Partner Church Ministry:** Based upon our common religious principles and ideals, this multigenerational group develops and sustains a relationship between UUCA and the communities of our partner congregations in Transylvania; the Unitarian Church of Homorodalmas (Almas) and the Unitarian Church of Rava. Contact Heather Millar; [heathermillar@gmail.com](mailto:heathermillar@gmail.com).

**Spirit Singers** Open to all musicians! Led by co-directors Betsy Kraning and Josh Long, this group provides diverse, intergenerational, multicultural, contemporary music once a month for worship services. Contact Betsy Kraning, Music Director at [bkraning@uuannapolis.org](mailto:bkraning@uuannapolis.org).

**The Tuesday Noon Brown Bag Lunch & Video Discussion Group:** Meets weekly mid-September through May in the narthex. Bring your lunch to eat during the half-hour social time, watch the half-hour *Religion and Ethics* video and join in the half-hour of discussion afterward until 1:30 PM. All are welcome. Led by the intern minister. Contact Phil Tawes; [pwtawes@aol.com](mailto:pwtawes@aol.com).

**Young Adults:** A social group for adults in the "twenty-something" age bracket. Contact Winters Geimer if you are interested; [wgeimer@gmail.com](mailto:wgeimer@gmail.com).

**UUCA Choir:** meets every Wednesday at 7:30 PM early September through May. New members are welcome. Contact Betsy Kraning; [bkraning@uuannapolis.org](mailto:bkraning@uuannapolis.org).

**UUCA Community Drum Circle:** Looking to connect with others in a spiritual yet visceral way? Try the Drum Circle! No musical experience necessary. Meets on the second Monday in the sanctuary and the fourth Tuesday in the Angebrannt room. Both sessions begin at 7:30 PM. Contact Jim Langston at [jimlaauu@gmail.com](mailto:jimlaauu@gmail.com).

**UU Legislative Ministry of MD (UULM-MD):** UULM-MD is a statewide advocacy network comprised of individual members and affiliated UU congregations. UULM-MD provides a voice in legislative action for UU values, principles and traditions. UUCA provides leadership, resources and support to UULM-MD. Email [info@uulmmd.org](mailto:info@uulmmd.org) or call 410-266-8044, ext. 111.

**UUCA Outdoor Club:** Weather permitting, this club meets monthly for an outdoor excursion. Contact Eloise Hoyt at 410-768-4932 or [eloisehoyt@verizon.net](mailto:eloisehoyt@verizon.net).

**UU Humanists:** Naturalism-Science-Reason-Wonder-Compassion-Community-Respect. Book discussions and film viewings as announced. Meets the 1st and 3rd Monday of the month at 6:45 PM in the sanctuary. Contact Cliff Andrew at 410-404-7170 or [neurol@verizon.net](mailto:neurol@verizon.net).

**UUCA UN Global Justice Committee:** Inspired by UU principles, this group is committed to peace, freedom and environmental responsibility and to social, civil, and economic justice. Contact Betty Crowley at 410-897-9417 for locations and times.





# HIGHLIGHTS

Unitarian Universalist Church of Annapolis  
333 Dubois Rd. Annapolis MD 21401-2123

*Return Service Requested*

Dated Material; Please deliver by 5/1/15

Next Issue Deadline: 5/15/15

Next Mailing: 5/26/15

## PROFESSIONAL, PROGRAM, AND CHURCH STAFF

### **Church Office Hours:**

**Monday -Thursday 9:00 AM to 3:00 PM; Sunday 9:00 AM to 12:00 PM**

**Closed Friday and Saturday**

**Phone: 410-266-8044 Fax: 410-266-6910**

**[www.uuannapolis.org](http://www.uuannapolis.org)**

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