



# HIGHLIGHTS

Unitarian Universalist Church of Annapolis

Volume 57, Issue 11

November 2014

## **AWAKE Ministries - New Worship Day & Time!**

—*Dayna Edwards; Rev. John Crestwell*

In March of 2013, UUCA supported and launched a cutting-edge new worship format through its AWAKE Ministry. AWAKE's worship service was developed to speak to an audience that might not be interested in attending traditional Sunday morning services. And so, for over 18-months, a multigenerational and multicultural crowd worshiped together on Tuesday nights.

While immensely popular with a core group of members, during formal discussion with AWAKE stakeholders, the consensus was that AWAKE Ministries would be accessible to more people if worship was held on a different day of the week. After even more discussion, the decision was made to move AWAKE from Tuesday to Sunday, with potluck at 4:00 PM and worship from 4:30-6:00 PM.

All of the aspects of AWAKE that you've come to love will remain the same, and we're adding more! Contemporary music with a soulful flair, life-coaching, short video clips, and the "Wheel of Wisdom" already differentiate the AWAKE Ministries service from all others. Starting in November, there will be even more variety in the styles of music played, to include folk music, international music, pop, and jazz music, performed by musicians who are members and non-members.

There will also be more activities for children ages 3 to 8 with a once-per-month "kid's coach time" by Alethea Shiplett, offered in the RE Sanctuary. Children age nine and over are invited to remain in the service the entire time to participate fully in this engaging worship style. Anyone who has attended an AWAKE service can tell you, there is a certain vibrant and transformative energy that surrounds the AWAKE community during worship.

AWAKE Ministries leans into the first UU principle: The inherent worth and dignity of every human being. AWAKE is also designed to specifically work with the UUCA global ends statement: *to create the Beloved Community by inspiring and empowering all souls to live bold and compassionate lives.* In the spirit of boldness, we embrace people that enjoy using their whole body in worship. Singing, dancing, clapping, swaying are all explicitly encouraged at our casual services. In the spirit of compassion, we intentionally create an atmosphere where Christians, Jews, Buddhists, and others can worship together. If you want to meet and have a meaningful conversation with someone who comes from a different life/spiritual path than you, AWAKE is the worship community for you.

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***Next Highlights Deadline:  
November 15.***

If you've never attended an AWAKE service, now is your chance to experience the excitement and enthusiasm at our new day and time, starting November 9, 2014.

If you have attended an AWAKE service only one or two times, why not come back and bring a friend, perhaps someone who may be dubious of the "traditional" church experience. If AWAKE is your regular choice of worship, we look forward to seeing you soon!

***NEW***  
**AWAKE Worship Day/Time**  
**Sundays**  
**Potluck 4:00 PM**  
**Worship 4:30-6:00 PM**  
**Begins November 9**



**WHO WE ARE  
AND  
WHAT WE BELIEVE**

At the Unitarian Universalist Church of Annapolis, we are seekers of the truth.

We invite all persons of every faith, creed, culture and background to engage in a search for truth with us. We believe in the dignity and worth of every human being and in freedom of expression. We welcome and celebrate all people, be they straight, gay, lesbian, bisexual or transgender.

We are committed to this church as an institution, to social justice, to liberal religious exploration and education for all ages, to mutual caring and support, and to the value of diversity.

We strive to care about each other and the health of our community and the world. We are an environmentally sensitive, "green" community.

This church is a place of safety for each person's mind, body and spirit. Toward that end, we covenant to affirm and promote: Honesty and authenticity in our relationships; words that are supportive and caring, not belittling or demeaning; a welcoming and non-judgmental attitude; respect for each person's boundaries of mind, body and spirit; and listening to one another.

In order to serve the congregation and the greater community, we also strive to create an environment that challenges, inspires, encourages and supports the quest for religious fulfillment.

Please join us!

**Finance Officer Search Underway**

—Jan Bird, Board of Trustees  
Nominating Committee Representative

Our current Finance Officer (FO), Annie Thornton, will be wrapping up her three-year term this May. So, it's time to start gearing up to choose the next FO. This is a part-time, volunteer leadership position where the FO serves as an officer on the Board of Trustees. The selected individual should be comfortable working with numbers but does not need to have an accounting background.

