



HIGHLIGHTS

Unitarian Universalist Church of Annapolis

Volume 57, Issue 8

August 2014

Don't Ever Change, UUCA (...well, maybe a little)

—Seth Fisher

Coming to the end of my internship, and planning a return to Chicago have me thinking about transitions and old high school yearbooks. Remember writing something like “Thanks for being a friend.” or “We’ll always have Mr. Keller’s class.” in all those yearbooks? “Have a great summer” was always the go-to if you couldn’t think of anything else to write. I was going through some stuff at my mom’s place a few years ago when she convinced me not to throw my old yearbooks away, so I started flipping through them. I thought the comments in the back were pretty funny, but my favorite was “Don’t ever change.” Don’t ever change?!? What kind of terrible curse is that? The sentiment is nice, but can you imagine that? Can you imagine what it would be like if you basically stayed the same person you were in high school? The mullet alone would have shaped the course of my life for the worse.

We have a tendency to want to hold on to a good thing, which is understandable, but sometimes it would mean squeezing the life out of that very thing that we hold so dear. This year at UUCA has been amazing. I was very excited about coming to UUCA, and it has more than met all of my expectations. This is a great church and a wonderful community, and one of the best things about it is that it’s changing. It’s changing slowly and thoughtfully, but it is definitely a congregation that is vital and alive and moving into the future. As religious liberals one of our greatest strengths is the ability to change with the times. Whether it’s fighting to end slavery, supporting equal rights for same-sex couples, or fighting for prohibition (that last one didn’t really pan out but they can’t all be winners), we change. We adjust and evolve with the world around us. In order to avoid being totally tossed about by the waves of trendiness, we balance that flexibility with our core principles. Things like the idea that everyone has a place at the table and deserves respect, that ideas should be evaluated on their own merits, and that people should think for themselves and be supported by a community. This is how we can have a church without dogma, and this is what makes Unitarian Universalism so cool – our honesty, our flexibility, and our willingness to continue to evolve.

I’ve heard a lot of people say that they wished I could stay at UUCA, and there is part of me that wishes I could stay too. I’ve come to love this place. But we all know that wouldn’t work. There no way to relive this last year, and that’s just how it should be. UUCA will continue to grow and change and reinvent itself again and again, and I will do the

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***Next Highlights Deadline:
August 15.***

same. I know that I have been changed by this community and I hope that I’ve left some sort of mark myself. I will carry the lessons I’ve learned to my next position and I will look forward to meeting new UUCA interns at GA each year. I’ll look forward to hearing about things going on at UUCA and all the ways that you continue to evolve and thrive, and I’ll always be glad that I was able to play a small part in the life of this community. Thank you for all that you have given me this year. And stay cool, UUCA.

—Seth

** Seth’s last Sunday sermon will be August 17. Consider attending to say farewell!*



**WHO WE ARE
AND
WHAT WE BELIEVE**

At the Unitarian Universalist Church of Annapolis, we are seekers of the truth.

We invite all persons of every faith, creed, culture and background to engage in a search for truth with us. We believe in the dignity and worth of every human being and in freedom of expression. We welcome and celebrate all people, be they straight, gay, lesbian, bisexual or transgender.

We are committed to this church as an institution, to social justice, to liberal religious exploration and education for all ages, to mutual caring and support, and to the value of diversity.

We strive to care about each other and the health of our community and the world. We are an environmentally sensitive, "green" community.

This church is a place of safety for each person's mind, body and spirit. Toward that end, we covenant to affirm and promote: Honesty and authenticity in our relationships; words that are supportive and caring, not belittling or demeaning; a welcoming and non-judgmental attitude; respect for each person's boundaries of mind, body and spirit; and listening to one another.

In order to serve the congregation and the greater community, we also strive to create an environment that challenges, inspires, encourages and supports the quest for religious fulfillment.

Please join us!

YRUU Summer Service Project

—Paul Berry

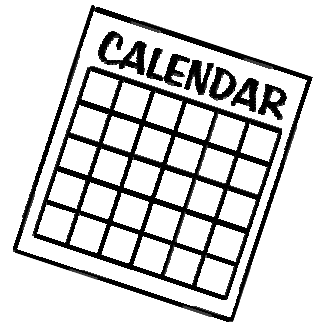
Now through Sunday, **August 24**, the YRUU youth are collecting donations to benefit the SPCA of Anne Arundel County. The SPCA is a private, non-profit organization.