**Annie's advice is:**

*If you are used to project management, department or business management, or other forms of monitoring progress towards financial goals, you probably have the right background for this leadership role. By "paying attention" to the big picture and highlighting questions to be addressed, you can have a big impact on the financial success of our church. This is a great opportunity to work with the church leadership, both the Board of Trustees and Rev. Fred and his team. A side benefit - one of my favorites - is that you also are part of the Endowment Grant process to help select the year's social justice initiatives.*

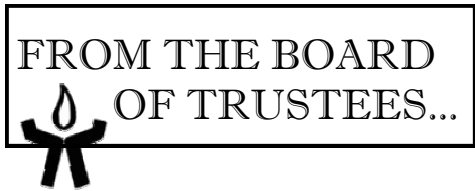


*You will not be "hanging out there by yourself" in this role - you will have much support. We have a bookkeeper who does the accounting legwork and creates the monthly spreadsheets. We have our Administrator, Susan Eckert, who manages the budgeting process and tracks the details. Rev. Fred provides the overall leadership on financial processes. A former FO, Jackie Heimbuch, brings accounting expertise from her career CFO background.*

*The FO is also supported by a strong Finance Committee, made up of several committed people who I consider "my finance family":*

- Dick Roop, former FO and current Investment Officer
- Jackie Heimbuch, former FO and current Endowment Finance Officer
- Louise Huddleston, former treasurer and very experienced in church finances
- Ed Adams, investment advisor
- Evelyn Spurgin, former Board of Trustees President and Capital Campaign leader
- Jacque Pulsifer, a long term member, and Ken Piel, our newest member.

If you have an interest in this role and would like to talk more about the level of involvement or other questions, please contact Jan Bird; [docjlbird@yahoo.com](mailto:docjlbird@yahoo.com) or Annie Thornton; [leneythornton@gmail.com](mailto:leneythornton@gmail.com).



Questions or comments for the Board?  
Contact Larry Werner, Board Secretary  
at [board@uuannapolis.org](mailto:board@uuannapolis.org).

**Let's Learn and Share and Grow Together Around Faith Development at UUCA**

—John Woolums


*"UUCA creates meaningful opportunities for deepening spirituality for all persons within a safe and challenging environment."*

This is our Faith Development Ends Statement. If you're asking "What's an Ends Statement?" then keep reading, and please attend one or more of the upcoming opportunities to learn and share your insights with the Board and ministers - and each other.

Together, the Board and Senior Minister have developed Ends Statements to frame our overarching vision. The ministers then draft interpretations of the Ends Statements to provide an outline of what types of programs and who in the congregation and community may be involved in achieving this bold vision. These interpretations then provide the structure for the ministers' reports to the Board on the current long and short-term goals, activities and resources, progress, and areas of concern.

On November 2, the Board invites you to attend a Middle Hour introduction (or refresher) on policy governance at UUCA. This background is being provided as a lead-in to an open Board session after the second service on Sunday, November 23 which will allow us to share our thoughts on the present and future of Faith Development at UUCA.


Please feel free to contact the Board at [board@uuannapolis.org](mailto:board@uuannapolis.org), speak with a board member, or even attend a meeting, to learn more about the Board's work on behalf of the congregation. Thank you and on behalf of the Board we look forward to seeing you on Sunday, November 2 (during Middle Hour) and Sunday, November 23(after the second service).



**\*To view Board Documents online:**  
Board items are stored on a special password-protected page of our website. To gain access, you must [contact the Church Office](#) and request the password. *Please note:* this is **NOT** your ACS Access password.

**Welcome New Members:**

Please welcome the following new members who signed the Membership Book in October:

<p>Juan Berrocal Gamal Diab Diane Mairs Ellen K. Gaston</p>	<p>Ryan Beyer Ann Hunter Ann Parsons Abbye Block</p>	
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SUNDAY WORSHIP  
AT UUCA

*November's Theme:  
Community*

**Sunday, November 2:**

**“Gathering for Life  
and Death”**

**Rev. Christina Leone Tracy**

In honor of el Dia de los Muertos (the Day of the Dead) we will contemplate the purpose of community -- to gather together to cherish our moments in life and to honor each other in death. Please bring a photo or memento to place on our Ofrenda (offering altar) to remember loved ones who have died.

Music by U3.

**Sunday, November 9:**

**“Assisted Living Plan”**

**Patricia Owen,  
Intern Minister**

The idea of building community is not limited to external processes and changes. What is the internal work of community?

Music by the UUCA Choir.

**Sunday, November 16:**

**“Whose Are We?”**

**Rev. Fred Muir**

Maybe a better title would be: "Whose Are You?". Someone once said (or someone should have said): "By their communities ye shall know them". What communities have your allegiance? Join me and the Spirit Singers (under the direction of Betsy Kraning and Josh Long) for an important exploration of community.

Music by the Spirit Singers.

**Sunday, November 23:**

**“A Holiday of Two Tales”**

**Rev. Christina Leone Tracy**

As we prepare to celebrate Thanksgiving, a day set aside for family, food, and gratitude, let's consider the stories we have inherited about this holiday, the "discovery" of America, and the ongoing destruction and denigration of Native peoples. What's a UU to do?