[Click here](#) to view items on their wish list, or you can make a monetary donation. Collection boxes will be located at the church doors on Sundays, and at our display table in the narthex. Contact Paul Berry; pberry@uuannapolis.org if you have questions.



The YRUU youth will also be assisting with the Animal Blessing Spirited Worship service (see p. 6) on August 24, as a culmination of this service project.

**2014-15 Calendar Reservations
& Church Program Update Forms**



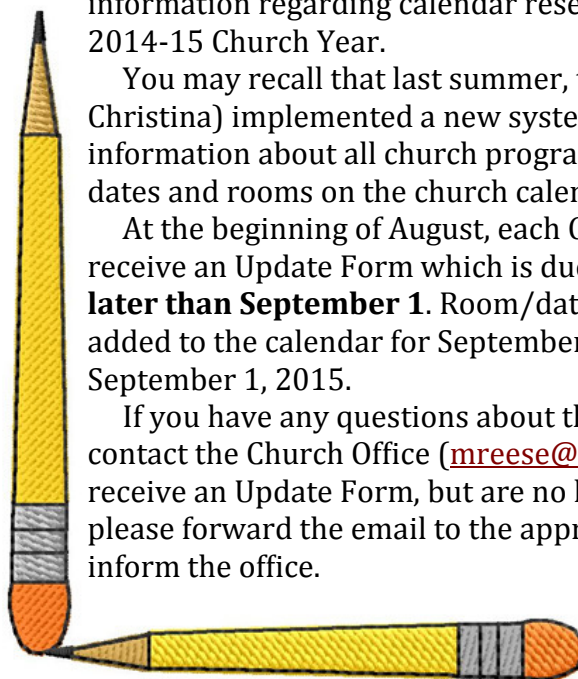
****All Group/Program Leaders
PLEASE TAKE NOTE:**

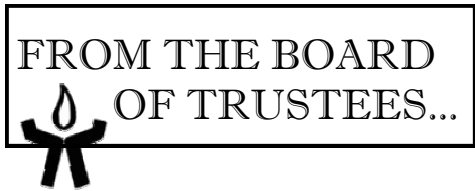
If you are the leader of any church group, program, or committee please watch your email and *In the Know* for information regarding calendar reservations for the 2014-15 Church Year.

You may recall that last summer, the office (with Rev. Christina) implemented a new system for updating information about all church programs, as well as reserving dates and rooms on the church calendar.

At the beginning of August, each Group Leader will receive an Update Form which is due in the church office **no later than September 1**. Room/date reservations will be added to the calendar for September 1, 2014 through September 1, 2015.

If you have any questions about this process, please contact the Church Office (mreese@uuannapolis.org). If you receive an Update Form, but are no longer the Group Leader, please forward the email to the appropriate person and/or inform the office.





Questions or comments for the Board?
Contact Larry Werner, Board Secretary
at board@uuannapolis.org.


Board Workshop

The Board of Trustees held a workshop on June 7, facilitated by Patrick Lee. Patrick is a UUCA member and professional strategic planning consultant. The Board greatly appreciates his contribution of time and expertise. Our focus was to create a better understanding of church governance and responsibilities within UUCA. In preparation for the workshop, the Board was asked to read the book *Who's In Charge Here? The Complex Relationship Between Ministry and Authority*. This book was prepared by the Commission on Appraisal of the Unitarian Universalist Association of Congregations (UUA) in 2013. We worked on defining the differences between management and leadership, and provided examples of good managers and good leaders from our own experiences. We matched those traits to different roles within UUCA. We created a list of Board responsibilities and discussed that list in the light of policy governance. We brainstormed a list of challenges affecting UUCA, also in the light of policy governance, to help clarify roles and responsibilities as well as prioritization.

The workshop was a good step in the direction of creating a cohesive and interconnected plan to address the future path of UUCA. The Board's responsibility is to ensure UUCA continues to travel in the direction set by its members. Your voice and active involvement in the church are important. UUCA is an important part of all our lives and we are anxious to hear from congregants about your views of our current and future direction. To communicate directly with the Board, you can email board@uuannapolis.org. Any message sent to this address will go to the Board Secretary and then be shared with the entire Board. If email is not your thing, you can always stick a note on the Board corkboard, right next to the nametags in the narthex. These messages will also be shared with the Board at our next meeting. We will do our best to respond as expeditiously as possible.

June 12 Board Meeting

The Board workshop was deemed a success. We continue to define the roles and responsibilities of the Board and its members as they relate to policy governance. We agreed to change the agenda for Board meetings to place a primary focus on reviewing and defining end statements during the meetings and conduct more coordination and other business between meetings. The August Board meeting will be moved to the 21st due to scheduling conflicts. We decided that the two (open) Congregational Board meetings will be held on **September 21** and **November 23**. These meetings will provide those in attendance an opportunity to view the Board in action, and see how it functions.



***To view Board Documents online:**
Board items are stored on a special password-protected page of our website. To gain access, you must [contact the Church Office](#) and request the password. *Please note:* this is **NOT** your ACS Access password.



SUNDAY WORSHIP
AT UUCA

Podcasts of weekly sermons are available
online at www.uucamd.libsyn.com.

Sunday, August 3:

“Welcome to WikiWorship!”

Rev. Fred Muir

Yes, that “wiki” as in Wikipedia, the online encyclopedia created by not just one, two or a dozen experts, but where there is a joint effort by many to share what they know. WikiWorship is a community project, to be created by the congregation.

How can you help? Send Fred Muir a religious - theological - spiritual - church topic or question you would like addressed in WikiWorship. Then, let’s see what develops! (Send in your suggestions to fmuir@uuannapolis.org or drop in the “WikiWorship Box” in the church foyer).*

Music by Sara Jones.

Sunday, August 10:

“Taking Stock”

**Seth Fisher,
Summer Minister**

As Ferris Bueller once said, “Life moves pretty fast. If you don't stop and look around once in a while you could miss it.” But when it's time to stop and take a look at our lives, how do we do it? Through what lenses do we see ourselves, and how do we assess what we're looking at?

Music by Nancy Karpeles and Carolyn Surrick.

Sunday, August 17:

“The Law of Surrender”

Rev. John Crestwell

The world teaches that winning is everything; and that we must do whatever it takes to win or succeed by any means necessary... There is a better way. Today I will share with you strategies that will allow you to get the life you want without compromising your integrity or goals. You can have a life filled with joy, compassion and love. Come hear more!

Music by U3.

Sunday, August 24:

“All Creatures Great & Small”

Rev. Christina Leone Tracy

Join Rev. Christina for the return of Animal Blessing Sunday! In honor of the birthday of Henry Bergh, the Unitarian founder of the SPCA, we'll celebrate our animal companions. Bring your (*friendly*) pets in appropriate crates, harnesses, or fishbowls to be “babysat” downstairs during the shortened all-ages service. After, retrieve your animals (or bring a photo) to be blessed by the ministers in the Memorial Garden. Photos of pets who have “crossed the rainbow bridge” after death are also welcome. YRUU youth will be helping with the service and collecting supplies for the local SPCA.

Music by Stan Haavik & Friends.

Sunday, August 31:

“Astonishing Assemblies”

Rev. Fred Muir

This year, the Assemblies of God (AG) celebrated their centennial. “The AG grew out of the famous Pentecostal revival that began on Los Angeles’s Azusa Street in 1906. In 1914, local congregations met in Hot Springs, Arkansas, to form the denomination. Membership reached only 50,000 by the 1920s, but then it proceeded to grow rapidly. The Assemblies of God in the United States reached 1 million members by 1971, rising to 3 million today” (*Christian Century*). Is there anything that we UUs can learn from the AG? This morning I'll share ideas and lessons that I feel we must learn from this amazing and uniquely American faith.

Music by Al & Ginger Adams.



WIKIWORSHIP

****Be sure to contribute a question or topic to 'WikiWorship' - Write it down, and drop it in the WikiWorship box located on a table in the narthex, or email it to fmuir@uuannapolis.org.**



This Fall... Faith Development Needs YOU!

Starting September 14, we will return to two services with a new **Middle Hour** in between. Middle Hour will allow us to deepen our faith development for all ages!