Music by the UUCA Choir.

**Sunday, November 30:**

**“Community: The Structure  
of Belonging”**

**Rev. John Crestwell**

We will examine Peter Block's book and discuss the difficulties and dynamics of building any beloved community. "Where two or more are gathered" there you will find two or more ways of seeing and doing things. Let's talk.



Order of Service  
Cover Contest  
WINNER  
for November!!

Podcasts of weekly sermons are  
available online at  
[www.uucamd.libsyn.com](http://www.uucamd.libsyn.com).

**November AWAKE Services**

**November 9: *Welcome Back  
to the AWAKE Community -***

Welcome back to the newest version of AWAKE! Let's celebrate by worshiping in community together! Today we will dissect our conversations and work from this past weekend (the Intercultural Competency Workshop). What did you learn? How can we apply it to AWAKE?

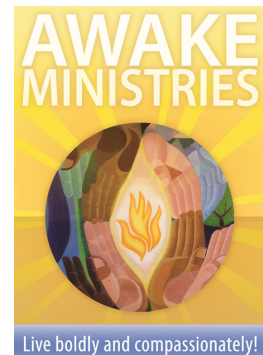
**November 23: *Individual in  
Community -***

Often there seems to be a tension between the individual and the community. Let's explore how we live in that tension.

**November 30: *Radical  
Hospitality -***

Let's practice radical hospitality in community with each other. Let's embrace the possibility of authentically including everyone in our community.

*Please note that AWAKE  
services are now on Sunday  
afternoons; potluck at 4:00 PM  
and worship 4:30 - 6:00 PM.*



## FAITH DEVELOPMENT NEWS...



Rev. Christina Leone Tracy  
Faith Development Minister

### A Pilgrimage to Transylvania!

When you hear “Transylvania” what do you think? If your first answer is Dracula, then read on!

Transylvania was once an independent nation, later became subsumed into Hungary, and is now a part of Romania. It is also the ancestral home of Unitarian Christianity, a predecessor to modern English and American Unitarian Christianity, which is a predecessor to modern Unitarian Universalism. Unitarian churches still exist in Transylvania, and our congregation, UUCA, has two partner congregations in Romania—one in an area called Almas, and the other in Rava. Visit our church library for pictures, artifacts, and gifts from our partner churches in Romania.

Every few years we work to bring the ministers from our partner churches to us in the U.S., or to make a pilgrimage to visit them in their country. This summer, we hope to send a delegation from UUCA to visit our partners and strengthen our relationships with the wonderful people there who share our faith (albeit in a different form).

This trip is open to ALL members and friends of UUCA, and ***I am extending a special welcome to YRUU (high school age) youth with or without parents.*** There will be adult chaperones and we will work with youth to ensure a positive, safe, and life-changing trip to broaden their worldview and deepen their faith roots.

**I have been working with John Dale, travel coordinator at the UU Partner Church Council to organize this trip. Here is the general information:**

- Likely travel dates are Sunday July 26-Friday August 7 (DCA airport)
- We will spend most of the ten-day trip in Transylvania, visiting important UU heritage sites and spending five days with our two partner churches
- We will sleep in hotels and a Unitarian dorm. Accommodations will be rustic but will include beds, indoor plumbing, and electricity
- There is an added 2.5-day trip at the end to Budapest for a taste of a larger more modern European city.
- The estimated cost of the trip, including flights, room, and most meals, is \$2,800. Some members could possibly omit the Budapest leg of the trip, reducing cost by about \$500 and trip length by 2.5 days.

**PILGRIMAGE INTEREST SESSIONS:** Attend if you are interested in the trip (or contact Rev. Christina; [cleonetracy@uuannapolis.org](mailto:cleonetracy@uuannapolis.org)).

Sunday, November 2 or 9, 12:30 PM (Angebrannt Room)

Wednesday, November 12, 6:30 PM (Angebrannt Room)

Thursday, November 13, 7:00 PM (Angebrannt Room)

## REMINDERS:

**RE Registration - EVERYONE** should be registered for RE classes if they plan to attend. Visit [www.tinyurl.com/uuca-re](http://www.tinyurl.com/uuca-re)

**Stone Soup Help** - It's almost that time of year again! Sign up to prepare soup (2 people), set up, clean up, lead craft activities. December 7. Contact Elise; [eberrocal@uuannapolis.org](mailto:eberrocal@uuannapolis.org)

**Childcare Activity Helpers:** Do you have an interest that you could share with the children during 9:00 & 11:15 AM child care sessions? You lead the activity with plenty of support from paid staff. Contact: Rev. Christina [cleonetracy@uuannapolis.org](mailto:cleonetracy@uuannapolis.org)