- 9:00 AM** – First service with childcare for ages 4-10
- 10:10 AM** – Middle Hour with R.E. opportunities for all ages
- 11:15 AM** – Second service with childcare for ages 4-10

We need “all hands on deck” to make this exciting new venture a success!

Where can you help? (Contact cleonetracy@uuannapolis.org)

Adult Class or Group Leader: Do you want to lead a class, discussion, or program? We need volunteers to lead sessions (4 will be offered per Sunday) on a variety of topics – world religions, ethics, UU identity, spiritual practices, book discussions, creative opportunities, or anything else that gets you excited! Classes can be a single session – or up to 6 sessions.

Childcare Fun Time Leader: Do you want to share something with our younger kids (ages 4-10) but aren’t up for leading R.E. on a regular basis? Sign up to teach once, or a few times throughout the year, to lead a 45 minute activity! (Almost) Anything goes! Some ideas include: Fun crafts, nature adventures, allergen-free cooking, drumming, kids’ yoga, LEGO building challenges, social justice activities, etc...

Children or Youth Religious Exploration Facilitator or Mentor: Can you commit to leading R.E. for our children or youth once or twice a month during the 10:10 Middle Hour? No need to miss worship time, and it’s a great way to connect with other adult volunteers and to meet our incredible young people. They’re seriously smart, thoughtful, and sweet, and you’ll grow so much as a volunteer in your own UU faith, as well as helping the young people grow in theirs.

If you are interested, contact Rev. Christina Leone Tracy at the email address above!



UUCA Hunger Games

This summer, our middle school RE class has been exploring social justice and ethics themes from the Hunger Games, and we’re having a cooperative field day on **August 31**.

Consider sponsoring a team to help raise money to fight hunger in Anne Arundel County through the Light House food pantry.

Look for sponsorship forms in the narthex, in *In the Know*, or ask a middle schooler!



Dissecting a squid.



Decorating treasure boxes.

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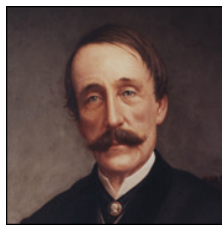
2014

**Watch for more pictures in the September issue of Highlights.*

Animal Blessing - Sunday, August 24, 10:00 AM

Do you know who Henry Bergh is?

He's the man who started the SPCA, and he was a Unitarian! His 201st birthday would fall on August 29, and we're celebrating a few days early with our first Animal Blessing Sunday in several years!



Henry Bergh

What's an Animal Blessing?

Animal Blessings are traditional Unitarian Universalist services to honor the animal companions in our lives – living and no longer with us – by inviting them to be a part of our service! Pets can be brought to the church to be blessed “in person” (Pets are people too!) or you can bring a picture.

Will we honor deceased pets?

Photos or objects to remember pets who have “crossed the rainbow bridge” (passed away) are welcome for our Rainbow Bridge Altar in the memorial garden.

Where should I bring my pet?

Friendly animals can be brought in fishbowls, crates, harnesses, or terrariums. Bring your pet to church, downstairs, to be “pet-sat” during our short all-ages worship service in the sanctuary.

Dogs – Angebrannt Room/Wright Room (big and small dogs, respectively)

Cats – R.E. Sanctuary

Reptiles – Children's Library (inside RE Sanctuary)

Small Animals (hamsters...) – Beginner R.E. Classroom (inside RE Sanctuary)

Fish or Birds – Elise's office



What's happening that morning?

The service will be short – 30 minutes or so – and is for all ages. Nursery care will be available, but otherwise children and youth will attend with families. After the short interactive service, we'll head down to pick up animals from their pet-sitters, and then to the memorial garden for the ministers to lay hands on, and bless, your beloved animal friends.