## CHILD CARE THIS MONTH:

**11/2:** Dia de los Muertos with Betsy Kraning (9:00) & Bridget Avila (11:15)

**11/9:** Evolution with Debi Jasen

**11/16:** Camp Beagle Caveman with Cliff Andrew (choir at 9:00)

**11/23:** Thanksgiving

**11/30:** Tai Chi/Yoga

## MIDDLE HOUR (ADULTS):

**11/2:** UUCA Board Policy Governance, Mindfulness Practice Group “Hungry Ghosts”, Calveras with Rev. Christina

**11/9:** Community Orchestra, walking meditation, Judaism - Adult Neighboring Faiths

**11/16:** Community Orchestra, UUs of the Khasi Hills, Fall New Member Reunion

**11/23:** Community Orchestra, UU Seven Principles, Adult Neighboring Faiths-Catholicism  
**11/30:** Chalice Lighters, Sunday Book Club

‘Going Deeper’ held each week.

## Proposed Change to By-Laws—Vote in December

—Annie Thornton

On December 7, at the Congregational Meeting, the congregation will be asked to approve a change to the by-laws in support of the addition of an Operating Reserve Fund.

The proposed Operating Reserve Fund will consist of funds that have been set aside for use only in cases of financial emergencies. There will be transparency in how the funds will be used, with an annual reporting on the Operating Reserve Fund status. Having this Operating Reserve Fund in place will provide a financial buffer to bolster the ongoing management of cash flow and monthly bill paying. For example, if there is a cash flow problem during the slower summer months, this fund can be temporarily “tapped” and then replenished when pledged income picks up again in the fall.

### Here is the proposed wording change to the by-laws:

Addition to the second paragraph under the Finance Officer section (By-Law III-Finance. 1.):  
*The Finance Officer will track the Operating Reserve Fund, targeted to be between ten and fifteen percent of the current year's operating budget expense. Use of the Operating Reserve Fund will be directed by the Senior Minister and will be limited to addressing financial emergencies where the operating income is not sufficient to meet existing expenses. The Senior Minister will notify the Board of Trustees of any use of the Operating Reserve Fund. The Finance Officer shall report to the Congregation at the Annual Meeting on the status of the Operating Reserve Fund and on the activities and disbursements during the current year.*

Good news! If the change is approved, there are two hugely generous donors who will provide a significant start to the Operating Reserve Fund. With their help, we can begin January with about \$30,000 in the fund – taking our average four week cash flow reserve of \$60,000 and improving it to a six week window. Contact Annie Thornton ([leneythornton@gmail.com](mailto:leneythornton@gmail.com)) if you have questions about the proposed change.

You can also read more about the change at [uuannapolis.org/leadership/meet-our-board](http://uuannapolis.org/leadership/meet-our-board).

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## Nifty Fifties Plus

—Claire Morgen & Jean McCarty

In September 2012, we started a group called “Nifty 50s Plus”. We felt that there were already groups for many other ages except for “senior citizen” types. The intention of the group was to be social, to meet in a social setting. We also figured it would be an easy way for newcomers to become acquainted and find a niche in our large congregation. It has succeeded beyond our expectations! Singles, widows, widowers, marrieds, couples, and newcomers have all attended at one time or another. We originally met in the Fahs House, but have since moved into the church narthex for our potluck suppers. In general, we meet on the first Saturday evening of each month to enjoy supper, good conversation, and perhaps games and contests. It is here that friendships and community are formed. Occasionally we’ve met in a restaurant, gone to see a movie, or visited in a member’s home. Anyone close to 50 years, and way beyond, is welcome to join us... No ID checks at the door! We only ask that people let us know – by emailing Claire ([cfriday@aol.com](mailto:cfriday@aol.com)) or calling Jean (410-266-6774) – they are coming and what dish they are bringing. Or, just show up. Either way you’ll be welcomed!

### Upcoming Nifty 50s + Events:

November 8, 6:00 PM – Amateur Comedy Night

December 6, 6:00 PM – Holiday Party

January 3, 6:00 PM – Belated New Year’s

February 7 - Dancing on the Side of Love

**What We Need:** People willing to come a little early to help set up. We all pitch in afterward for cleanup. It would be nice to have a “kitty” for occasional decorations or prizes, so if you’re willing to contribute that would be great. And, we’re always happy for people to host an event or give us ideas. Come join in!

## Endowment Grants-Summer 2014

—Al Pulsifer

In July, the Endowment Board approved three additional projects for funding. The amount committed totaled \$6,000. This brings to nine the number of projects supported in 2014 with the total funding being \$29,992.

The projects approved were:

- **SPAN, Inc. Recovery House Assistance Project, \$1500.** Funding provided to assist individuals entering into a recovery house program with the first week's rent or to assist with eviction prevention. SPAN works closely with the recovery houses to provide individuals with the opportunity to be in a supportive environment so as to overcome their addiction problem, and to keep them from being homeless.

- **Grocery Reimbursement Fund for UUCA Light House Dinners (Carrie Kotcho), \$1000.** Volunteers from UUCA cook dinner at the Light House on the second Saturday of every month. Money will be used to reimburse church members for groceries when groups or individuals cannot afford to pay for them but are willing to do the work to plan, prepare, and serve the meal.

- **Newtowne Community Development Corporation (Darrel Nash), Support for Homework Haven, \$3500.** Funds to operate Homework Haven, an after school program which serves approximately 25 elementary school students from Woodside Gardens. Homework Haven meets 5 days per week for 2 hours, and provides a safe place where students can complete their homework, read, and play games under adult supervision.

If you would like information on UUCA's Endowment Fund, or would like to make a gift to the fund, please contact Al Pulsifer (ajpulsifer@verizon.net).

### ORDER OF SERVICE COVER CONTEST\*

**Calling all artists!  
Adults! Youth! Children!**

We want **YOU** to design the order of service cover for December!

Depict what "Hope" means to you, and turn the entry form into the office by **November 30**. Winning art will be displayed on the cover for the entire month. Entry forms in the narthex and *In the Know*.

### INREACH COLLECTION

The October In-Reach collection raised \$656.00 which will benefit the "Newcomer Support" Team. This group offers the *Welcome to UUCA Class*, helps visitors and new members become acquainted with UUCA, and organizes the New Member Luncheon each spring.

In-Reach Collections will continue throughout the year, as a means to supplement particular budget items whose funds may have been reduced for 2014.

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### Interest Survey: Our church depends on **YOU** to build our Beloved Community!

—Heather Millar

"I want to be involved, but nobody ever contacts me." Have you said or heard this about UUCA activities, groups or committees? We are still trying to fix this! Last spring the Nominating Committee revised a survey of interests and skills that was developed by our Newcomer Support Team. Many people completed the survey but now that we are in a new church year and focusing on "Community" we are again encouraging those who have yet to complete it to do so. It is a way to express your interests and share your skills with our UUCA Community --the Nominating Committee will use the information gathered to connect individuals with activities.

The survey may be accessed at [www.tinyurl.com/uucasurvey](http://www.tinyurl.com/uucasurvey). Also, hard copies of the survey are available at our display table in the narthex. YES, it's another survey... but it's **IMPORTANT** to UUCA and **YOU**! Thank you for taking the time--about 10 minutes--to complete the survey and thank you for your gift of time, talent and service!





## UPCOMING EVENTS

Visit our [online calendar](#) for more events and scheduling information.

### **Full Circle Presents Ashana in Concert & Crystal Activation Ceremony- November 1 & 2**

Weaving together sacred mantra, chant, song and poetry from the world's spiritual traditions with passionate soaring vocals and the luminous sound of crystal singing bowls, Ashana's live events are a heart-opening flow of joyous love and crystalline healing. \$40 presale, \$50/door. The Crystalline Activation Ceremony is a high frequency karmic clearing created to release limiting, contracted thought forms, patterns and belief systems while activating tremendous light in the mental, emotional, physical and spiritual bodies. \$88 presale, \$98/door. Visit our table in the narthex for ticket information.

### **Transylvania Pilgrimage**

**Interest Sessions-** If you, or your teen, are interested in this 2015 summer trip to our partner churches, attend one of the following interest sessions: **November 2 or 9**, 12:30 PM; **November 12**, 6:30 PM; and **November 13**, 7:00 PM. Angebrannt Room. Contact: Rev. Christina; [cleonetracy@uuannapolis.org](mailto:cleonetracy@uuannapolis.org).

**UU Humanists** will meet Monday, **November 3 & 20** at 7:00 PM to discuss *Atheists: The Origin of the Species* by Nick Spencer. Join us early on **November 3** for a potluck at 6:00 PM in the narthex. Contact: Cliff Andrew; [neurol@verizon.net](mailto:neurol@verizon.net).

**Intercultural Competency Workshop** - Friday & Saturday, **November 7-8**. Continuing the 'Journey Toward Wholeness', this workshop will help break down preconceived notions about diversity. You'll leave with a greater awareness about the differences of others, and how they can affect personal and professional relationships. Phyllis Braxton is the keynote speaker. **Early registration fee - \$25. \$30 at the door.** Visit [tinyurl.com/UUCA-intercultural](http://tinyurl.com/UUCA-intercultural) to register. Contact Rev. Fred Muir for more information; [fmuir@uuannapolis.org](mailto:fmuir@uuannapolis.org).