**UUism, UU Buddhism,
Rev. John Crestwell &
Rev. James Ford,
and “A New Universalism”**
—Phyllis Culham

UU Rev/Zen Roshi James Ford grounded his talk “A Meditation on the First & Seventh Principles of Unitarian Universalism” at 2014's General Assembly in his resonance with Rev. John's homily at GA in 2012. The AWAKE service he'd just attended this year at GA renewed this source of inspiration, he noted. In 2012, Roshi Ford had recognized his own UU Buddhist, non-dual orientation articulated in Rev. John's claim:

I am a First and Seventh Principle preacher. I heard those words, and I heard my own heart, my voice, and my life... The First is our proclamation of the preciousness of the human being, of each and every one of us, as we are. You are good enough.... 'We affirm and promote the dignity and worth of every person.' And the Seventh Principle grounds and radicalizes it by proclaiming that this is so because we are all of us...united in a web of intimacy... 'We affirm and promote the interdependent web of existence of which we are a part.'

Roshi Ford was addressing an overflowing room designed for about 120, but with people sitting in the aisles, standing in the rear, and stretching out into the hallway. He opened with the understated, “I've heard that the larger UUA is having some trouble with membership”; a

Con't on p. 7

Con't from p. 6

reference to a couple of short items in the *Washington Post* noting that Buddhism appeared to be the only active growth point for UUism. Looking at the First and Seventh Principles, he noted their perfect fit with Buddhist insistence on non-duality-- in the case of the Principles: individual and society, rights and preserving communities, the human organism and all the others of the biosphere. As he noted again at the end, "Not either/or -both/and!" "With it a New Universalism has been proclaimed!" he said, referring to the framing of rest of the Principles by these two items. The only theological source he explicitly cited for his own stance, besides Rev. John, was the great Zen master Robert Aitken; "Unpack the tendency to coalesce and you get intimacy. Unpack intimacy and you will find that you contain all beings." Roshi Ford summarized by quoting the theme of this year's GA: *Love Reaching Out*. Near the end of the half-hour of questions, one person at the mic said, "I don't actually have a question. I just want to say that this is only event I have attended at the GA so far [fourth full day] at which someone actually discussed theology. Um, that was a compliment."

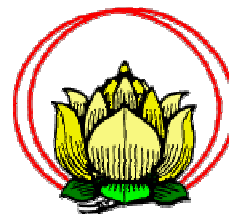
Roshi Ford halted at a question on love and attachment to call on his colleague at the front table, Rev. Samuel Trumbore, who had opened the session by explaining that the UU Buddhist Fellowship was nonsectarian and the only group (as opposed to single event) in which practitioners of all different Buddhist paths and of other contemplative traditions, including Christians, all sat together with no distinctions, a practice of which UUCA's Mindfulness Practice Group is especially proud. Roshi Ford noted that love was not a central issue in Zen literature or liturgy, so he would call up a "love specialist" from the Theravadan tradition in which *metta*, loving-kindness, is a frequent focus. Rev. Trumbore answered the question by taking it back to daily spiritual practices. Meditation, he said, both brought him the peace in which he could find his original state as love and opened a space in which he had time to recall his experience of that original state and to respond from that. Rev. Trumbore wrapped up the event by stating that "The UU Buddhist Fellowship wants to go where you want it to go," and people could come up to the table at the front to see samples of *The UU Sangha*, edited by Bob Ertman, and fill out a form to join. It was remarkable that NO ONE had left at the end of Roshi Ford's remarks, and only a couple, literally, left during the questions. Even at the end of the session dozens of people instantly surrounded Roshi Ford and another couple of dozen lined up at the front table to join the UUBF, a reluctance to break up and leave the room I'd never before seen at GA.



Rev. James Ford



UU Buddhist Fellowship
Board Members
Bob Ertman and
Rev. Sam Trumbore



Resources:

UU Buddhist Fellowship - www.uubfsangha.wordpress.com

Rev. James Ford, influenced by Rev. John Crestwell - www.uuworld.org/spirit/articles/281648.shtml

Rev. Ford's First & Seventh Principles speech - www.patheos.com/blogs/monkeymind

Mindfulness Practice Group - www.mpgannapolis.org



UPCOMING EVENTS

Rainbow School will **NOT meet** for the month of August.



UU Humanists discuss world-renowned paleoanthropologist Chris Stringer's book *Lone Survivors - How We Came to Be the Only Humans On Earth*. How different populations of our hominid ancestors coexisted across Africa, exchanged genes, tools, behavioral, and survival strategies before migrating out in several waves into Europe and beyond; and how Homo sapiens (us) became the last species standing. Join us Monday, **August 4 & 18** at 7:00 PM. Contact: Cliff Andrew; neurol@verizon.net.