**Outdoor Club** - Saturday, **November 8**, meet us for a 3 mile walk along the Adams Morgan Heritage Trail in Washington, DC. Carpool from the church parking lot at 9:00 AM. Lunch in DC following the walk. Contact: Eloise Hoyt, [eloisehoyt@verizon.net](mailto:eloisehoyt@verizon.net).

**Nifty Fifties+** - Saturday, **November 8**, at 6:00 PM in the Emerson room; join us for Amateur Comedy Night. Bring a dish and a joke! Contact: Claire Morgen; [cfriday@aol.com](mailto:cfriday@aol.com) to RSVP.

**2015 Budget Discussion-** Your final opportunity to ask questions and provide input on budget issues for 2015 will be held Sunday, **November 9**, during Middle Hour (10:10 AM) in the library.

**Coffee & Conversation with the Young Adults-** meet at 49 West on Friday, **November 14**, 7:00 PM. Coffee & Conversation is

everything that the name promises and more. Open to all young adults who are 18-35 years of age. Please bring money for coffee and any treats you wish to purchase.

Contact: Winters Geimer; [wlgeimer@gmail.com](mailto:wlgeimer@gmail.com).

The **Book Club** meets on Tuesday, **November 18** to discuss *Defending Jacob* by William Landay. 7:00 PM in the library; all are welcome even if you haven't finished the book. Contact: Jean Gruber; [grubers@netzero.com](mailto:grubers@netzero.com).

**Church Office Closed**  
**Thursday, November 27**  
**for Thanksgiving.**  
**We will reopen on**  
**Sunday, November 30**  
**at 9:00 AM.**

**"Fourth Fridays" Concert Series with Brian Ganz-** Bring family and friends to an exciting post-Thanksgiving concert on Friday, **November 28**, at 8:00 PM to hear Flavio Sala - an exciting Italian-born, classically trained guitarist. A talented, captivating musician; you will likely hear music from Spanish composers to Frederic Chopin! Surely a delightful evening. Tickets \$15 at the door (only) or purchase a \$60 series ticket good for 5 performances.



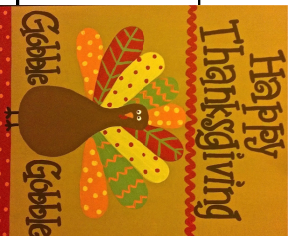
**Daylight Savings**  
**Ends**  
**Sunday, November 2**





# November 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Daylight Savings Ends <b>2</b> 8:30 AM Intro to Mindfulness 9:00 AM Worship/CC 10:10 AM Middle Hour 11:15 AM Worship/CC 12:30 PM Pilgrimage Interest Session 5:00 PM Ashana Event	<b>3</b> 7:00 PM UU Humanists	<b>4</b> 12:00 PM Video Discussion Group	<b>5</b> 7:30 PM UUCA Choir Rehearsal	<b>6</b> 7:00 PM Mindfulness Practice Group	<b>7</b> 7:00 PM Intercultural Competency Workshop Part I	<b>1</b> 7:00 PM Ashana Concert
8:30 AM Intro to Mindfulness 9:00 AM Worship/CC 10:10 AM Middle Hour 11:15 AM Worship/CC 12:30 PM Pilgrimage Interest Session 4:00 PM AWAKE	<b>10</b> 7:30 PM Drum Circle	<b>11</b> 12:00 PM Video Discussion Group	<b>12</b> 6:30 PM Pilgrimage Interest Session 7:30 PM UUCA Choir Rehearsal	<b>13</b> 7:00 PM Mindfulness Practice Group 7:00 PM Pilgrimage Interest Session	<b>14</b>	<b>15</b> 9:00 AM Intercultural Competency Workshop Part II 9:00 AM Outdoor Club 6:00 PM Nifty Fifties +
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8:30 AM Intro to Mindfulness 9:00 AM Worship/CC 10:10 AM Middle Hour 11:15 AM Worship/CC 12:30 PM Board Meeting 4:00 PM AWAKE	<b>24</b>	<b>25</b> 12:00 PM Video Discussion Group 7:30 PM Drum Circle	<b>26</b> 7:30 PM UUCA Choir Rehearsal	<b>27</b> Office Closed	<b>28</b> 8:00 PM Fourth Friday Concert	<b>29</b>
8:30 AM Intro to Mindfulness 9:00 AM Worship/CC 10:10 AM Middle Hour 11:15 AM Worship/CC 4:00 PM AWAKE	<b>30</b>					





## MUSIC NOTES

*Betsy Kraning, Music Director*

Recently, we welcomed two new musicians to the UUCA staff—Peter Jacobson, Choir Director; and Joshua Long, Spirit Singers & AWAKE Music Ministries Professional.