Just a reminder that the **Book Club** will **NOT meet** for the month of August.

The **Outdoor Club** will **NOT meet** in August.

"Fourth Fridays" Concert Series with Brian Ganz continues Friday, **August 22** at 8:00 PM. Brian offers an in-depth exploration of the composer's craft with his first "Piano Talk" of the series. The music of Frederic Chopin will be featured. Brian began his "Extreme Chopin" quest to perform all of Frederic Chopin's works three years ago and will perform 250 works over the decade at Strathmore Music Center. Join Brian as he shares his considerable knowledge of the piano and Chopin in this "Piano Talk." Tickets can be purchased at the

door for \$15, or buy a series pass (\$60/5 performances).

UUCA's **Summer Blood Drive** is scheduled for Sunday, **August 24**, 9:00 AM, in the Fahs House parking lot. Contact Wendi Winters to schedule a donation; wendi@wintersgeimer.com.

Animal Blessing Spirited Worship; Sunday, **August 24**, 10:00 AM. Bring your pet for this special service. See the article on page 6 for details.

UUCA's **First Annual Hunger Games**; Sunday, **August 31**. Sponsor a team from the Middle School RE class and help raise money for the Light House pantry. See the article on page 5 for details.

Don't forget to collect some water!

Water Communion Sunday, September 7 10:00 AM

This summer, if you're traveling somewhere special, be sure to collect a small vial of water. Or, it can be from your nearby park, pond, or stream, or your faucet at home! Bring the water on Sunday, September 7 (don't bring it early, please). The water will be mingled together during our annual Ingathering Water Communion ceremony, to be purified and used throughout the year for blessings and other rituals.



August AWAKE Services

August 5: Renewal!

Let's celebrate our re-gathering after having the month off. Join us for a rejuvenating and renewing worship service!

August 12: Compassionate Connection

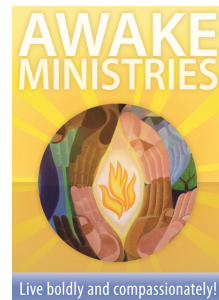
Connecting and compassion can be challenging during times of stress and perceived scarcity. We can change the world by choosing compassion. We will explore how small acts of compassion can make a big difference in your own life.

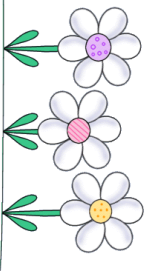
August 19: Transformative Power of Listening

We all know that listening is an important skill but how often do you practice listening as a spiritual practice? Experience the power of listening to transform your relationships.

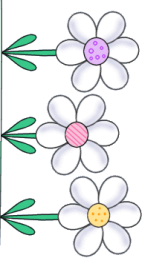
August 26: Unexpected Teachers

As children head back to school and people return from vacations, we will honor all the different types of teachers in our lives, especially the unexpected teachers.

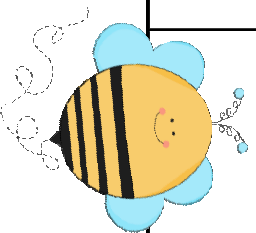
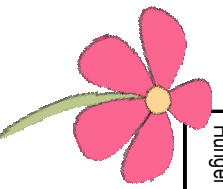




August



Sun	Mon	Tue	Wed	Thu	Fri	Sat
8:30 AM Intro to Mindfulness 10:00 AM Worship/RE 3	7:00 PM UU Humanists 4	6:30 PM AWAKE worship 5		7:00 PM Mindfulness Practice Group 7	7:00 PM Full Moon Women's Celebration 8	9
8:30 AM Intro to Mindfulness 10:00 AM Worship/RE 10		6:30 PM AWAKE worship 12		7:00 PM Mindfulness Practice Group 14	7:30 PM Bridge Club 15	16
8:30 AM Intro to Mindfulness 10:00 AM Worship/RE 17	7:00 PM UU Humanists 18	6:30 PM AWAKE worship 19		7:00 PM Mindfulness Practice Group 21	8:00 PM Fourth Friday Concert 22	23
8:30 AM Intro to Mindfulness 9:00 AM Blood Drive 10:00 AM Aninral Blessing Worship 24		6:30 PM AWAKE worship 26		7:00 PM Mindfulness Practice Group 28		29
8:30 AM Intro to Mindfulness 10:00 AM Worship/RE Hunger Games 31						30





MUSIC NOTES

Betsy Kraning, Music Director

In June, I went to General Assembly (GA) for the first time. Pulling into Providence, RI, I didn't know what to expect. I had written down all the info I needed to know so Michael [Willis] and I would be ready to carry the UUCA banner in the opening ceremonies. I wasn't ready for the thousands of people in the arena and the hundreds of beautiful banners from UU Churches all over the country. What an honor to represent our church!

For the next five days, I went to workshops and attended worship services. Immediately I noticed the important part that music played ... Lots of music - intergenerational choirs and groups; bands; interesting arrangements of familiar hymns, and jazzy arrangements of old hymns. I was most impressed with how every service began - people singing a medley of hymns, then moving right into the chalice lighting as the music quieted. There were children and teenagers singing and clapping as they helped lead the music. The words projected on the screens allowed everyone to be free to participate. Wow! ...and, all ideas we can utilize here at UUCA!

The workshops also got me thinking, and I came away with lots of thoughts and ideas:

*We tend to critique contemporary services...but why? There's no right or wrong. All services can be made rich and

(con't)

SECOND SUNDAY OUTREACH COLLECTION

The July Second Sunday Outreach Collection totaled \$1,144.05 to benefit *We Care & Friends*. In addition, \$150 of this collection will support UUCA's participation in the Eastport Community Center Project, which enriches the lives of children living in public housing.

We Care & Friends is the pay-it-forward life work of community member Larry Griffin. Programs fall into four main categories: access to substance abuse treatment; homeless programs; at-risk youth programs; and other community programs. Examples of these include a lunch program that provides 350 bagged lunches per week; *School On the Water*, which offers free summer activities for up to 35 Annapolis-area children between the ages of 7-15 years old; Thanksgiving dinner for the homeless, which feeds approximately 3,000 people; and treatment for about 52 people per year seeking help for substance abuse. To learn more, visit www.wecareandfriends.org.

If you are interested in applying for a Second Sunday Outreach Collection for your project or program, request an application in the church office or contact Diane Goforth at dsgoforth@aol.com; 410-544-2244.



rewarding. Sacred is not about genre, but happens when we work together and we're intentional in the balance between words and music. Music is a tool that can take us to a deeper place.

*Music is dominant for growth in church and we can expand it to include many backgrounds.

*How do you feel after worship service? How have you added to the worship experience? Rather than a consumer attitude of "what can you do for me", come with an attitude of contributing and really showing up.

*We try so hard to get worship "right" and we tend to stay in our heads. Come from the heart and people will go away feeling "a part of".

*What makes you comfortable might make someone else feel uncomfortable. We need to grow in diversity and expand our circle.

*The more comfortable you are in dominant society, the less comfortable you are with change.

*"Art washes from the soul the dust of everyday life" (Picasso). Art and music in our churches are spiritual work. Art and music are sacred practices.

I will take these thoughts and experiences with me into the 2014-15 church year. Some new ideas: *Children's Choir* which practices during the 9:00 AM worship; sings once a month with the Spirit Choir and at the 5:00 PM Christmas Eve service. *Spirit Choir* will develop and sing a wide range of diverse music ("enlarging the circle"), and the youth will join them at times as well.

Ideas? Please share your thoughts with me!



ONGOING EVENTS

Amnesty International: The Annapolis Chapter of Amnesty International meets on the second Sunday of each month at 1:00 PM in the Emerson Room of the Fahs House. All are invited, especially members of the UUCA congregation who believe that one person can make a difference. Come check us out.

Book Club: meets on the third Tuesday of each month at 7:00 PM in the church library. Contact Jean Gruber 410-216-9575 .

Bridge Club: meets the third Friday each month at 7:30 PM in the Emerson Room of the Fahs House. Contact for Nancy Karpeles for more information.

Full Circle: meets monthly at 7:00 PM on the Friday night closest to the full moon. An experiential earth-based celebration open to all women over age 18. Contact Jodi Delaney; jodimonkey@verizon.net.