Peter is a recent graduate of Peabody Conservatory and holds degrees from University of Illinois at Urbana-Champaign and Concordia College—Moorhead, MN. Peter is a music educator, conductor and composer/arranger. Prior to his graduate studies in conducting, Peter was a public school music educator for six years. Peter is the founder and owner of Total Vocal Freedom, a voice studio/business where he teaches his own unique holistic method of singing. In this work, he empowers singers of all kinds to be fully expressed in their vocal performance through lessons, classes and workshops. He believes that everyone can learn how to sing beautifully, no matter how much talent they think they have.

Peter's contact information: [pjacobson@uuannapolis.org](mailto:pjacobson@uuannapolis.org)

Joshua Long grew up in Baltimore, and in 2008, he graduated from the University of the Arts with a bachelor's degree in Music Performance. After that, he spent time in Philadelphia as an integral part of the music community there. After moving back to Baltimore in 2011, Josh started his own rock band as well as continued

*(con't)*

## SECOND SUNDAY OUTREACH COLLECTION

The October Second Sunday Outreach Collection came to \$1,507.11 which will fund a scholarship in UUCA's name through the Annapolis & Anne Arundel Scholarship Trust.

This organization provides mentoring and scholarships for low-income, first-generation-to-college students so they can complete a higher education. UUCA's scholarship will be awarded next January to a student currently enrolled in the Annapolis Trust program. For more information, contact Linda Mundy; [lmundy@annapolistrust.org](mailto:lmundy@annapolistrust.org) or visit [www.AnnapolisTrust.org](http://www.AnnapolisTrust.org).



If you are interested in applying for a Second Sunday Outreach Collection for your project or program, request an application in the church office or contact Diane Goforth at 410-544-2244 or [dsgoforth@aol.com](mailto:dsgoforth@aol.com).

to play in churches of all denominations. In 2012, Josh felt the need to find a church that was more open to his spiritual beliefs. He started attending Towson Unitarian Universalist church where he became involved in music as well as participating in the young adult ministry there. Josh found his way to UUCA through a YA gathering between Towson and Annapolis. After attending UUCA's Gospel Festival in March of 2014, he felt a desire to get involved. Josh is excited about his new position at UUCA, and hopes to serve the congregation to the best of his ability. Joshua Long: [jlong@uuannapolis.org](mailto:jlong@uuannapolis.org)

### Endowment Fund Grant Can Help You Help the Light House Shelter

You may know that UUCA members and friends gather to prepare dinner for Annapolis Light House Shelter guests on the second Saturday of every month. But did you know that you can get reimbursed for ingredients you purchase for meal preparation? Thanks to a generous grant from UUCA's Endowment Fund, we hope all will feel included to participate regardless of limited personal funds. Serving dinner at the Light House is a meaningful, fun opportunity for fellowship and service within and beyond our church community. To learn more about monthly meal service, how to get reimbursed, or to sign up for an upcoming dinner, contact Carrie Kotcho ([ckotcho@verizon.net](mailto:ckotcho@verizon.net)).





## ONGOING EVENTS

**Amnesty International:** The Annapolis Chapter of Amnesty International meets on the second Sunday of each month at 1:00 PM in the Emerson Room of the Fahs House. All are invited, especially members of the UUCA congregation who believe that one person can make a difference. Come check us out.

**Book Club:** meets on the third Tuesday of each month at 7:00 PM in the church library. Contact Jean Gruber 410-216-9575 .

**Bridge Club:** meets the third Friday each month at 7:30 PM in the Emerson Room of the Fahs House. Contact Anne Hays for information; [annehays1933@gmail.com](mailto:annehays1933@gmail.com).

**Full Circle:** meets monthly at 7:00 PM on the Friday night closest to the full moon. An experiential earth-based celebration open to all women over age 18. Contact Jodi Delaney; [jodimonkey@verizon.net](mailto:jodimonkey@verizon.net).

**Gallery at 333:** The Gallery at 333 is open Mon.-Thurs. from 10:00 AM to 3:00 PM and Sundays from 10:00 AM to 12:00 PM. Contact Debbie Boudra; [dancindebart@comcast.net](mailto:dancindebart@comcast.net).

**GLBTQ Group:** If you identify as gay, lesbian, bisexual, transgender, queer, or questioning join us for fun, fellowship, and advocacy. Contact Marie; [balanceseeker@comcast.net](mailto:balanceseeker@comcast.net).

**Introduction to Mindfulness and Meditation:** Beginner-friendly session every Sunday at 8:30 AM in the Emerson Room. For those who want to learn the basics of meditation and those who just want another opportunity to practice with a group. Contact Phyllis Culham at [mpg@uuannapolis.org](mailto:mpg@uuannapolis.org).