Gallery at 333: The Gallery at 333 is open Mon.-Thurs. from 10:00 AM to 3:00 PM and Sundays from 10:00 AM to 12:00 PM. Contact Debbie Boudra; dancindebart@comcast.net.

GLBTQ Group: If you identify as gay, lesbian, bisexual, transgender, queer, or questioning join us for fun, fellowship, and advocacy. Contact Marie; balanceseeker@comcast.net.

Introduction to Mindfulness and Meditation: Beginner-friendly session every Sunday at 11:00 AM (8:30 AM during Summer Schedule) in the Emerson Room. For those who want to learn the basics of meditation and those who just want another opportunity to practice with a group. Contact Phyllis Culham at mpg@uuannapolis.org.

Light House Shelter Meals: If you are interested in helping with meals for the Shelter, contact Carrie Kotcho; 410-451-1844; ckotcho@verizon.net.

Mindfulness Practice Group: meets every Thursday in the sanctuary at 7:00 PM for meditation and dharma discussion. Contact Phyllis Culham at mpg@uuannapolis.org.

Nifty Fifty +: A social group for seniors, that meets periodically for dinners, game nights, and other outings. Contact Claire Morgen at cfriday@aol.com.

Partner Church Ministry: Based upon our common religious principles and ideals, this multigenerational group develops and sustains a relationship between UUCA and the communities of our partner congregations in Transylvania; the Unitarian Church of Homorodalmas (Almas) and the Unitarian Church of Rava. Contact Heather Millar; heathermillar@gmail.com.

Spirit Choir & Band: This group, led by Rev. John Crestwell, primarily provides music for Spirited Worship services. Rehearsals are as announced. If interested, contact Rev. John at jcrestwell@uuannapolis.org .

The Tuesday Noon Brown Bag Lunch & Video Discussion Group: Meets weekly mid-September through May in the narthex. Bring your lunch to eat during the half-hour social time, watch the half-hour *Religion and Ethics* video and join in the half-hour of discussion afterward until 1:30 PM. All are welcome. Led by the intern minister. Contact Phil Tawes; pwtawes@aol.com.

Twenty-Somethings +/-: A social group for adults in the “twenty-something” age bracket. Contact Winters Geimer if you are interested; wgeimer@hotmail.com.

UUCA Choir: meets every Wednesday at 7:30 PM early September through May. New members are welcome.

UUCA Community Drum Circle: Looking to connect with others in a spiritual yet visceral way? Try the Drum Circle! No musical experience necessary. Meets on the second Monday in the sanctuary and the fourth Tuesday in the Angebrannt room. Both sessions begin at 7:30 PM. Contact Jim Langston at jimlaauu@gmail.com.

UU Legislative Ministry of MD (UULM-MD): UULM-MD is a statewide advocacy network comprised of individual members and affiliated UU congregations. UULM-MD provides a voice in legislative action for UU values, principles and traditions. UUCA provides leadership, resources and support to UULM-MD. Email info@uulmmd.org or call 410-266-8044, ext. 111.

UUCA Outdoor Club: Weather permitting, this club meets monthly for an outdoor excursion. Contact Eloise Hoyt at 410-768-4932 or eloisehoyt@verizon.net.

UU Humanists: Naturalism-Science-Reason-Wonder-Compassion-Community-Respect. Book discussions and film viewings as announced. Meets the 1st and 3rd Monday of the month at 6:45 PM in the sanctuary. Contact Cliff Andrew at 410-404-7170 or neurol@verizon.net.

UUCA UN Global Justice Committee: Inspired by UU principles, this group is committed to peace, freedom and environmental responsibility and to social, civil, and economic justice. Contact Betty Crowley at 410-897-9417 for locations and times.



HIGHLIGHTS

Unitarian Universalist Church of Annapolis
333 Dubois Rd. Annapolis MD 21401-2123

Return Service Requested

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PROFESSIONAL, PROGRAM, AND CHURCH STAFF

Church Office Hours:

**Monday -Thursday 9:00 AM to 3:00 PM; Sunday 9:00 AM to 12:00 PM
Closed Friday and Saturday**

Phone: 410-266-8044 Fax: 410-266-6910

www.uuannapolis.org

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