**Light House Shelter Meals:** If you are interested in helping with meals for the Shelter, contact Carrie Kotcho; 410-451-1844; [ckotcho@verizon.net](mailto:ckotcho@verizon.net).

**Mindfulness Practice Group:** meets every Thursday in the sanctuary at 7:00 PM for meditation and dharma discussion. Contact Phyllis Culham at [mpg@uuannapolis.org](mailto:mpg@uuannapolis.org).

**Nifty Fifties +:** A social group for seniors, that meets periodically for dinners, game nights, and other outings. Contact Claire Morgen at [cfriday@aol.com](mailto:cfriday@aol.com).

**Partner Church Ministry:** Based upon our common religious principles and ideals, this multigenerational group develops and sustains a relationship between UUCA and the communities of our partner congregations in Transylvania; the Unitarian Church of Homorodalmas (Almas) and the Unitarian Church of Rava. Contact Heather Millar; [heathermillar@gmail.com](mailto:heathermillar@gmail.com).

**Spirit Singers** Open to all musicians! Led by co-directors Betsy Kraning and Josh Long, this group provides diverse, intergenerational, multicultural, contemporary music once a month for worship services. Contact Betsy Kraning, Music Director at [bkraning@uuannapolis.org](mailto:bkraning@uuannapolis.org).

**The Tuesday Noon Brown Bag Lunch & Video Discussion Group:** Meets weekly mid-September through May in the narthex. Bring your lunch to eat during the half-hour social time, watch the half-hour *Religion and Ethics* video and join in the half-hour of discussion afterward until 1:30 PM. All are welcome. Led by the intern minister. Contact Phil Tawes; [pwtawes@aol.com](mailto:pwtawes@aol.com).

**Young Adults:** A social group for adults in the "twenty-something" age bracket. Contact Winters Geimer if you are interested; [wgeimer@gmail.com](mailto:wgeimer@gmail.com).

**UUCA Choir:** meets every Wednesday at 7:30 PM early September through May. New members are welcome. Contact Betsy Kraning; [bkraning@uuannapolis.org](mailto:bkraning@uuannapolis.org).

**UUCA Community Drum Circle:** Looking to connect with others in a spiritual yet visceral way? Try the Drum Circle! No musical experience necessary. Meets on the second Monday in the sanctuary and the fourth Tuesday in the Angebrannt room. Both sessions begin at 7:30 PM. Contact Jim Langston at [jimlaauu@gmail.com](mailto:jimlaauu@gmail.com).

**UU Legislative Ministry of MD (UULM-MD):** UULM-MD is a statewide advocacy network comprised of individual members and affiliated UU congregations. UULM-MD provides a voice in legislative action for UU values, principles and traditions. UUCA provides leadership, resources and support to UULM-MD. Email [info@uulmmd.org](mailto:info@uulmmd.org) or call 410-266-8044, ext. 111.

**UUCA Outdoor Club:** Weather permitting, this club meets monthly for an outdoor excursion. Contact Eloise Hoyt at 410-768-4932 or [eloisehoyt@verizon.net](mailto:eloisehoyt@verizon.net).

**UU Humanists:** Naturalism-Science-Reason-Wonder-Compassion-Community-Respect. Book discussions and film viewings as announced. Meets the 1st and 3rd Monday of the month at 6:45 PM in the sanctuary. Contact Cliff Andrew at 410-404-7170 or [neuro@verizon.net](mailto:neuro@verizon.net).

**UUCA UN Global Justice Committee:** Inspired by UU principles, this group is committed to peace, freedom and environmental responsibility and to social, civil, and economic justice. Contact Betty Crowley at 410-897-9417 for locations and times.





# HIGHLIGHTS

Unitarian Universalist Church of Annapolis  
333 Dubois Rd. Annapolis MD 21401-2123

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Dated Material; Please deliver by 10/31/14

Next Issue Deadline: 11/15/14

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## PROFESSIONAL, PROGRAM, AND CHURCH STAFF

### **Church Office Hours:**

**Monday -Thursday 9:00 AM to 3:00 PM; Sunday 9:00 AM to 12:00 PM**

**Closed Friday and Saturday**

**Phone: 410-266-8044 Fax: 410-266-6910**

**[www.uuannapolis.org](http://www.uuannapolis.org)**

<b><u>Name</u></b>	<b><u>Position</u></b>	<b><u>Email Address</u></b>
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Rev. John T. Crestwell, Jr.	Associate Minister	<a href="mailto:jcrestwell@uuannapolis.org">jcrestwell@uuannapolis.org</a>
Rev. Christina Leone Tracy	Faith Development Minister	<a href="mailto:cleonetracy@uuannapolis.org">cleonetracy@uuannapolis.org</a>
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